

Minneapolis Veteran's Home Adult Day Center  
Fall/ Winter Lunch Menu January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1.CLOSED 	2.National Cream Puff Day Grilled Cheese Sandwich Potato Chips Tomato Soup Seasonal Fruit <u>Dessert</u> : Cream Puff 
5. BBQ Pork on a Bun Baked Mac & Cheese Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice	6. Beef Stew Biscuit Zucchini Seasonal Fruit <u>Dessert</u> Chef's Choice	7. Oven Fried Chicken Mashed Potatoes w/ Gravy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice	8. Meatloaf Mashed Potatoes w/ Gravy Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	9. Egg Salad Sandwich Potato Chip Pasta Salad Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>
12. Beef Lasagna <b>Mixed Vegetable</b> Garlic Bread Seasonal Fruit <u>Dessert</u> Chef's Choice	13. <b>Peach Melba Day</b> (*vanilla ice cream w/peaches and raspberry sauce) Chicken Taco Casserole Tortilla Chips w/ Salsa Confetti Corn Seasonal Fruit <u>Dessert</u> <b>Peach Melba</b>	14. Pork Roast Mashed Potato w/ Gravy Peas Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>	15. Sloppy Joes on a Bun Tatar Tots Diced Carrots Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>	16. Beer Battered Pollock Mashed Potatoes w/ Gravy Green Beans Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>
19. 	20. Crispy Chicken Sandwich Tatar Tots Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	21. Hamburger Gravy over Mashed Potatoes Green Beans Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>	22. Turkey Pot Pie Diced Carrots Wheat Bread Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>	23. <b>Tuna Salad Sandwich</b> Potato Chips Mixed Vegetable Seasonal Fruit <u>Dessert</u> <b>Chef's Choice</b>
26. Salmon Fillet w/ Dill Sauce Mashed Potatoes w/ Gravy Peas Seasonal Fruit <u>Dessert</u> Chef's Choice	27. <b>National Chocolate Cake Day</b> Beef Ravioli Diced Carrots Garlic Bread Seasonal Fruit <u>Dessert</u> <b>Chocolate Cake</b>	28. Swedish Meatballs Egg Noodles Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	29. Chef's Choice Meal Seasonal Fruit <u>Dessert</u> Chef's Choice	30. Grilled Cheese Sandwich Potato Chips Chicken Noodle Soup Seasonal Fruit <u>Dessert</u> Chef's Choice

\*Breakfast will be chef's choice and will include starch, fruit, and meat

\*\*Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

\*\*\*Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD