

Sun. 11/2

Mon. 11/3

Tues. 11/4

Wed. 11/5

Thurs. 11/6

Fri. 11/7

Sat. 11/8

Breakfast

Scrambled Eggs~
Breakfast Ham~
Hashbrown Patty~

Scrambled Eggs~
Bacon~
Pancakes~
Syrup~
Chilled Fruit Cup~

Sausage Gravy~
Biscuit~
Sausage Links~
Scrambled Eggs~

Western Omelet~
Hashbrown Patty~
Wheat Toast~

Scrambled Eggs~
Waffles~
Strawberries~
Syrup~

Country Fried Steak
with Gravy~
Diced Potatoes~
Assorted Muffin~

Scrambled Eggs~
Bacon~
Caramel Roll~
Chilled Fruit
Cup~

Lunch

Beef Pot Roast~
Mashed Potatoes~
Carrots~
Dinner Roll~
Butter~
Assorted Fruit Pie~

Herbed Baked
Chicken~
Hashbrown
Casserole~
Corn~
Whole Wheat
Bread~
Carrot Cake~

Country Fried
Steak~
Country Gravy~
Mashed
Potatoes~
Green Peas~
Whole Wheat
Bread~
Ice Cream~

Baked Glazed Ham~
Scalloped Potatoes~
Buttered Beets~
Dinner Roll~
Key Lime Pie~

Chicken Filet on a
Bun~
Lettuce Leaf~
Tomato Slices~
French Fries~
California
Vegetables~
Butterscotch
Pudding~

Homemade
Meatloaf~
Baked Potato~
Creamed Corn~
Dinner Roll~
Jell-O Cake with
Topping~

Hamburger Gravy~
Mashed Potatoes~
Wax Beans~
Dinner Roll~
Chocolate Chip
Cookies~

Dinner

BBQ Pork Roast
Slices~
American Fried
Potatoes~
French Green
Beans~
Whole Wheat
Bread~
Chilled Pears~

Spaghetti with
Meat Sauce~
Garlic Breadstick~
Side Salad~
Fresh Grapes~

Cream of Potato
Soup~
Chicken Salad
Sandwich~
Pineapple
Tidbits~
Cucumber Slices~

Cheeseburger
Casserole~
Broccoli and
Cauliflower~
Bread~
Tropical Fruit~

Homemade
Vegetable Beef
Soup~
Ham Salad
Sandwich~
Chilled Peaches~

Baked Tuna
Noodle Casserole~
Green Peas~
Bread~
Blushing Pears~
Baked Apples~

Hamburger Bun~
Pulled Pork~
Tator Tots~
Baked Beans~
Mandarin
Oranges~

Sun. 11/9 Mon. 11/10 Tues. 11/11 Wed. 11/12 Thurs. 11/13 Fri. 11/14 Sat. 11/15

Breakfast

Lunch

Dinner

Scrambled Eggs~ Breakfast Ham~ Wheat Toast~	Scrambled Eggs~ Sausage Links~ Assorted Muffin~	Sausage Gravy~ Biscuit~ Scrambled Eggs~ Chilled Fruit Cup~	Scrambled Eggs~ Corned Beef Hash~ Wheat Toast~	Scrambled Eggs~ Breakfast Ham~ Hashbrown Patty~ Danish~	Scrambled Eggs~ Pancakes~ Sausage Patty~ Chilled Fruit Cup~ Syrup~	Scrambled Eggs~ Bacon~ Sausage Links~ Cinnamon Roll~ Fresh Fruit~
Homestyle Roast Turkey~ Turkey Gravy~ Mashed Potatoes~ California Vegetables~ Dinner Roll~ Cream Pie~	Creamed Chipped Beef~ White Toast~ Carrots~ Chocolate Mousse~	Surf and Turf (Prime Rib and Lobster Tail)~ Twice-baked Potato~ Asparagus~ Cheesecake~ 	American Beef Chop Suey~ Rice~ French Green Beans~ Chilled Fruit Cup~	Salisbury Steak~ Mashed Potatoes~ Capri Mixed Vegetables~ Bread~ Cheesecake~	Oven Fried Chicken~ Mashed Potatoes~ Chicken Gravy~ Creamed Peas~ Dinner Roll~ Angel Food Cake with Strawberries~	Spaghetti with Meat Sauce~ Tossed Salad and Dressing~ Garlic Breadstick~ Pineapple Tidbits~
Baked Beef and Noodles~ Stewed Tomatoes~ Fresh Fruit Cup~	Calico Bean Casserole~ Broccoli~ Dinner Roll~ Butter~ Sliced Pears~	Chicken Noodle Soup~ Hot Turkey and Cheese Sandwich~ Tomato Slice~ Pistachio Salad~	Deluxe Pizza~ Lettuce Salad~ Garlic Breadstick~ Sugar Cookie~	Ham and Bean Soup~ Summer Sausage Sandwich~ Fruit Cocktail~	Tator Tot Casserole~ Pickled Beets~ Bread~ Peach Slices~	Chicken Tenders~ French Fries~ Green Beans~ Bread~ Lemon Bar~

Sun. 11/16 Mon. 11/17 Tues. 11/18 Wed. 11/19 Thurs. 11/20 Fri. 11/21 Sat. 11/22

Breakfast**Lunch****Dinner**

Scrambled Eggs~ Breakfast Ham~ Danish~	Breakfast Sandwich~ Croissant~ Hashbrown Patty~ Banana~	Scrambled Eggs~ Bacon~ Wheat Toast~	Scrambled Eggs~ Waffles~ Strawberries~ Syrup~	Cheese Omelet~ Sausage Links~	Eggs Benedict~ Fresh Fruit~ Hashbrown Patty~ Chilled Fruit Cup~	Scrambled Eggs~ Bacon~ Caramel Roll~ Fresh Fruit~
Pork Roast~ Candied Sweet Potatoes~ Dinner Roll~ Assorted Fruit Pie~	Lasagna~ Lettuce Salad~ Garlic Breadstick~ Brownie~	Meatballs & Gravy~ Mashed Potatoes~ Broccoli & Cauliflower~ Dinner Roll~ Ice Cream~	Beer Battered Fish~ Tartar Sauce~ Au Gratin Potatoes~ Coleslaw~ Bread~ Red Velvet Cake with Whipped Frosting~	Cheeseburger on a Bun~ Lettuce & Tomato~ Pickle Spear~ Potato Chips~ Fresh Grapes~	Homestyle Roast Turkey~ Mashed Potatoes~ Turkey Gravy~ Scalloped Corn~ Dinner Roll~ Bread Pudding with Topping~	Sweet and Sour Chicken~ White Rice~ Broccoli~ Bread~ Tropical Fruit Fluffy Jell-O Salad~
Beef Stew~ Biscuit~ Honey Butter~ Cottage Cheese~ Chilled Apricots~	Open Face Turkey Sandwich~ Turkey Gravy~ Mashed Potatoes~ Fresh Green Beans~ Apple Cobbler~	Homemade Chicken Noodle Soup~ Ham Sandwich~ Blushing Pears~	Hamburger Gravy~ Mashed Potatoes~ Seasoned Asparagus~ Bread~ Mandarin Oranges~	Baked Glazed Ham~ Oven Fried Potato~ Creamed Peas~ Bread~ Pineapple Tidbits~	Beef Stroganoff~ Buttered Egg Noodles~ California Vegetables~ Bread~ Peach Crisp~	Homemade Beef and Barley Soup~ Summer Sausage Sandwich~ V-8 Juice~ Crackers~ Rice Pudding~

