

Minneapolis Veteran's Home Adult Day Center
Fall/Winter Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3. Beef Stew over a Biscuit Midwest Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice	4. Oven Roasted Chicken Baked Potato Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	5. National Donut Day Country Fried Steak Mashed Potatoes w/gravy Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	6. Ham & Scalloped Potatoes Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice	7. Beer Battered Pollock Baked Mac and Cheese Diced Squash Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice
10. National Noodle Day Swedish Meatballs Egg Noodles Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice	11. ADC CLOSED 	12. Baked Ham Au Gratin Potatoes Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	13. Open Faced Turkey Sandwich Mashed Potatoes w/Gravy Cauliflower Seasonal Fruit <u>Dessert</u> Chef's Choice	14. Chicken Tenders Macaroni Salad Green Peas Seasonal Fruit <u>Dessert</u> Chef's Choice
17. Beef Chili Corn Bread Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice	18. National Sundae Day Beef Stroganoff Buttered Noodles Broccoli Seasonal Fruit <u>Dessert</u> Ice Cream Sundae	19. Chicken Parmesan w/Marinara Buttered Noodles Diced Carrots Breadstick <u>Afternoon Social:</u> Chef's Choice	20. Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice	21. Pulled Chicken Sandwich w/BBQ Sauce French Fries Pickle Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice
24. Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice	25. Chicken Cordon Bleu Scalloped Potatoes Roasted Broccoli Seasonal Fruit <u>Dessert</u> Chef's Choice	26. Beef Enchilada Spanish Rice Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice	27. ADC CLOSED 	28. ADC CLOSED

*Breakfast will be chef's choice and will include starch, fruit, and meat

**Beverage Choices at meals include milk, juice, coffee, and tea

***Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD