



July 2026

Minnesota Veterans Home-Adult Day Center



Mon	Tue	Wed	Thu	Fri
July Birthdays! John L: 7/3 Jim C: 7/9 Bub A: 7/13 Ben J: 7/24 Jim G: 7/24		1 National Ice Cream Month! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Dessert Trivia 10:30 Paula Exercise 11:00 BeanBag Toss 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	2 4th of July EVE EVE! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise Outside 10:30 Ladder Ball 11:30 250 years of Trivia 12:00 Lunch 1:00 4th of July Dessert! 2:00 Vets Choice	3 ADC CLOSED
6 Graham Cracker Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Disc Slam 11:00 Horse Shoes 12:00 Lunch 1:00 Graham Cracker Tasting 2:00 Vets Choice		7 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Ava and Lou 10:30 Exercise 11:00 Beanbag Ladder 12:00 Lunch 1:00 Sing-a-long 2:00 Vets Choice 	8 World Chocolate Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Chocolate Tasting 10:30 Paula Exercise 11:00 Ring Toss 12:00 Lunch 1:00 Willy Wonka & Chocolate Factory Movie 2:00 Vets Choice	9 Ice Cream Sundae Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Horse Shoes 11:00 Bullseye Game 12:00 Lunch 1:00 Bingo 2:00 Vets Choice
13 SHARK WEEK 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Shark Presentation 11:00 Shark Rings 12:00 Lunch 1:00 Stress Free Coloring 2:00 Vets Choice	14 SHARK WEEK 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Shark Presentation 11:00 Shark Beanbags 12:00 Lunch 1:00 Shark Documentary 2:00 Vets Choice	15 SHARK WEEK 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Shark Presentation 10:30 Paula Exercise 11:00 PingPong Sharks 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	16 SHARK WEEK 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Shark Personation 11:00 Shark Rings 12:00 Lunch 1:00 Shark Toss 2:00 Vets Choice	17 SHARK WEEK 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Shark Bingo 10:30 Exercise 11:00 Shark Presentation 12:00 Lunch 1:00 Shark Craft 2:00 Vets Choice
20 World Cup Recap! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Let's talk World Cup 11:00 Soccer Goalie 12:00 Lunch 1:00 Bingo 2:00 Vets Choice	21 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Ava and Lou 10:30 Exercise 11:00 SKeeball 12:00 Lunch 1:00 Documentary and Popcorn 2:00 Vets Choice 	22 Mango Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Fruit Trivia 10:30 Paula Exercise 11:00 Ladder Ball 12:00 Lunch 1:00 Putting Green 2:00 Vets Choice	23 National Sprinkle Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Horse Shoes 11:30 Would you Rather 12:00 Lunch 1:00 Large Cross Word 2:00 Vets Choice	24 Amelia Earhart Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Who is Amilia? 11:00 Target Golf 12:00 Lunch 1:00 Amelia Earhart Documentary 2:00 Vets Choice
27 National Sleepyhead Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Table Cups 11:30 Importance of Sleep 12:00 Lunch 1:00 Hangman 2:00 Vets Choice	28 National Soccer Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Sport Trivia 11:00 Soccer Goalie 12:00 Lunch 1:00 Who wants to be a Millionaire 2:00 Vets Choice	29 Full Moon-- Buck Moon 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Bingo 10:30 Paula Exercise 11:00 Table Pyramid 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	30 World Snorkeling Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Nerf Target Practice 11:30 Ocean Trivia 12:00 Lunch 1:00 Fish Coloring 2:00 Vets Choice	31 National Chili Dog Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Bullseye Ball 11:30 Beanbag Buckets 12:00 Lunch 1:00 Jeopardy 2:00 Vets Choice