






**Minneapolis Veteran's Home Adult Day Center
Fall/ Winter Lunch Menu May 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
				<p align="center">1. National Chocolate Parfait Day</p> <p>Egg Salad Sandwich Potato Chips Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chocolate Parfait</p>
<p>4. Beef Meatball in Gravy Mixed Vegetable Blend Mashed Potato w/Gravy Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>5. Cinco De Mayo Chicken Chimichanga Mexican Rice Roasted Corn Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>6. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>7. Baked Pork Chop Au Gratin Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>8. Coconut Cream Pie Day Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Coconut Cream Pie</p>
<p>11. Chicken Tenders Sweet Potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>12. Sloppy Joes on a Bun Tatar Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>13. Baked Ham Scalloped Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>14. National Buttermilk Biscuit Day Turkey ala King over a buttermilk Biscuit Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>15. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 
<p>18. Homemade Chili Corn Bread Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>19. Kielbasa Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>20. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>21. National Strawberries and Cream Day Salmon Filet Green Beans Mashed Potatoes w/Gravy Seasonal Fruit <u>Dessert</u> Strawberries and Cream</p>	<p>22. National Vanilla Pudding Day Beef Steak Mashed Potato w/Gravy Peas Seasonal Fruit <u>Dessert</u> Vanilla Pudding</p>
<p>25. Adult Day Center Closed</p> 	<p>26. Beer Battered Pollock Baked Mac & Cheese Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>27. National Grape Day BBQ Pork Riblet Sweet Potato Fries Seasonal Fruit <u>Dessert</u> Grapes</p>	<p>28. National Hamburger Day Hamburger on a Bun Sweet Potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>15. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 

*Breakfast will be chef's choice and will include starch, fruit, and meat

**Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

***Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD