Week 1

	Sun. 11/1	Mon. 11/2	Tues. 11/3	Wed. 11/4	Thurs. 11/5	Fri. 11/6	Sat. 11/7
Breakfast	Scrambled Eggs~ Waffles~ Strawberries~ Syrup~	Cheese Omelet~ Bacon~ Danish~ Chilled Fruit Cup~	Scrambled Eggs~ Sausage Links~ French Toast~	Scrambled Eggs~ Diced Potatoes~ Breakfast Ham~ Cream of Wheat~	Breakfast Sandwich Croissant~ Baked Hashbrowns~ Banana~	Sausage Gravy~ Biscuit~ Scrambled Eggs~ Chilled Fruit Cup~	Scrambled Eggs~ Bacon~ Cinnamon Roll~ Fresh Fruit~
Lunch	Carved Roast Beef~ Baked Potato~ Sour Cream~ Corn~ Biscuit and Honey~ Butter~ Assorted Fruit Pie~	Seasoned Pork Loin~ Boiled Potatoes~ Squash~ Dinner Roll~ Butter~ Ice Cream~	Meatballs in Sweet and Sour Sauce~ Rice~ Oriental Vegetables~ Bread~ Mandarin Oranges~	Chicken Breast Parmesan~ Buttered Penne~ Side Salad~ Garlic Breadstick~ Pudding~	Salisbury Steak~ Scalloped Potatoes~ Steamed Broccoli~ Dinner Roll~ Sliced Pears~	Chili~ Shredded Cheddar Cheese~ Diced Onion~ Creamy Coleslaw~ Cornbread~ Diced Peaches~	Chicken a la King~ Noodles~ Asparagus~ Dinner Roll~ Spice Cake~
Dinner	Sloppy Joe on a Bun~ Tator Tots~ Garden Vegetables~ Pickle Spear~ Apricots~	Hot Beef and Cheese Sandwich~ Tomato Soup~ Side Salad~ Chocolate Cake~	Open Face Turkey Sandwich~ Mashed Potatoes~ Baby Carrots~ Turkey Gravy~ Diced Peaches~	Hamburger Goulash~ Green Beans~ Bread~ Pineapple Tidbits~	Ham & Cheese Sliders~ Chicken Wild Rice Soup~ 3 Bean Salad~ Apple Crisp~	Beer Battered Fish~ Tartar Sauce~ Baked Potato~ Green Peas~ Dinner Roll~ Lemon Bar~	Polish Sausage on a Bun~ Sauerkraut Oven Baked Potatoes~ Winter Blend Vegetables~ Fruit Cocktail~

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Week 2

	Sun. 11/8	Mon. 11/9	Tues. 11/10	Wed. 11/11	Thurs. 11/12	Fri. 11/13	Sat. 11/14
Breakfast	Scrambled Eggs~ Breakfast Ham~ Hashbrown Patty~	Scrambled Eggs~ Bacon~ Pancakes~ Syrup~ Chilled Fruit Cup~	Western Omelet~ Diced Potatoes~ Wheat Toast~	Sausage Gravy~ Biscuit~ Sausage Links~ Scrambled Eggs~	Scrambled Eggs~ Waffles~ Strawberries~ Syrup~	Scrambled Eggs~ Breakfast Ham~ Diced Potatoes~ Assorted Muffin~	Scrambled Eggs~ Bacon~ Caramel Roll~ Chilled Fruit Cup~
Lunch	Beef Pot Roast~ Mashed Potatoes~ Carrots~ Dinner Roll~ Butter~ Assorted Fruit Pie~	Country Fried Steak~ Country Gravy~ Mashed Potatoes~ Green Peas~ Whole Wheat Bread~ Ice Cream~	Herbed Baked Chicken~ Chicken Gravy~ Hashbrown Casserole~ Corn~ Whole Wheat Bread~ Carrot Cake~	Baked Glazed Ham~ Scalloped Potatoes~ Buttered Beets~ Dinner Roll~ Cheesecake w. Fruit Topping~	Chicken Filet on a Bun~ Lettuce Leaf~ Tomato Slices~ Potato Salad~ California Vegetables~ Butterscotch Pudding~	Homemade Meatloaf~ Baked Potato~ Creamed Corn~ Dinner Roll~ Jell-O Cake with Topping~	Hamburger Gravy~ Mashed Potatoes~ Wax Beans~ Dinner Roll~ Bread Pudding~
Dinner	BBQ Pork Roast Slices~ American Fried Potatoes~ French Green Beans~ Whole Wheat Bread~ Chilled Pears~	Chicken Alfredo~ Penne Pasta~ Garlic Breadstick~ Side Salad~ Fresh Grapes~	Cheeseburger Casserole~ Broccoli and Cauliflower~ Bread~ Tropical Fruit~	Cream of Potato Soup~ Chicken Salad Sandwich~ Pineapple Tidbits~ Cucumber Slices~	Homemade Vegetable Beef Soup~ Ham Salad Sandwich~ Chilled Peaches~	Baked Tuna Noodle Casserole~ Green Peas~ Bread~ Baked Apples~	Hamburger Bun~ Pulled Pork~ Tator Tots~ Baked Beans~ Mandarin Oranges~

