







**Minneapolis Veteran's Home Adult Day Center
Fall/ Winter Lunch Menu July 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Beef Stew Buttermilk Biscuit Broccoli Seasonal Fruit <u>Dessert-</u> Chefs Choice	2. 	3. Adult Day Center Closed 
6.National Fried Chicken Day Fried Chicken Tenders Mixed Vegetable Blend Mashed Potato w/Gravy Seasonal Fruit <u>Dessert</u> - Chef's Choice 	7. Strawberry Sundae Day Beef Soft Shell Taco Mexican Rice Roasted Corn Seasonal Fruit <u>Dessert</u> Strawberry Sundae	8. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 	9. Baked Pork Chop Au Gratin Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	10. National French Fry Day Sloppy Joes on a Bun French Fries Diced Carrots Seasonal Fruit <u>Dessert -Chefs Choice</u>
13.Beans and Franks Day Beanie Weenies Creamy Coleslaw Potato chips Seasonal Fruit <u>Dessert</u> Chef's Choice	14.Mac and Cheese Day Beer Battered Pollock Baked Mac & Cheese Mixed Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	15. Baked Ham Scalloped Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	16. Turkey ala King over a buttermilk Biscuit Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	17. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 
20. Homemade Chili Corn Bread Seasonal Fruit <u>Dessert</u> Chef's Choice	21. Kielbasa Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	22. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	23. Salmon Filet Green Beans Mashed Potatoes w/Gravy Seasonal Fruit <u>Dessert</u> Strawberries and Cream	24. Egg Salad Sandwich Mixed Vegetables Seasonal Fruit <u>Dessert</u> Vanilla Pudding
27. Spaghetti w/ Meat Sauce Green Beans Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice	28. Cold Cut Sandwich Chicken noodle Soup Seasonal Fruit <u>Dessert</u> Chef's Choice	29. BBQ Pork Riblet Sweet Potato Fries Seasonal Fruit <u>Dessert</u> Grapes	30. Hamburger on a Bun Sweet Potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice	31. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice 

*Breakfast will be chef's choice and will include starch, fruit, and meat

**Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

***Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD