







**Minneapolis Veteran's Home Adult Day Center
Fall/ Winter Lunch Menu March 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>3. National Cold Cut Day Cold Cut Sub Sandwich Potato Chips Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>4. Baked Chicken Mashed Potatoes w/Gravy Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>5. Meatloaf Mashed Potatoes w/Gravy Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>6. Egg Salad Sandwich Potato Chips Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice</p>
<p>9. National Meatball Day Beef Meatballs w/Gravy Mashed Potatoes Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>10. Baked Ham Mashed Potato w/ Gravy Candied Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>11. Hot Dog on a Bun Baked Mac and Cheese Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>12. Spaghetti and Meat Sauce Cubed Squash Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>13 Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>
<p>16. Chef's Choice Meal Chef's Choice Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>17. National Corned Beef and Cabbage Day Corned Beef Fried Cabbage Baby Red Potatoes Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>18. National Sloppy Joe Day Sloppy Joe on a Bun Mixed Vegetables Tater Tots <u>Dessert</u> Chef's Choice</p> 	<p>19. Turkey Pot Pie Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>20. National Ravioli Day Cheese Ravioli w/ Marinara Sauce Green Beans Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 
<p>23. Chef's Choice Meal Chef's Choice Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>24. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>25.. Kielbasa Tater Tots Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>26. Homemade Chili Cornbread Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>27. Potato Crusted Pollock Tater Tots Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>

*Breakfast will be chef's choice and will include starch, fruit, and meat

***Monthly Menu is subject to change without notice

**Beverage Choices at meals include milk, juice, coffee, and tea

Approved by: Erin Zwonitzer- MS, RD, LD