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Week 3

	Sun. 11/15	Mon. 11/16	Tues. 11/17	Wed. 11/18	Thurs. 11/19	Fri. 11/20	Sat.11/21
Breakfast	Scrambled Eggs~ Breakfast Ham~ Wheat Toast~	Scrambled Eggs~ Sausage Links~ Assorted Muffin~	Sausage Gravy~ Biscuit~ Scrambled Eggs~ Chilled Fruit Cup~	Scrambled Eggs~ Corned Beef Hash~ Wheat Toast~	Scrambled Eggs~ Breakfast Ham~ Potatoes O'Brien~ Danish~	Scrambled Eggs~ Pancakes~ Sausage Patty~ Chilled Fruit Cup~ Syrup~	Scrambled Eggs~ Bacon~ Sausage Links~ Cinnamon Roll~ Fresh Fruit~
Lunch	Homestyle Roast Turkey~ Turkey Gravy~ Mashed Potatoes~ California Vegetables~ Dinner Roll~ Cream Pie~	Crispy Pork Fritter~ Country Gravy~ Hashbrown Potatoes~ Mixed Vegetables~ Bread~ Strawberry Ice Cream~	Calico Bean Casserole~ Broccoli~ Dinner Roll~ Butter~ Sliced Pears~	Chicken & Vegetable Chow Mein~ Brown Rice~ French Green Beans~ Chilled Fruit Cup~ Bread~	Salisbury Steak~ Mashed Potatoes~ Capri Mixed Vegetables~ Bread~ Banana Cake~	Oven Fried Chicken~ Mashed Potatoes~ Chicken Gravy~ Creamed Peas~ Dinner Roll~ Angel Food Cake with Strawberries~	Spaghetti with Meat Sauce~ Tossed Salad and Dressing~ Garlic Breadstick~ Pineapple Tidbits~
Dinner	Baked Beef and Noodles~ Stewed Tomatoes~ Fresh Fruit Cup~	Creamed Chipped Beef~ Toast~ Carrots~ Chocolate Mousse~	Chicken Noodle Soup~ Hot Turkey and Cheese Sandwich~ Tomato Slice~ Pistachio Salad~	Ham & Bean Soup~ Corn Bread Muffin~ Summer Sausage Sandwich~ Fruit Cocktail~	Chicken Pot Pie~ Lettuce Salad~ Biscuit~ Sugar Cookie~	Tator Tot Casserole~ Pickled Beets~ Bread~ Peach Slices~	Chicken Tenders~ Macaroni & Cheese~ Green Beans~ Bread~ Lemon Bar~

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Week 4

	Sun. 11/22	Mon. 11/23	Tues. 11/24	Wed. 11/25	Thurs. 11/26	Fri. 11/27	Sat. 11/28
Breakfast	Scrambled Eggs~ Breakfast Ham~ Danish~	Breakfast Sandwich Croissant~ Banana~	Scrambled Eggs~ Bacon~ Wheat Toast~	Scrambled Eggs~ Waffles~ Strawberries~ Syrup~	Cheese Omelet~ Sausage Links~ Wheat Toast~	Eggs Benedict~ Chilled Fruit Cup~	Scrambled Eggs~ Bacon~ Caramel Roll~ Fresh Fruit~
Lunch	Pork Roast~ Candied Sweet Potatoes~ Dinner Roll~ Assorted Fruit Pie~	Lasagna~ Lettuce Salad~ Garlic Breadstick~ Fresh Grapes~	Meatballs & Gravy~ Mashed Potatoes~ Broccoli & Cauliflower~ Dinner Roll~ Ice Cream~	Beer Battered Fish~ Tartar Sauce~ Au Gratin Potatoes~ Creamed Peas~ Bread~ Cook's Choice Cake~	Thanksgiving Menu TBD 	Homestyle Roast Turkey~ Mashed Potatoes~ Turkey Gravy~ Scalloped Corn~ Dinner Roll~ Bread Pudding with Topping~	Sweet and Sour Chicken~ White Rice~ Broccoli~ Bread~ Tropical Fruit Fluffy Jell-O Salad~
Dinner	Beef Stew~ Biscuit~ Honey Butter~ Cottage Cheese~ Chilled Apricots~	Salmon Patty on a Bun~ Sweet Potato Tots~ Creamy Cucumber Salad~ Apple Cobbler~	Homemade Chicken Noodle Soup~ Ham Sandwich~ Creamy Coleslaw~ Blushing Pears~	Hamburger Gravy~ Mashed Potatoes~ Brussel Sprouts in Onion Cream~ Bread~ Mandarin Oranges~	Cheeseburger on a Bun~ Lettuce & Tomato~ Pickle Spear~ Potato Chips~ Brownie~	Beef Stroganoff~ Buttered Egg Noodles~ California Vegetables~ Bread~ Peach Crisp~	Homemade Beef and Barley Soup~ Summer Sausage Sandwich~ V-8 Juice~ Crackers~ Rice Pudding~

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Week 1

	Sun. 11/29	Mon. 11/30	Tues. 12/1	Wed. 12/2	Thurs. 12/3	Fri. 12/4	Sat. 12/5
Breakfast	Scrambled Eggs~ Waffles~ Strawberries~ Syrup~	Cheese Omelet~ Bacon~ Danish~ Chilled Fruit Cup~	Scrambled Eggs~ Sausage Links~ French Toast~	Scrambled Eggs~ Diced Potatoes~ Breakfast Ham~ Cream of Wheat~	Breakfast Sandwich Croissant~ Baked Hashbrowns~ Banana~	Sausage Gravy~ Biscuit~ Scrambled Eggs~ Chilled Fruit Cup~	Scrambled Eggs~ Bacon~ Cinnamon Roll~ Fresh Fruit~
Lunch	Carved Roast Beef~ Baked Potato~ Sour Cream~ Corn~ Biscuit and Honey~ Butter~ Assorted Fruit Pie~	Seasoned Pork Loin~ Boiled Potatoes~ Squash~ Dinner Roll~ Butter~ Ice Cream~	Meatballs in Sweet and Sour Sauce~ Rice~ Oriental Vegetables~ Bread~ Mandarin Oranges~	Chicken Breast Parmesan~ Buttered Penne~ Side Salad~ Garlic Breadstick~ Pudding~	Salisbury Steak~ Scalloped Potatoes~ Steamed Broccoli~ Dinner Roll~ Sliced Pears~	Chili~ Shredded Cheddar Cheese~ Diced Onion~ Creamy Coleslaw~ Cornbread~ Diced Peaches~	Chicken a la King~ Noodles~ Asparagus~ Dinner Roll~ Spice Cake~
Dinner	Sloppy Joe on a Bun~ Tator Tots~ Garden Vegetables~ Pickle Spear~ Apricots~	Hot Beef and Cheese Sandwich~ Tomato Soup~ Side Salad~ Chocolate Cake~	Open Face Turkey Sandwich~ Mashed Potatoes~ Baby Carrots~ Turkey Gravy~ Diced Peaches~	Hamburger Goulash~ Green Beans~ Bread~ Pineapple Tidbits~	Ham & Cheese Sliders~ Chicken Wild Rice Soup~ 3 Bean Salad~ Apple Crisp~	Beer Battered Fish~ Tartar Sauce~ Baked Potato~ Green Peas~ Dinner Roll~ Lemon Bar~	Polish Sausage on a Bun~ Sauerkraut Oven Baked Potatoes~ Winter Blend Vegetables~ Fruit Cocktail~

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