Minneapolis Veteran's Home Adult Day Center
Spring/Summer Lunch Menu November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit *Dessert* Chef's Choice 	**3.National Sandwich Day** . Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit *Dessert* Chef's Choice	**4.** Spaghetti w/Meat Sauce Green Beans Breadstick Seasonal Fruit *Dessert* Chef's Choice	**5.** Pork Chop Mashed Potatoes w/Gravy Diced Carrots Seasonal Fruit Dessert Chefs Choice	6. Hamburger on a Bun Sweet Potato Fries Creamy Coleslaw Seasonal Fruit *Dessert* Chef's Choice
9. **Fried Chicken Sandwich Day** Crispy Chicken Patty On A Bun Mixed Vegetable Blend Mashed Potato w/Gravy Seasonal Fruit *Dessert* – **Apple Betty**	10. Cheese Quesadilla Spanish Rice Corn Seasonal Fruit Dessert **Chefs Choice**	11 	12. Turkey ala King over a buttermilk Biscuit Green Beans Seasonal Fruit *Dessert* Chef's Choice	13. Taco Bake Tortilla Chip w/ salsa Seasonal Fruit *Dessert –* ***Chefs Choice***
16. Homemade Chili Corn Bread Seasonal Fruit *Dessert* Chef's Choice	17. Cold Cut Sandwich Soup Seasonal Fruit *Dessert* Chef's Choice	18. Goulash Broccoli White Bread Seasonal Fruit Dessert Chef's Choice	19. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit *Dessert* Chef's Choice 	20. Potato Crusted Pollock Sweet Potato Fries Creamy Coleslaw Seasonal Fruit *Dessert* Chef's Choice
23. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit Dessert Chef's Choice 	24. Chicken Tenders Tater Tots Seasonal Fruit *Dessert* Chef's Choice	25. Baked Ham Scalloped Potatoes Diced Carrots Seasonal Fruit *Dessert* Chefs Choice	26. 	27. 
30. Chicken Fried Steak Mashed Potato w/Gravy Diced Carrots Seasonal Fruit **Dessert** Chefs Choice				

*Breakfast will be chef's choice and will include starch, fruit, and meat
**Beverage Choices at meals include milk, juice, coffee, and tea

***Monthly Menu is subject to change without notice
Approved by: Erin Zwonitzer- MS, RD, LD