



**Minneapolis Veteran's Home Adult Day Center
Fall/ Winter Lunch Menu April 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p> 	<p>31. Beef Stew Biscuit Zucchini Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>1. Baked Chicken Mashed Potatoes w/Gravy Green Beans Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>2. National Burrito Day Smothered Burrito Confetti Corn Spanish Rice Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>3. National Chocolate Mousse Day</p> <p>Egg Salad Sandwich Potato Chips Mixed Vegetables Seasonal Fruit</p> <p><u>Dessert</u> Chocolate Mousse</p>
<p>6. National Carbonara Day Carbonara Sauce over Spaghetti Noodles Italian Blend Vegetables Garlic Breadstick Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>7. Hamburger on a Bun French Fries Creamy Coleslaw Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>8. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p> 	<p>9. Baked Pork Chop Au Gratin Potatoes Diced Carrots Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>10. Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>
<p>13. Chicken Tenders Sweet Potato Fries Creamy Coleslaw Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>14. Sloppy Joes on a Bun Tatar Tots Diced Carrots Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>15. National Glazed Ham Day Glazed Ham Scalloped Potatoes Diced Carrots Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>16. Turkey Pot Pie Green Beans Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>8. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p> 
<p>20. National Cheese Fries Day Homemade Chili Cheese Fries Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>21. Kielbasa Tater Tots Diced Carrots Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>22. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>8. National Cherry Cheesecake Day Salmon Filet Green Beans Mashed Potatoes w/Gravy Seasonal Fruit</p> <p><u>Dessert</u> Cherry Cheesecake</p>	<p>24. National Pigs in a Blanket Day Pigs in a Blanket Pasta Salad Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>
<p>27. Beer Battered Pollock Baked Mac & Cheese Vegetable Blend Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>28. Lasagna Italian Blend Vegetables Garlic Breadstick Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>29. BBQ Pork Riblet Sweet Potato Fries Creamy Coleslaw Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	<p>30 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Diced Carrots. Seasonal Fruit</p> <p><u>Dessert</u> Chef's Choice</p>	

*Breakfast will be chef's choice and will include starch, fruit, and meat

***Monthly Menu is subject to change without notice

**Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

Approved by: Erin Zwonitzer- MS, RD, LD