

| Week 3<br>Cycle 3 | Sunday<br>1/4/2026  | Monday<br>1/5/2026   | Tuesday<br>1/6/2026   | Wednesday<br>1/7/2026  | Thursday<br>1/8/2026  | Friday<br>1/9/2026  | Saturday<br>1/10/2026   |
|-------------------|---|--|---|--|---|---|---|
| <b>Breakfast</b>  | French Toast<br>Syrup   | Caramel Coffeecake<br>Yogurt w/Berries   | Sausage Gravy w/Biscuit   | Cinnamon Rolls   | Eggs Benedict Casserole   | Waffles<br>Strawberries   | American Fries  |
| <b>Dinner</b>     | Beef Pot Roast<br>Mashed Potatoes<br>Gravy<br>Roasted Root Vegetables<br>Dinner Roll<br>Berry Pie | Marinated Chicken Breast<br>Rice Pilaf<br>Mixed Vegetables<br>Smore's Cookie Bar | Pan Fried Fish<br>Roasted Red Potatoes<br>Steamed Broccoli<br>Pumpkin Bread | Lasagna<br>Steamed Cauliflower<br>Side Salad<br>Garlic Bread<br>Cheesecake w/Fruit Topping     | BBQ Country Style Ribs<br>Baked Beans<br>Sweet Patoes<br>Butterscotch Brownie | Teriyaki Salmon<br>Garden Rice<br>Roasted Cauliflower<br>Strawberry Shortcake | Salisbury Steak<br>Garlic Mashed Potatoes<br>Creamed Corn<br>Lemon Blueberry Cake |
| <b>Supper</b>     | Hot Dog w/Bun<br>French Fries<br>Green Beans<br>Ice Cream   | Cheeseburger Sliders<br>Cheesy Hashbrowns<br>Diced Peaches                       | Tater tot Hotdish<br>Harvard Beets<br>Cookie                                | Tuna Salad Sandwich<br>Cheddar Pea Macaroni Salad<br>Lettuce/Tomato/Onion<br>Chocolate Pudding | Baked Chicken Sandwich<br>Lettuce/Tomato<br>French Fries<br>Apple Pie Bar     | Brat w/Bun<br>Sauerkraut<br>Potato Soup<br>Chocolate Chip Bar                 | Turkey Tetrazzini<br>Baked Squash<br>Diced Pears                                  |

| Week 4<br>Cycle 3 | Sunday<br>1/11/2026  | Monday<br>1/12/2026   | Tuesday<br>1/13/2026  | Wednesday<br>1/14/2026  | Thursday<br>1/15/2026  | Friday<br>1/16/2026  | Saturday<br>1/17/2026  |
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| <b>Breakfast</b>  | French Toast<br>Strawberry Sauce   | Banana Muffin<br>Diced Peaches  | Corned Beef Hash  | Danish  | Sausage & Spinach Egg Bake   | Pancakes w/Syrup   | Hashbrown Skillet  |
| <b>Dinner</b>     | Orange Glazed Pork Loin<br>Gravy<br>Au Gratin Potatoes<br>Mixed Vegetables<br>Cherry Pie | Shrimp Spinach Primavera<br>Maple Thyme Carrots<br>Raspberry Fluff    | Meatloaf<br>Cheesy Hashbrowns<br>Buttered Corn<br>White Cake w/Frosting | Pulled Pork<br>Macaroni & Cheese<br>Buttered Broccoli<br>Cheesecake w/Fruit Topping | Swedish Meatballs w/Gravy<br>Mashed Potatoes<br>Roasted Root Vegetables<br>Lemon Bar | Beer Battered Fish<br>Baked Potato<br>Buttered Wax Beans<br>Cherry Crisp | Chicken Thighs w/Piccata Sauce<br>Asiago Stuffed Gnocchi<br>Glazed Carrots<br>Oreo Brownie |
| <b>Supper</b>     | Beef Chili<br>Cornbread<br>Parmesan Green Beans<br>Cookie                                | Chicken Tatertot Hotdish<br>Creamy Cucumber Salad<br>Chocolate Mousse | Fish Sandwich<br>Coleslaw<br>Lettuce/Tomato Slices<br>Sherbet           | Pizza<br>Roasted Brussel Sprouts<br>Fresh Fruit Cup                                 | Chicken Tenders<br>Baked Steak Fries<br>Strawberry Fluff                             | Pork Riblet Sandwich<br>California Blend Vegetables<br>Vanilla Pudding   | Goulash<br>Steamed Cauliflower<br>Garlic Breadstick<br>Orange Fluff                        |

