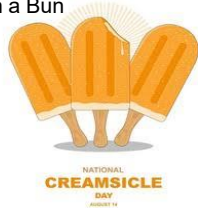


**Minneapolis Veteran's Home Adult Day Center
Spring/Summer Lunch Menu August 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
3. National Watermelon Day Beef Hot Dog on a Bun Baked Beans Creamy Coleslaw Watermelon <u>Dessert</u> Chef's Choice 	4. Baked Chicken Mashed Potatoes w/Gravy Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	5. Beef Stew Buttermilk Biscuit Broccoli Seasonal Fruit <u>Dessert</u> Chef's Choice	6. Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	7. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 
10.National S'mores Day Chicken Tenders Mixed Vegetable Blend Mashed Potato w/Gravy Seasonal Fruit <u>Dessert</u> – S'mores Ice Cream 	11. Lasagna Italian Blend Vegetables Garlic Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice	12. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 	13. Baked Pork Chop Au Gratin Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	14. National Creamsicle Day Sloppy Joes on a Bun French Fries Diced Carrots Seasonal Fruit <u>Dessert</u> – Creamsicle 
17. Cold Cut Sandwich Chicken noodle Soup Seasonal Fruit <u>Dessert</u> Chef's Choice	18. Beer Battered Pollock Baked Mac & Cheese Mixed Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	19. Baked Ham Scalloped Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	20. Turkey ala King over a buttermilk Biscuit Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	21. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 
24. Homemade Chili Corn Bread Seasonal Fruit <u>Dessert</u> Chef's Choice	25. Kielbasa Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	26. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	27. National Peach Day Salmon Filet Green Beans Mashed Potatoes w/Gravy Seasonal Fruit <u>Dessert</u> Peach Cobbler 	28. Hamburger on a Bun Sweet Potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice
31. Spaghetti w/ Meat Sauce Green Beans Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice				

*Breakfast will be chef's choice and will include starch, fruit, and meat

**Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

***Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD