

















**Week 3 Minnesota Veterans Home - Minneapolis Weekly Menu Calendar – Nursing Care**

**Fall/Winter 2026**

Jeanine Arneberg, LD, RDN

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.  *Denotes new menu items*

Sunday 04/19/2026	Monday 04/20/2026	Tuesday 04/21/2026	Wednesday 04/22/2026	Thursday 04/23/2026	Friday 04/24/2026	Saturday 04/25/2026
<b>Breakfast: 7:30am</b> Fruit Juice <b>Fried Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Malt-O-Meal <b>Cherry Strudel Stick</b> or Wheat Toast w/ Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Hard Boiled Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Malt-O-Meal <b>Wheat Toast &amp; Jelly</b>	<b>Breakfast: 7:30am</b> Fruit Juice <b>Denver Scrambled Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Cream of Wheat <b>Toasted English Muffin</b> or Wheat Toast & Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Fried Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Grits <b>Blueberry Muffin</b> or Wheat Toast & Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Scrambled Eggs</b> or Hard-Boiled Eggs <b>Oatmeal</b> or Cream of Wheat <b>Pork Bacon</b> <b>Wheat Toast &amp; Jelly</b>	<b>Breakfast: 7:30am</b> Fruit Juice <b>Hard Boiled Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Grits <b>French Toast/ Syrup</b> Wheat Toast & Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Scrambled Eggs</b> or Hard-Boiled Eggs <b>Oatmeal</b> or Malt-O-Meal <b>Wheat Toast &amp; Jelly</b>
<b>Lunch: 12:15pm</b> <b>Turkey Roast</b> Or Baked Ham <b>Bread Stuffing</b> or Mashed Potatoes/Gravy <b>Diced Carrots</b> or Asparagus <b>Dinner Roll</b> <b>Cream Pie</b> or Canned Fruit  Soup of the Day Vegetable Beef	<b>Lunch: 12:15pm</b> <b>Polish Sausage w/</b> <b>Sauerkraut on a Bun</b> or Hamburger Steak w/ Brown Gravy <b>Hot German Potato</b> <b>Salad</b> Or Mashed Potatoes/Gravy <b>Peas</b> or Carrots Wheat Bread <b>Red Velvet Cake</b> or Canned Fruit  Soup of the Day Turkey Chili	<b>Lunch: 12:15pm</b> <b>Chicken Burrito</b> or BBQ Meatballs <b>Spanish Rice</b> or Mashed Potatoes/Gravy <b>Confetti Corn</b> or Broccoli Wheat Bread <b>Fruited Jell-O Salad</b> or Canned Fruit  Soup of the Day Chicken and Dumpling	<b>Lunch: 12:15pm</b> <b>HAPPY EARTH DAY</b> <b>Vegetarian Norwegian</b> <b>Meatballs w/ Gravy</b> Or Chicken Thigh <b>Mashed Potatoes/Gravy</b> <b>Glazed Carrots</b> or Diced Beets <b>Wheat Bread</b>  <b>Dirt Cake</b> or Canned Fruit  Soup of the Day Creamy Tomato	<b>Lunch: 12:15pm</b> <b>Beef &amp; Sausage</b> <b>Spaghetti</b> or Turkey Patty on Bun <b>Green Beans</b> or Mashed Squash <b>Garlic Toast</b> <b>Apple Crisp</b> or Applesauce  Soup of the Day Beef and Barley	<b>Lunch: 12:15pm</b> <b>Meatballs w/ Onion Gravy</b> or Baked Fish <b>Mashed Potatoes &amp; Gravy</b> <b>Mixed Vegetables</b> or Peas <b>Wheat Bread</b> <b>Grapes</b> or Canned Fruit  Soup of the Day Sausage and White Bean	<b>Lunch: 12:15pm</b> <b>Mushroom &amp; Swiss</b> <b>Burger</b> or Liver & Onions <b>Onion Rings</b> or Mashed Potatoes/Gravy <b>Baked Beans</b> or Broccoli <b>Brownie</b> or Canned Fruit  Soup of the Day Turkey Noodle
<b>Supper: 5:30pm</b> <b>Brat Patty on a Bun</b> w/ Lettuce/Tomato or Baked Fish <b>Calico Beans</b> or Mashed Potatoes/Gravy <b>Corn</b> or Green Beans Wheat Bread <b>Creamy Fruit Salad</b> or Canned Fruit  Soup of the Day Vegetable Beef	<b>Supper: 5:30pm</b> <b>Beef Lasagna</b> or Chicken Breast w/ Mashed Potatoes/Gravy <b>Italian Blend Veg.</b> or Broccoli <b>Breadstick</b> or Wheat Bread <b>Mandarin Oranges</b> or Canned Fruit  Soup of the Day Turkey Chili	<b>Supper: 5:30pm</b> <b>Hot Dog on a Bun</b> or Buffalo Chicken Wrap <b>Potato Chips</b> or Mashed Potatoes w/ Gravy <b>Brussels Sprouts</b> or Cauliflower <b>Pickle Spear</b> <b>Glazed Oatmeal Cookie</b> or Canned Fruit  Soup of the Day Chicken and Dumpling	<b>Supper: 5:30pm</b> <b>Grilled Hot Ham &amp; Cheese</b> <b>Sandwich</b> or or Salmon Fillet w/ Dill Sauce <b>Crinkle Cut Fries</b> or Mashed Potatoes/Gravy <b>Broccoli</b> or Diced Beets <b>Spiced Peaches</b> or Canned Fruit  Soup of the Day Creamy Tomato	<b>Supper: 5:30pm</b> <b>Crispy Chicken</b> <b>Sandwich</b> Or BBQ Pork Riblet <b>Pretzels</b> Or Mashed Potatoes/Gravy <b>3 Bean Salad</b> or Cauliflower <b>Fruit Cocktail</b> or Canned Fruit  Soup of the Day Beef and Barley	<b>Supper: 5:30pm</b> <b>Baked Tuna Pasta</b> or Salami Sandwich w/ Lettuce & Tomato Mashed Potatoes/Gravy <b>Succotash</b> or Asparagus <b>Bread Pudding</b> or Canned Fruit  Soup of the Day Sausage and White Bean	<b>Supper: 5:30pm</b> <b>Pork Egg Roll</b> or Turkey SW w/ LTO <b>Asian Fried Rice</b> or Mashed Potato/Gravy <b>Oriental Blend Veg</b> or Brussels Sprouts <b>Wheat Bread</b> <b>Mangos</b> or Canned Fruit  Soup of the Day Turkey Noodle

**Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu Calendar – DOMS**









**Fall/Winter 2026**

Jeanine Arneberg, RDN, LD

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted.

★ *Denotes new menu items*

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 4/19/2026	Monday 4/20/2026	Tuesday 4/21/2026	Wednesday 4/22/2026	Thursday 4/23/2026	Friday 4/24/2026	Saturday 4/25/2026
<b>Breakfast: 6:45am</b> Fruit Juice Scrambled Eggs Sausage Gravy over a Biscuit <b>Oatmeal</b> or Grits	<b>Breakfast: 6:45am</b> Fruit Juice Egg Bake Pancakes w/ Syrup <b>Cream of Wheat</b> or Oatmeal	<b>Breakfast: 6:45am</b> Fruit Juice Ham/Egg Breakfast Sandwich on an English Muffin <b>Oatmeal</b> Or Malt-O-Meal	<b>Breakfast: 6:45am</b> Fruit Juice Scrambled Eggs Sausage Patty Wheat Toast/ Jelly <b>Oatmeal</b> or Grits	<b>Breakfast: 6:45am</b> Fruit Juice Cheesy Scrambled Eggs Hashbrown Patty Wheat Toast/ Jelly <b>Oatmeal</b> or Cream of Wheat	<b>Breakfast: 6:45am</b> Fruit Juice Fried Eggs Wheat Toast & Jelly <b>Oatmeal</b> Or Grits	<b>Breakfast: 6:45am</b> Fruit Juice Scrambled Eggs Pork Bacon Wheat Toast & Jelly <b>Oatmeal</b> or Cream of Wheat
<b>Lunch: 11:45am</b> Roasted Turkey Bread Stuffing w/Gravy Peas & Carrots Wheat Bread Apple Cobbler   Soup of the Day Chefs Choice	<b>Lunch: 11:45am</b> Salmon Fillet w/Dill Sauce Mashed Potatoes w/Gravy Spinach Frosted Cake   Soup of the Day Turkey Noodle	<b>Lunch: 11:45am</b> Bean and Cheese Burrito Spanish Rice Corn Chips w/Cowboy Caviar Diced Mangos   Soup of the Day Cream of Potato w/Bacon	<b>Lunch: 11:45am</b> <b>Happy Earth Day</b> Meatballs w/ Mushroom Gravy Over Egg Noodles Brussel Sprouts Earthy Oreo Crumble Dirt Cake   Soup of the Day Chicken Wild Rice	<b>Lunch: 11:45am</b> Buffalo Chicken Wrap French Fries Diced Carrots Wheat Bread Toffee Bar   Soup of the Day Broccoli and Cheese	<b>Lunch: 11:45am</b> Shrimp w/ Stir Fry Vegetable Blend Lo Mein Noodles Fortune Cookie Frosted Cake   Soup of the Day Tomato	<b>Lunch: 11:45am</b> Rueben Sandwich Pasta Salad Carrots Chefs Choice Dessert   Soup of the Day Vegetable
<b>Supper: 4:45pm</b> Brat Patty on a Bun w/Lettuce/Tomato Calico Beans Corn Carnival Cookie   Soup of the Day Chefs Choice	<b>Supper: 4:45pm</b> Beef Goulash Green Peas Wheat Bread Fresh Fruit   Soup of the Day Turkey Noodle	<b>Supper: 4:45pm</b> Stuffed Shells Bolognese Broccoli & Cauliflower Vegetable Blend Garlic Biscuit Canned Fruit   Soup of the Day Cream of Potato w/Bacon	<b>Supper: 4:45pm</b> Oven Fried Chicken Mashed Potatoes w/Gravy Stewed Tomatoes Fruited Gelatin   Soup of the Day Chicken Wild Rice	<b>Supper: 4:45pm</b> Meatball Marinara Sub Potato Cubes Coleslaw Diced Pears   Soup of the Day Broccoli and Cheese	<b>Supper: 4:45pm</b> Grilled Cheese Sandwich Potato Chips Mixed Vegetables Melon Cup   Soup of the Day Tomato	<b>Supper: 4:45pm</b> Pork Egg Roll Asian Rice Oriental Blend Vegetables Fruit Cocktail   Soup of the Day Vegetable