| Week 1<br>Cycle 3 | Sunday<br>1/18/2026  | Monday<br>1/19/2026   | Tuesday<br>1/20/2026  | Wednesday<br>1/21/2026  | Thursday<br>1/22/2026  | Friday<br>1/23/2026  | Saturday<br>1/24/2026   |
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| <b>Breakfast</b>  | French Toast<br>Syrup<br>Fruit Cup   | Cinnamon Sugar Coffeecake<br>Yogurt w/Berries                                     | Sausage Gravy w/Bicuit<br>Peaches   | Cinnamon Rolls  | Breakfast Pizza  | Pancakes<br>Syrup  | Hashbrown Skillet   |
| <b>Dinner</b>     | Roasted Turkey<br>Stuffing<br>Gravy<br>Buttered Green Beans<br>Pumpkin Pie | Fried Shrimp<br>Oven Baked Potato Wedges<br>Buttered Peas<br>Apple Cobbler        | Spaghetti w/Meatsauce<br>Buttered Corn<br>Garlic Breadstick<br>Gelatin Poke Cake              | Garlic Lemon Chicken<br>Rice Pilaf<br>Buttered Broccoli<br>Bread Pudding            | Shepard's Pie<br>Buttered Carrots<br>Angelfood Cake w/strawberries   | Salmon Patties<br>Creamed Peas<br>Roasted Dill Potatoes<br>Cherry Chocolate Cake | BBQ Chicken Drumsticks<br>Baked Beans<br>Roasted Brussel Sprouts<br>Blueberry Crumble |
| <b>Supper</b>     | Cheeseburger Sliders<br>Baked Beans<br>Coleslaw<br>Sherbet                 | Breaded Chicken Sandwich<br>Cauliflower w/Cheese Sauce<br>Mandarin Orange Gelatin | Egg Salad Sandwich<br>Lettuce/Tomato Slice<br>Mixed Vegetables<br>Potato Chips<br>Banana Cake | Reuben Sandwich<br>Sweet Potato Fries<br>Cucumber Tomato Salad<br>Chocolate Pudding | Cheesy Chicken Broccoli Hotdish<br>Buttered Asparagus<br>Mixed Fruit | Ham Salad Sandwich<br>Vegetable Soup<br>Side Salad w/Dressing<br>Diced Peaches   | Shredded Beef Sandwich<br>Macaroni Salad<br>Chips<br>Cookie                           |

| Week 2<br>Cycle 3 | Sunday<br>1/25/2026   | Monday<br>1/26/2026  | Tuesday<br>1/27/2026  | Wednesday<br>1/28/2026  | Thursday<br>1/29/2026                                      | Friday<br>1/30/2026   | Saturday<br>1/31/2026   |
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| <b>Breakfast</b>  | French Toast<br>Fresh Strawberries  | Blueberry Muffin   | Corned Beef Hash<br>Diced Peaches   | Danish  | Cheesy Ham Egg Bake  | Pancakes<br>Syrup   | Hashbrown Patty   |
| <b>Dinner</b>     | Baked Ham<br>Glazed Sweet Potatoes<br>Brussel Sprouts<br>Dinner Roll<br>Cream Pie | Sweet & Sour Meatballs<br>Vegetable Fried Rice<br>Egg Roll<br>Pumkin Bar         | Chicken a la King<br>Biscuit<br>Roasted Broccoli<br>White Cake w/Frosting | Pork Loin w/Mush Onion Gravy<br>Mashed Potatoes<br>Candied Carrots<br>Applesauce Cake | Beef Stew<br>Steamed Cabbage<br>Dinner Roll<br>Carrot Cake | Lemon Dill Cod<br>Rice Pilaf<br>California Blend Vegetables<br>Oatmeal Butterscotch Bar | Country Fried Steak<br>Milk Gravy<br>Mashed Potatoes<br>Buttered Asparagus<br>Chocolate Cake w/Frosting |
|                   | Mixed Vegetables<br>Garlic Bread<br>Ice Cream                                     | Pizza<br>Butterd Asparagus<br>Side Salad w/Dressing<br>Gelatin w/Whipped Topping | Stoppo Joe on a Bun<br>Pasta Salad<br>Cookies                             | Green Beans<br>Strawberry Fluff   | Chicken Parmesan Slider<br>Onion Rings<br>Diced Pears      | Beef Chili<br>Cornbread<br>Honey Butter<br>Chocolate Pudding                            | Goulash<br>Side Salad<br>Buttered Wax Beans<br>Fresh Fruit Cup  |