



920 Anne St. NW | Bemidji MN, 56601 | Recreation Therapy Department: 218-364-8933

Scheduled Activities Are Subject To Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Board Games - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	Happy Birthday Jeff S 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR 7:00pm BSU Hockey Game - Off	10:00am Pet Therapy - Lear 12:30pm Mail Call 1:30pm Movie Afternoon - Thea 3:30pm Afternoon Affirmations & Shake A Day - V
4	5	6	7	8	9	10
9:30am Morning Connections - B DR 10:30am The Daily Grind - C DR 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	10:30am The Daily Grind - C DR 11:00am Pub Crawl - Out 12:30pm Mail Call 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR	10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Bean Bag Toss - MPR 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Baking/Cooking - Lear 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Cranium Crunches - Lear 3:30pm Afternoon Affirmations & Shake A Day - V
11	12	13	14	15	16	17
8:30am Morning Connections - C DR 10:30am The Daily Grind - C DR 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:15pm Bowling 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR 6:00pm Activity Cart Favorites & 1:1's - C DR	8:30am Morning Connections 10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Live Entertainment - MPR 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30 Resident Council 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Arts - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Pet Therapy - Lear 2:00pm Karaoke & Happy Hour - Thea	10:30am Arts & Crafts - Lear 12:30pm Mail Call 1:30pm Movie Afternoon - Thea 3:30pm Afternoon Affirmations & Shake A Day - V
18	19	20	21	22	23	24
9:30am Morning Connections - B DR 10:30am Bored Boards - Lear 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	Martin Luther King Jr. Day 8:30am Morning Connections 10:30am The Daily Grind - C DR 11:15am Pub Crawl - B DR 12:30pm Mail Call 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR 6:00pm Activity Cart Favorites & 1:1's - C DR	8:30am Morning Connections 10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Balloon Volleyball - MPR 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Live Entertainment with Mike - MPR 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea	10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Mini Golf - B DR 3:30pm Afternoon Affirmations & Shake A Day - V
25	26	27	28	29	30	31
8:30am Morning Connections 10:30am The Daily Grind - C DR 1:30pm Spirituality - MPR 2:00pm "Group Choice Activity" - Lear 3:30pm Afternoon Affirmation & 1:1's	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:15pm Bowling 2:00pm Board Game - Lear 3:30pm Afternoon Affirmations & Shake A Day - V	8:30am Morning Connections 10:30am Colorful Creations - Lear 12:30pm Mail Call 1:30pm Bingo - MPR 6:00pm Activity Cart Favorites & 1:1's - C DR	10:00 Coffee Bar 10:30am Bible Study - Chap 10:30am Bored Boards - Lear 12:30pm Mail Call 1:30pm Woodworking - Lear 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Woodworking - Lear 3:30pm Afternoon Affirmations & Shake A Day - V 6:00pm Activity Cart Favorites & 1:1's - C DR	8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 2:00pm Karaoke & Happy Hour - Thea 6:00pm Activity Cart Favorites & 1:1's - C DR	Happy Birthday David B 8:30am Morning Connections 10:30am The Daily Grind - C DR 12:30pm Mail Call 1:30pm Guest Entertainment - MPR 3:30pm Afternoon Affirmations & Shake A Day - V

B DR - Dining Room

C DR - Dining Room

Chap - Chapel

Lear - Learning Studio

MPR - Multi-Purpose Room

Off - Off Campus

Out - Outdoors

Thea - Theatre

V - Resident Rooms/Varied