Sun. 11/23 Mon. 11/24 Tues. 11/25 Wed. 11/26 Thurs. 11/27 Fri. 11/28 Sat. 11/29

Breakfast

Lunch

Dinner

Scrambled Eggs~ Waffles~ Strawberries~ Syrup~	Cheese Omelet~ Bacon~ Danish~ Chilled Fruit Cup~	Scrambled Eggs~ Sausage Links~ French Toast~	Scrambled Eggs~ Hashbrown Patty~ Breakfast Ham~ Cream of Wheat~	Breakfast Sandwich~ Croissant~ Baked Hashbrowns~ Banana~	Sausage Gravy~ Biscuit~ Scrambled Eggs~ Chilled Fruit Cup~	Scrambled Eggs~ Bacon~ Cinnamon Roll~ Fresh Fruit~
Carved Roast Beef~ Baked Potato~ Sour Cream~ Corn~ Biscuit and Honey~ Butter~ Assorted Fruit Pie~	Seasoned Pork Loin~ Oven Fried Potatoes~ Squash~ Dinner Roll~ Butter~ Chocolate Ice Cream~	Meatballs in Sweet and Sour Sauce~ Rice~ Oriental Vegetables~ Bread~ Mandarin Oranges~	Chicken Breast Parmesan~ Penne Pasta~ Side Salad~ Garlic Breadstick~ Pudding~	Turkey~ Stuffing~ Mashed Potatoes w. Gravy~ Sweet Potatoes~ Green Bean Casserole~ Cranberry Sauce~	Chili~ Shredded Cheddar Cheese~ Diced Onion~ Creamy Coleslaw~ Cornbread~ Diced Peaches~	Chicken a la King~ Noodles~ Asparagus~ Dinner Roll~ Spice Cake~
Sloppy Joe on a Bun~ Tator Tots~ Garden Vegetables~ Pickle Spear~ Apricots~	Open Face Turkey Sandwich~ Mashed Potatoes~ Baby Carrots~ Turkey Gravy~ Diced Peaches~	Hot Beef and Cheese Sandwich~ Tomato Soup~ Side Salad~ Chocolate Cake~	Hamburger Goulash~ Green Beans~ Bread~ Pineapple Tidbits~	Dinner Roll~ Pumpkin Pie with Whipped Topping~ Ham & Cheese Sliders~ Chicken Wild Rice Soup~ Apple Crisp~	Beer Battered Fish~ Tartar Sauce~ Baked Potato~ Green Peas~ Dinner Roll~ Fruited Jello~	Polish Sausage on a Bun~ Sauerkraut~ French Fries~ Fruit Cocktail~



Sun. 11/30

Mon. 12/1

Tues. 12/2

Wed. 12/3

Thurs. 12/4

Fri. 12/5

Sat. 12/6

Breakfast

Scrambled Eggs~
Breakfast Ham~
Hashbrown Patty~

Scrambled Eggs~
Bacon~
Pancakes~
Syrup~
Chilled Fruit Cup~

Sausage Gravy~
Biscuit~
Sausage Links~
Scrambled Eggs~

Western Omelet~
Hashbrown Patty~
Wheat Toast~

Scrambled Eggs~
Waffles~
Strawberries~
Syrup~

Country Fried Steak
with Gravy~
Diced Potatoes~
Assorted Muffin~

Scrambled Eggs~
Bacon~
Caramel Roll~
Chilled Fruit
Cup~

Lunch

Beef Pot Roast~
Mashed Potatoes~
Carrots~
Dinner Roll~
Butter~
Assorted Fruit Pie~

Herbed Baked
Chicken~
Hashbrown
Casserole~
Corn~
Whole Wheat
Bread~
Carrot Cake~

Country Fried
Steak~
Country Gravy~
Mashed
Potatoes~
Green Peas~
Whole Wheat
Bread~
Ice Cream~

Baked Glazed Ham~
Scalloped Potatoes~
Buttered Beets~
Dinner Roll~
Key Lime Pie~

Chicken Filet on a
Bun~
Lettuce Leaf~
Tomato Slices~
French Fries~
California
Vegetables~
Butterscotch
Pudding~

Homemade
Meatloaf~
Baked Potato~
Creamed Corn~
Dinner Roll~
Jell-O Cake with
Topping~

Hamburger Gravy~
Mashed Potatoes~
Wax Beans~
Dinner Roll~
Chocolate Chip
Cookies~

Dinner

BBQ Pork Roast
Slices~
American Fried
Potatoes~
French Green
Beans~
Whole Wheat
Bread~
Chilled Pears~

Spaghetti with
Meat Sauce~
Garlic Breadstick~
Side Salad~
Fresh Grapes~

Cream of Potato
Soup~
Chicken Salad
Sandwich~
Pineapple
Tidbits~
Cucumber Slices~

Cheeseburger
Casserole~
Broccoli and
Cauliflower~
Bread~
Tropical Fruit~

Homemade
Vegetable Beef
Soup~
Ham Salad
Sandwich~
Chilled Peaches~

Baked Tuna
Noodle Casserole~
Green Peas~
Bread~
Blushing Pears~
Baked Apples~

Hamburger Bun~
Pulled Pork~
Tator Tots~
Baked Beans~
Mandarin
Oranges~