Week 2 Minnesota Veterans Home-Minneapolis Weekly Menu – Nursing Care **Fall/Winter 2026-2027**

Jeanine Arneberg, RDN, LD

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy are available at lunch & supper. ☆*Denotes new menu items*

Sunday 10/25/2026	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026	Saturday 10/31/2026
Breakfast: 7:30am Fruit Juice **Scrambled Eggs** or Hard-Boiled Eggs **Oatmeal** or Cream of Wheat **Wheat Toast & Jelly**	**Breakfast: 7:30am** Fruit Juice **Cheesy Scrambled Eggs** or Scrambled Eggs **Oatmeal** or Malt-O-Meal **Cinnamon Roll** or Wheat Toast & Jelly	**Breakfast: 7:30am** Fruit Juice **Fried Eggs** or Scrambled Eggs **Oatmeal** or Grits **Sausage Patty** **Toasted English Muffin** or Wheat Toast & Jelly	**Breakfast: 7:30am** Fruit Juice **Hard Boiled Eggs** or Scrambled Eggs **Oatmeal** or Cream of Wheat **Wheat Toast & Jelly**	**Breakfast: 7:30am** Fruit Juice **Scrambled Eggs** or Hard-Boiled Eggs **Oatmeal** or Grits **Pork Bacon** **Wheat Toast & Jelly**	**Breakfast: 7:30am** Fruit Juice **Fried Eggs** or Scrambled Eggs **Oatmeal** or Cream of Wheat **Wheat Toast & Jelly**	**Breakfast: 7:30am** Fruit Juice **Scrambled Eggs** or Hard-Boiled Eggs **Oatmeal** or Malt-O-Meal **Banana Muffin** or Wheat Toast & Jelly
Lunch: 12:15pm **Turkey Pot Roast** or Salami Sandwich w/ Lettuce, Tomato, Onion **Baked Potato w/ Sour Cream** **Cauliflower** or Green Peas **Dinner Roll** **Cherry Pie** or Applesauce Soup of the Day Split Pea and Ham	**Lunch: 12:15pm** **Fried Catfish** or BBQ Meatballs **Baked Mac and Cheese** or Mashed w/ Gravy **Asparagus** or Citrus Beets Wheat Bread **Frosted Spice Cake** or Canned Fruit Soup of the Day Corn Chowder	**Lunch: 12:15pm** **Beef Stroganoff** or Turkey Patty on a Bun **Buttered Egg Noodles** **Mixed Vegetables** or Steamed Broccoli **Butterscotch Pudding** or Canned Fruit Soup of the Day French Onion	**Lunch: 12:15pm** **Beef Hotdog on a Bun** or Chicken thigh **Baked Beans** or Mashed Potatoes w/ Gravy **Collard Greens** or Wax Beans **Pumpkin Bar** or Canned Fruit Soup of the Day Stuffed Bell Pepper	**Lunch: 12:15pm** **Grilled Cheese Sandwich** or Baked Ham **Potato Chips** or Mashed Potatoes w/ Gravy **Roasted Broccoli** or Diced Carrots **Assorted Italian Ice** or Canned Fruit Soup of the Day Tomato Soup	**Lunch: 12:15pm** **Turkey Pot Pie** or Baked Pollock & Mashed Potatoes/Gravy **Brussels Sprouts** or Creamed Corn Wheat Bread **Sugar Cookie** or Canned Fruit Soup of the Day Loaded Cauliflower	**Lunch: 12:15pm** **BBQ Bone-In Pork Ribs** or Swedish Meatballs **Rosemary Red Potatoes** or Mashed Potatoes/ Gravy **Wax Beans** or Steamed Summer Squash **Wheat Bread** **Ice Cream Bar** or Canned Fruit Soup of the Day Chicken and Rice
Supper: 5:30pm **Baked Chicken** **Mashed Potatoes/Gravy** **Diced Carrots** **Grapes** or Canned Fruit Alternate: Eggs Salad Sandwich Soup of the Day Split Pea and Ham	**Supper: 5:30pm** **Personal Vegetable Pizza** **Lettuce Salad w/ Italian Dressing** **Cottage Cheese & Peaches** or Canned Fruit Alternate: Deli Ham Sandwich Soup of the Day Corn Chowder	**Supper: 5:30pm** **Andouille Sausage** **Red Beans & Rice** **Fried Okra** **Honey Butter Corn Bread Muffin** **Carnival Cookie** or Canned Fruit Alternate: Roast Beef Sandwich Soup of the Day French Onion	**Supper: 5:30pm** **Turkey Noodle Casserole** **Green Beans** **Wheat Bread** **Mandarin Oranges** or Canned Fruit Alternate: Chicken Salad Sandwich Soup of the Day Stuffed Bell Pepper	**Supper: 5:30pm** **Chicken Parmesan** **Pasta w/ Marinara Sauce** **Steamed Cauliflower** **Garlic Bread** **Poke Cake w/ Whipped Topping** or Canned Fruit Alternate: Bologna Sandwich Soup of the Day Tomato Soup	**Supper: 5:30pm** **Smothered Pork Chop** **Au 'Gratin Potatoes** **Asparagus Tips** **Wheat Bread** **Fruit Salad** or Canned Fruit Alternate: Tuna Salad Sandwich Soup of the Day Loaded Cauliflower	**Supper: 5:30pm** **Marinated Beef Tips** **Mashed Potatoes** **Diced Beets** **Fruited Gelatin w/ Whip** or Canned Fruit Alternate: Deli Chicken Sandwich Soup of the Day Chicken and Rice
8	9	10	11	12	13	14

