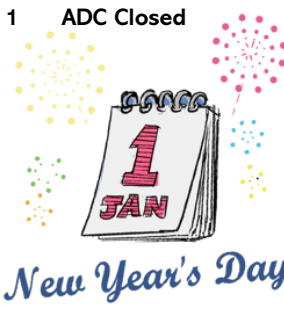


January 2026

Minnesota Veterans Home-Adult Day Center

Mon	Tue	Wed	Thu	Fri
January Birthdays: Doug V- Jan 23rd Gary B- Jan 27th			1 ADC Closed  New Year's Day	2 National Science Fiction Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Plinko 11:00 Ping Pong Cups 12:00 Lunch 1:00 Guess the Si-fi film 2:00 Vets Choice
5 National Bird Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Rob Ellos Presentation 11:30 Guess The Bird 12:00 Lunch 1:00 Bullseye Ball 2:00 Vets Choice 	6 National Take down your Christmas Tree Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Ladder Ball 11:30 Ring Toss 12:00 Lunch 1:00 Deal or No Deal 2:00 Vets Choice	7 Harlem Globetrotter's Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Harlem Globetrotter's Videos 11:00 Basketball 12:00 Lunch 1:00 Jeopardy 2:00 Vets Choice	8 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Bill C. Concert 11:30 Trivia 12:00 Lunch 1:00 Bingo 2:00 Vets Choice 	9 Golden Globe Awards 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Putting Green 11:30 Jeopardy 12:00 Lunch 1:00 2025 Movie Review 2:00 Vets Choice
12 National Tea Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 News Paper Toss 11:30 Finish the Lyrics 12:00 Lunch 1:00 Bingo 2:00 Vets Choice	13 National Rubber Ducky Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Jay G. Presentation 11:30 Duck Trivia 12:00 Lunch 1:00 Disc Slam 2:00 Vets Choice 	14 International Kite Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Beanbag Twister 11:30 Kite Festival 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	15 National Hat Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Hat Toss 11:30 Name that Hat 12:00 Lunch 1:00 Fact or Crap 2:00 Vets Choice	16 National Nothing Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Beanbag Buckets 11:30 Hangman 12:00 Lunch 1:00 Family Feud 2:00 Vets Choice
19 ADC CLOSED 	20 National Cheese Lovers Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Participant Council 10:30 Exercise 11:00 Horse Shoes 12:00 Lunch 1:00 Cheese Tasting 2:00 Vets Choice	21 Mariachi Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Mariachi Music Exercise 10:30 Skee-ball 11:30 Origin of Mariachi Bands 12:00 Lunch 1:00 Bunnies 2:00 Vets Choice 	22 National Polka Dot Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Bill M Concert 11:30 Trivia 12:00 Lunch 1:00 Polka Dot Craft 2:00 Vets Choice 	23 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Michael R. Concert 11:30 True False Trivia 12:00 Lunch 1:00 Bingo 2:00 Vets Choice 
26 St. Paul Winter Carnival 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Ring Toss 11:30 Finish the Line 12:00 Lunch 1:00 What is St. Paul Winter Carnival? 2:00 Vets Choice	27 National Chocolate Cake Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Table Exercise 10:30 Amy & Adams Concert 11:30 Dessert Trivia 12:00 Lunch 1:00 Ladder Ball 2:00 Vets Choice 	28 Lego Day 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Bingo 10:30 Exercise 11:00 Lego Toss 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice 	29 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Horse Shoes 11:00 Jeopardy 12:00 Lunch 1:00 Classic Reruns 2:00 Vets Choice	30 National Big Wig Day! 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 BeanBags 11:30 3s are Free 12:00 Lunch 1:00 Stress Free Coloring 2:00 Vets Choice