



October 2026

Minnesota Veterans Home-Adult Day Center



Mon	Tue	Wed	Thu	Fri
October Birthdays Ronnie B- 10/4 Marv K- 10/14 Bryant T- 10/22	 Oktoberfest 		1 National Apple Month! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Apple Tasting! 10:30 Exercise 11:00 Putting Green 12:00 Lunch 1:00 Finish the Lyrics 2:00 Vets Choice	2 World Farm Animal Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Pong 11:00 Horse Shoes 12:00 Lunch 1:00 True False Farm Animals! 2:00 Vets Choice
5 Oktoberfest 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Oktoberfest Games 11:00 Oktoberfest Games 12:00 Lunch 1:00 Oktoberfest Trivia 2:00 Vets Choice	6 Oktoberfest 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Niny S Concert 11:00 What is Oktoberfest? 12:00 Lunch 1:00 Oktoberfest Games 2:00 Vets Choice 	7 Oktoberfest 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Fill in the Blank 10:30 Paula Exercise 11:00 Oktoberfest Games 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	8 Oktoberfest 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Oktoberfest Games 11:00 Oktoberfest Games 12:00 Lunch 1:00 Oktoberfest Games 2:00 Vets Choice	9 Oktoberfest 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:45 Michael and Jim Concert 11:45 True Fale Oktoberfest 12:00 Lunch 1:00 Bingo! 2:00 Vets Choice 
12 Farmers Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 News Paper Toss 11:30 Deal or No Deal 12:00 Lunch 1:00 Animal Trivia 2:00 Vets Choice	13 National M&M Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Ava and Lou 10:30 Exercise 11:00 Skeeball 12:00 Lunch 1:00 Dessert Jeopardy 2:00 Vets Choice 	14 National Fossil Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Bingo! 10:30 Paula Exercise 11:00 Beanbag Toss 12:00 Lunch 1:00 9 Word Puzzle 2:00 Vets Choice	15 I love Lucy Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Horse Shoes 11:30 Guess the TV Show 12:00 Lunch 1:00 I Love Lucy Re-Runs 2:00 Vets Choice	16 World Food Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Colleen H. Concert 11:30 Food Jeopardy 12:00 Lunch 1:00 Ladder Ball 2:00 Vets Choice 
19 Cookie Month! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Rob E. Presentation 11:30 Guess the Cookie 12:00 Lunch 1:00 Disc Slam 2:00 Vets Choice 	20 American Frog Day! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Participant Council 10:30 Bill M. Concert 11:30 Lets learn about Frogs! 12:00 Lunch 1:00 Frog Toss 2:00 Vets Choice 	21 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Beanbag Toss 10:30 Paula Exercise 11:00 Bullseye Ball 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	22 Bat Appreciation Week 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Bill C. Concert 11:30 Importance of Bats! 12:00 Lunch 1:00 Bingo! 2:00 Vets Choice 	23 Pasta Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Table Roll 11:00 Plinko 12:00 Lunch 1:00 Ring Toss 2:00 Vets Choice
26 Halloween Week! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Spooky Exercise 10:30 Witch Hat Toss 11:00 Eye Ball PingPong 12:00 Lunch 1:00 Halloween Trivia 2:00 Vets Choice Feel Free to Come in Costume!	27 Halloween Week! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Ava and Lou 10:30 Monster Mash Exercise 11:00 Pumpkin Golf 12:00 Lunch 1:00 Bingo! 2:00 Vets Choice Feel Free to Come in Costume! 	28 Halloween Week! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Halloween True False 10:30 Paula's Eerie Exercise 11:00 Catch a Bat 12:00 Lunch 1:00 Spooky Movie and Popcorn 2:00 Vets Choice Feel Free to Come in Costume!	29 Halloween Week! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Frightening Exercise 10:30 Witch Hat Toss 11:00 Eye Ball Roll 12:00 Lunch 1:00 Halloween Hangman 2:00 Vets Choice Feel Free to Come in Costume!	30 Halloween Week! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Ghostly Exercise 10:30 Pumpkin Golf 11:00 Eyeball Darts 12:00 Lunch 1:00 Pumpkin Toss 2:00 Vets Choice Feel Free to Come in Costume!