Week 2 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS Fall/Winter 2026-2027

Jeanine Arneberg, LD, RDN

Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Menu subject to change and notice posted.

☆ ***Denotes new menu items***

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 10/25/2026	Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026	Saturday 10/31/2026
Breakfast: 6:45am Fruit Juice Sausage & Egg Strata Fresh Cinnamon Roll **Oatmeal** Or Cream of Wheat	**Breakfast: 6:45am** Fruit Juice Scrambled Eggs Wheat Toast & Jelly **Malt O Meal** or Oatmeal	**Breakfast: 6:45am** Fruit Juice Scrambled Eggs Pork Bacon Hashbrown Patty **Oatmeal** or Corn Grits	**Breakfast: 6:45am** Fruit Juice Hard Boiled Eggs Pancakes w/ Syrup **Cream of Wheat** or Oatmeal	**Breakfast: 6:45am** Fruit Juice Cheesy scrambled Eggs Wheat Toast & Jelly **Oatmeal** or Cream of Wheat	**Breakfast: 6:45am** Fruit Juice Fried Eggs Wheat Toast & Jelly **Cheesy Corn Grits** or Oatmeal	**Breakfast: 6:45am** Fruit Juice Scrambled Eggs Pork Bacon Assorted Danish **Oatmeal** Or Cream of Wheat
Lunch: 11:45am Pot Roast Baked Potato w/Sour Cream Carrots Fruit Pie Soup of the Day Chef Choice	**Lunch: 11:45am** Unstuffed Bell Pepper Casserole Steamed Broccoli Frosted Spice Cake Soup of the Day Navy Bean w/Ham	**Lunch: 11:45am** Crispy Chicken Sandwich French Fries Green Peas Peach Cobbler Soup of the Day Chicken Wild Rice	**Lunch: 11:45am** Hamburger Gravy over Mashed Potatoes Diced Carrots Fresh Grapes Soup of the Day Cream of Potato w/Bacon	**Lunch: 11:45am** Turkey Pot Pie Green Beans Wheat Bread Canned Fruit Soup of the Day Tomato	**Lunch: 11:45am** Potato Crusted Pollock Rice Pilaf Steamed Cauliflower Pumpkin Mousse Soup of the Day Broccoli and Cheese	**Lunch: 11:45am** BBQ Bone in Pork Ribs Diced Potatoes Creamy Coleslaw Wheat Bread Sherbet Ice Cream Soup of the Day Chicken Noodle
Supper: 4:45pm Chicken Chow Mein Over White Rice Asian Blend Vegetables Fortune Cookie Mandarin Oranges Soup of the Day Chefs Choice	**Supper: 4:45pm** Baked Fish Mashed Potatoes w/Gravy Spinach Tropical Fruit Soup of the Day Navy Bean w/Ham	**Supper: 4:45pm** Pork Carnita Tacos Refried Beans Confetti Corn Ice Cream Cup Soup of the Day Chicken Wild Rice	**Supper: 4:45pm** Chicken Kiev Wild Rice Casserole Brussel sprouts Dinner Roll Chocolate Brownie Soup of the Day Cream of Potato w/Bacon	**Supper: 4:45pm** Smothered Pork Chops Au 'gratin Potatoes Mixed Vegetables Cookie Soup of the Day Tomato	**Supper: 4:45pm** Tuna Salad Sandwich w/ Onion and Pickles Potato Chips Fresh Broccoli w/Ranch Peaches Soup of the Day Broccoli and Cheese	**Supper: 4:45pm** Tatar Tot Hotdish Cubed Butternut Squash Fruit Salad Soup of the Day Chicken Noodle
8	9	10	11	12	13	14