

Family Council Matters Newsletter

MVH-Minneapolis



November 2025

Veterans Day Events **Tuesday, November 11**

11:30am

Car Parade in front of Building 19

12:15pm

Veterans Day Luncheon on Each Unit

2:00pm

Veterans Day Program

Building 19 Community Room & Atrium

Sponsored by the 7th District VFW

Upcoming Holiday Meals

Written by Jeanine Arneberg, Dietary Director, MVH-Minneapolis

The Minnesota Veterans Homes—Minneapolis invites residents, families, and staff to celebrate the season with a series of thoughtfully prepared meals crafted by our Campus Kitchen Chefs. We begin with a special Veterans Day luncheon on Tuesday, November 11, featuring beef pot roast with a baked potato, roasted glazed carrots, and a frosted red velvet cupcake to honor our Veterans. On Thanksgiving Day, Thursday, November 27, guests can enjoy a traditional midday feast that captures the warmth and flavors of the season. Our beloved Annual Pheasant Dinner will follow on Thursday, December 4, and is a resident-only sponsored event. The celebration continues with our Holiday Party and Christmas Eve luncheon on Wednesday, December 24. Meal tickets for the Veterans Day and Thanksgiving events may be purchased in advance and, with notice, can be sent to the unit where you prefer to dine—please let the cashier or front desk know your preference. The Christmas Eve brunch will be offered at no charge. We look forward to sharing these meaningful occasions with our community. For any questions regarding menus, nutrition, or special accommodations, please contact me at jeanine.arneberg@state.mn.us.

Family Member Support Group Meeting

Wednesday, November 12, 1:00-2:30pm
Building 22 Community Room

Questions? Contact Chaplain Brandon at 612.548.5940.

Please Join Us for the
Monthly Family Council Meeting

In Person

And Online (Listen Only)

Building 21, Theater Room
Saturday, November 8, 2025

Come Early for the Social Half-Hour

11:45am till 12:15pm

Followed by the Meeting

12:15pm till 2:00pm

Speaker:

Caitlin Powers, LICSW
Caregiver Support Program Coord.
Minneapolis VA Health Care System
U.S. Department of Veterans Affairs

Vets Home Website

Do you know that you can access details about activities and meal menus on the Minneapolis Vets Home website? To do so, click on the link below, which opens an informational page. Scroll down until you see several tabs, including Activities and Menu. Then select the tab that interests you, which opens a PDF document, and you will know it all, right from home!

<https://mn.gov/mdva/homes/minneapolis/>

Select the Activities tab and you will see several months displayed. Select the month you are interested in, which consists of several calendars that are organized by building and floor. Scroll through the calendars until you find the building and floor where your loved one lives (the building and floor are listed in the upper left corner on most of them).

Select the Menu tab and you will see a list of dates that are organized by week. Select the week you are interested in. That will open two menus, one of which is for the Nursing Care Units in Buildings 19, 21, and 22.

Our condolences go out to the families and friends whose loved one recently passed away.

2025 Meeting Dates

**Second Saturday of
Each Month at 12:15pm
In-Person and
Online (Listen Only)**

November 8

December 13

Performances In November

The Family Council is sponsoring two performances this month. Families and their loved ones living at the Vets Home are invited to attend the following!

Sleigh Belle Dancers

Sunday, November 2, 2:00pm
Building 19 Community Room

Rockin' Hollywoods

Friday, November 14, 2:00pm
Building 19 Community Room

Family Council Officer Elections

At the December 13th 2025 Meeting, we plan to elect volunteer officers for 2026. If you currently have a loved one living at the Vets Home, and are interested in volunteering to serve as an officer, please let us know. The duties for each position can be as much involvement as you would like it to be. We are very flexible about who does what. Thank you for thinking about it!

Thank You's

A heartfelt thank you to Sonja Leines and family, for making a generous donation to the Family Council in memory of Ordell Leines.

One more heartfelt thank you to the Hugo American Legion Post 620 for making another generous donation to the Family Council.

And one last heartfelt thank you to BBGF Best Buy Payments, for making a generous donation to the Family Council.

Officer of the Day (OD)

MVH-Minneapolis

612-221-6389 or 612-210-6295

Call at Night and on Weekends

At Other Times,

Please Call Unit or Building Manager

Ombudsman for MVH-Minneapolis

Anna Solowiej

651-703-6290

Email: anna.solowiej@state.mn.us

Website: <https://mn.gov/ooltc/>

Family Council Officers

Contact Information

Co-Chairs

Kirk Larson, 612-708-8483

kirkisatwin@gmail.com

Diane Windham, 763-657-1443

diane@dwindham.net

Secretary

Jane Hanzalik

Treasurers

Kirk Larson/Diane Windham

Members-at-Large

Sandy Gibson

Cindy Hauwiler

Amy Schall

Website: <http://mn.gov/mdva/homes/minneapolis/>

Email: mvhfamcouncil@gmail.com

Mailing Address

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The MVH-Minneapolis Family Council is a volunteer not-for-profit 501(c)(3) organization.