

920 Anne St. NW | Bemidji MN, 56601 | Recreation Therapy Department: 218-364-8933

Scheduled Activities Are Subject To Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Board Games - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	2 Happy Birthday Jeff S 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR 7:00pm BSU Hockey Game - Off	3 10:00am Pet Therapy - Lear 12:30pm Mail Call 1:30pm Movie Afternoon - Thea 3:30pm Afternoon Affirmations & Shake A Day - V
4 9:30am Morning Connections - B DR 10:30am The Daily Grind - C DR 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	5 10:30am The Daily Grind - C DR 11:00am Pub Crawl - Out 12:30pm Mail Call 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	6 8:30am Morning Connections 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR	7 10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Bean Bag Toss - MPR 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	8 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR	9 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR	10 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Cranium Crunches - Lear 3:30pm Afternoon Affirmations & Shake A Day - V
11 8:30am Morning Connections - C DR 10:30am The Daily Grind - C DR 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	12 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Bingo - MPR 1:15pm Bowling 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	13 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR 6:00pm Activity Cart Favorites & 1:1's - C DR	14 8:30am Morning Connections 10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Live Entertainment - MPR 3:30pm Afternoon Affirmations & Shake A Day - V	15 8:30am Morning Connections 10:30am Resident Council 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Arts - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	16 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Pet Therapy - Lear 2:00pm Karaoke & Happy Hour - Thea	17 10:30am Arts & Crafts - Lear 12:30pm Mail Call 1:30pm Movie Afternoon - Thea 3:30pm Afternoon Affirmations & Shake A Day - V
18 9:30am Morning Connections - B DR 10:30am Bored Boards - Lear 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	19 Martin Luther King Jr. Day 8:30am Morning Connections 10:30am The Daily Grind - C DR 11:15am Pub Crawl - B DR 12:30pm Mail Call 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	20 8:30am Morning Connections 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR 6:00pm Activity Cart Favorites & 1:1's - C DR	21 8:30am Morning Connections 10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Live Entertainment with Mike - MPR 3:30pm Afternoon Affirmations & Shake A Day - V	22 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Live Entertainment with Mike - MPR 2:00pm Karaoke & Happy Hour - Thea	23 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Mini Golf - B DR 3:30pm Afternoon Affirmations & Shake A Day - V	24 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Mini Golf - B DR 3:30pm Afternoon Affirmations & Shake A Day - V
25 8:30am Morning Connections 10:30am The Daily Grind - C DR 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	26 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:15pm Bowling 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	27 8:30am Morning Connections 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR 6:00pm Activity Cart Favorites & 1:1's - C DR	28 10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Woodworking - Lear 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	29 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Woodworking - Lear 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	30 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR	31 Happy Birthday David B 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Guest Entertainment - MPR 3:30pm Afternoon Affirmations & Shake A Day - V

B DR - Dining Room

C DR - Dining Room

Off - Off Campus

Out - Outdoors

Chap - Chapel

Thea - Theatre

Lear - Learning Studio

V - Resident Rooms/Varied

MPR - Multi-Purpose Room