

**Minneapolis Veteran's Home Adult Day Center
Spring/Summer Lunch Menu September 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Baked Chicken Mashed Potatoes w/Gravy Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	2. Beef Stew Buttermilk Biscuit Broccoli Seasonal Fruit <u>Dessert</u> Chefs Choice	3.  Grilled Brat Patty on a Bun Corn on the Cob French Fries Fruit on a Stick <u>Dessert</u> Sweet Ann's Chocolate Chip Cookie	4. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 
7. 	8. Lasagna Italian Blend Vegetables Garlic Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice	9. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 	10. Turkey ala King over a buttermilk Biscuit Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	11. Chicken Taco Bake Tortilla Chip w/ salsa Seasonal Fruit <u>Dessert</u> – Chefs Choice
14. National Cream Filled Donut Day Beer Battered Pollock Baked Mac & Cheese Mixed Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice 	15. Cold Cut Sandwich Chicken noodle Soup Seasonal Fruit <u>Dessert</u> Chef's Choice	16. Chicken Chow Mein White Rice Mixed Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	17. Goulash Broccoli White Bread Seasonal Fruit <u>Dessert</u> Chef's Choice	18. National Cheeseburger Day Cheeseburger on a Bun Sweet Potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice
21. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit Dessert Chef's Choice 	22. Kielbasa Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	23. Homemade Chili Corn Bread Seasonal Fruit <u>Dessert</u> Chef's Choice	24. Salmon Filet Cauliflower Mashed Potatoes w/Gravy Seasonal Fruit <u>Dessert</u> Chefs Choice	25. National Quesadilla Day Cheese Quesadilla Spanish Rice Elote Corn Seasonal Fruit <u>Dessert</u> Chefs Choice
28. Chicken Alfredo over Noodles Green Beans Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice	29. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 	30. Baked Ham Scalloped Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice		

*Breakfast will be chef's choice and will include starch, fruit, and meat

**Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

***Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD