

Minneapolis Veteran's Home Adult Day Center
Fall/ Winter Lunch Menu December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1.National Pie Day Beef Goulash Green Peas Wheat Bread Seasonal Fruit <u>Dessert</u> Pie 	2. Chicken Enchilada Spanish Rice Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	3. Swedish Meatballs Over Egg Noodles Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	4. National Cookie Day Pheasant w/ Mushroom Gravy Wild Rice Stuffing Diced Carrots Seasonal Fruit <u>Dessert</u> Cookie 	5. Grilled Cheese Sandwich Potato Chips Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice
8. National Brownie Day BBQ Pork on a Bun Baked Mac & Cheese Coleslaw Seasonal Fruit <u>Dessert</u> Brownie	9. Beef Stew Biscuit Zucchini Seasonal Fruit <u>Dessert</u> Chef's Choice	10. : Oven Fried Chicken Mashed Potatoes w/ Gravy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice	11. Meatloaf Mashed Potatoes w/ Gravy Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	12. Egg Salad Sandwich Potato Chip Pasta Salad Seasonal Fruit <u>Dessert</u> Chef's Choice
15. Beef Lasagna Mixed Vegetable Garlic Bread Seasonal Fruit <u>Dessert</u> Chef's Choice	16. Chicken Taco Casserole Tortilla Chips w/ Salsa Confetti Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	17. Pork Roast Mashed Potato w/ Gravy Peas Seasonal Fruit <u>Dessert</u> Chef's Choice	18. Sloppy Joes on a Bun Tatar Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	19. Beer Battered Pollock Mashed Potatoes w/ Gravy Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice
22. Unstuffed Bell Pepper Casserole Broccoli Seasonal Fruit <u>Dessert</u> Chef's Choice	23. Crispy Chicken Sandwich Tatar Tots Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	24. Swedish Meatballs Over Egg Noodles Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	25. 	26. Tuna Salad Sandwich Potato Chips Mixed Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice
29. Salmon Fillet w/ Dill Sauce Mashed Potatoes w/ Gravy Peas Seasonal Fruit <u>Dessert</u> Chef's Choice	30. Beef Ravioli Diced Carrots Garlic Bread Seasonal Fruit <u>Dessert</u> <u>Chef's Choice</u>	31. Chef's Choice Seasonal Fruit <u>Dessert</u> Chef's Choice 		

*Breakfast will be chef's choice and will include starch, fruit, and meat

**Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

***Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD