



## Advantage Consumer Directed Health Plan Wellness Screening & HSA Incentive Information

By completing an at-home screening that measures cholesterol, blood sugar and body mass index, you are eligible for the incentive contribution for 2017.

### ***2017 Plan Year Health Savings Account (HSA) Contributions***

| <b>Base Contribution</b>  | <b>Incentive Contribution<br/>(with Wellness Screening)</b>  |
|---|--|
| <ul style="list-style-type: none"><li>• \$500 for single and</li><li>• \$1000 for family coverage</li></ul> | <ul style="list-style-type: none"><li>• \$800 for single coverage</li><li>• \$1600 for family coverage</li></ul> |

Enroll in the ACDHP by November 8, 2016 and do the following:

1. **Request your wellness screening home kit** by contacting Homeland Health at 1-877-746-8060. Have your health plan member ID card when you call to request for your kit. There are no out-of-pocket costs. After receiving your kit, follow the instructions provided and **mail your completed kit to the lab. Kit must be received by November 28, 2016.**
2. **Take a follow-up call with a registered nurse** from Homeland Health. Laboratory results from the wellness screening are sent to you by mail and to Homeland Health. This health education consult will provide a brief explanation of what the results mean and what health education resources are available to you. *Your confidential health data is protected by state and federal regulations including HIPAA. The State will never see your private information.*

### ***Know your numbers!***

- ✓ Have an accurate picture of your current health status.
- ✓ Another way to mark your progress toward a healthier you.
- ✓ A chance to make healthy lifestyle changes.
- ✓ An increased contribution to your HSA for 2017.