

# MDVA PROGRAMS & SERVICES

MDVA is dedicated to helping Veterans from all eras and their families gain access to the benefits and resources they have earned with programs that include:

- Adult Day Care
- Counseling
- Dental Care Assistance
- Education Support
- Emergency Assistance
- Financial Assistance/Grants
- Health and Disability Claims and Appeals for VA and Social Security Benefits
- Homelessness Prevention and Support
- Optical Care Assistance
- State Veterans Cemeteries
- State Veterans Homes/Skilled Nursing and Domiciliary Care
- Suicide Prevention
- Veteran Family Assistance
- Women Veteran Support

For information on all of the programs and benefits available to you, contact:



Minnesota Department  
of Veterans Affairs

20 W. 12th St., St. Paul, MN 55155  
651-296-2562  
MinnesotaVeteran.org

MDVA offers support seven days a week:



1-888-LinkVet (1-888-546-5838)  
TTY: 1-800-627-3529  
Email or Live Chat: LinkVet.org

MDVA is a Veteran-friendly, equal opportunity and affirmative action employer and service provider. This document can be made available in alternate formats. Contact MDVA's Diversity, Equity, Inclusion and Accessibility Line at 612-548-5961 or your preferred telecommunications relay service.

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# BENEFITS



**FINANCIAL, HEALTH AND EDUCATION BENEFITS  
FOR VETERANS AND THEIR FAMILIES**

The Minnesota Department of Veterans Affairs (MDVA) is here to help connect you to the state and federal benefits you have earned as a Minnesota Veteran.

## MDVA's Benefits Program can help

### FINANCIAL ASSISTANCE

The **Voucher Deposit Assistance Program** (VDAP) benefit will assist a Veteran or surviving spouse to obtain permanent housing.



VDAP  
HOUSING

**Subsistence** is a temporary disability benefit that helps with shelter, utilities, health insurance premiums and personal needs.



SUBSISTENCE

**Veterans Relief Grant** is available to help Veterans stabilize their lives during a financial hardship. Qualifying circumstances include, but are not limited to:

- Housing, shelter or medical assistance
- Vehicle repairs
- Utility costs
- Home repairs



VETERANS  
RELIEF GRANT

The **Disaster Relief Grant** may be available to assist with repairs and expenses for Veterans and surviving spouses living in an area declared a "State of Emergency" by the Governor of Minnesota.



DISASTER  
RELIEF GRANT

**Food Assistance Programs** help eligible Veterans access nutritious food. Monthly financial benefits may be available.



FOOD  
ASSISTANCE  
PROGRAMS

### DENTAL BENEFITS

Dental benefits include an assistance program that can provide routine dental, extraction and denture assistance with participating providers.



DENTAL

### OPTICAL BENEFITS

Optical benefits include an annual allowance to be used toward one eye exam and prescription eye wear (including contacts) each year from participating providers.



OPTICAL

### COUNSELING BENEFITS

Lutheran Social Service of Minnesota partners with SSAP to provide the Case Management, Outreach, Referral and Education (CORE) program that brings essential, community-based services directly to Veterans and their families across Minnesota, at no cost to them. These services include individual and family counseling, financial counseling and debt management, in-home counseling, addiction counseling and disability services.



COUNSELING

## Learn more about your benefits



CVSO

**CVSO** County Veterans Service Officers (CVSOs) can identify and recommend benefits for you and your family and assist with the application process. To apply for benefits, you will need your DD214 or discharge papers. Your CVSO can assist you with locating and requesting your DD214.

CVSOs are located in all of Minnesota's 87 counties.

Find your CVSO at: [macvso.org](http://macvso.org)



LINKVET

Contact **LINKVET**, available 7 days a week, where a specialist can assist you and refer you to many resources.

**1-888-LINKVET • 1-888-546-5838**

TTY: **1-800-627-3529**

Email or Live Chat: [LinkVet.org](http://LinkVet.org)



MDVA

**MDVA BENEFITS TEAM** assists Veterans and eligible family members with accessing programs and benefits.

Contact an MDVA Benefits Specialist at:

**651-296-2562 • [Benefits.MDVA@state.mn.us](mailto:Benefits.MDVA@state.mn.us)**

## State Soldiers Assistance Program - since 1923

MDVA has assisted Veterans, their dependents and survivors through the **State Soldiers Assistance Program** (SSAP) for more than 100 years. SSAP works with multiple state and county agencies to provide a variety of financial assistance and counseling services.

