


**Minneapolis Veteran's Home Adult Day Center  
Fall/ Winter Lunch Menu June 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
2. Chicken Tenders French Fries Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	3. Beef Stew over Biscuit Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	4. Pork Loin Diced Carrots Mashed Potatoes w/Gravy Seasonal Fruit <u>Dessert</u> Chef's Choice	5. Egg Salad on a Sandwich Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice	6. <b>National Donut Day</b> Meatballs w/ Gravy Mashed Potatoes Cubed Squash Seasonal Fruit <u>Dessert</u> Chef's Choice
9. Baked Ham Baked Potato Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	10. Chicken Noodle Soup Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	11. BBQ Pulled Pork on Bun French Fries Creamy Spinach Seasonal Fruit <u>Dessert</u> Chef's Choice	12. Beef Goulash Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	13. <b>National Cupcake Lovers Day</b> Polish Sausage Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> <b>Cupcakes</b>
16. Chicken Enchilada Mexican Rice Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	17. Salisbury Steak Rice w/ Gravy Beets Seasonal Fruit <u>Dessert</u> Chef's Choice	18. Oven Fried Chicken Scalloped Potatoes Peas Seasonal Fruit <u>Dessert</u> Chef's Choice	19. 	20. Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice
23. Swedish Meatballs Over Egg Noodles Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	24. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	25. <b>National Catfish Day</b> Fried Catfish Baked Mac & Cheese Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	26. BBQ Chicken Pork on a Bun Tater Tots Creamy Spinach Seasonal Fruit <u>Dessert</u> Chef's Choice	27. Potato Crusted Pollock Mashed Potatoes w/ Gravy Collard Greens Seasonal Fruit <u>Dessert</u> Chef's Choice
30. Cheeseburger on a Bun Sweet potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice				

\*Breakfast will be chef's choice and will include starch, fruit, and meat

\*\*\*Monthly Menu is subject to change without notice

\*\*Beverage Choices at meals include milk, juice, coffee, and tea

Approved by: Erin Zwonitzer- MS, RD, LD