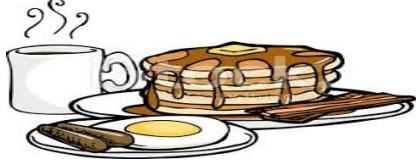


Week 3 Minnesota Veterans Home - Minneapolis Weekly Menu Calendar – Nursing Care				Fall/Winter 2025-2026		Jeanine Arneberg, LD, RDN
Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.★ <i>Denotes new menu items</i>						
Sunday 11/30/2025	Monday 12/01/2025	Tuesday 12/02/2025	Wednesday 12/03/2025	Thursday 12/04/2025	Friday 12/05/2025	Saturday 12/06/2025
Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Cherry Strudel Stick or Wheat Toast w/ Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Denver Scrambled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Toasted English Muffin or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Grits Blueberry Muffin or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Pork Bacon Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Grits French Toast/ Syrup Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly
Lunch: 12:15pm Turkey Roast Or Baked Ham Bread Stuffing or Mashed Potatoes/Gravy Diced Carrots or Asparagus Dinner Roll Cream Pie or Canned Fruit 🍲 Soup of the Day Vegetable Beef	Lunch: 12:15pm Polish Sausage w/ Sauerkraut on a Bun or Salmon Fillet w/ Dill Sauce & Hot German Potato Salad Or Mashed Potatoes/Gravy Peas or Carrots Wheat Bread Red Velvet Cake or Canned Fruit 🍲 Soup of the Day Turkey Chili	Lunch: 12:15pm Chicken Chimichanga or BBQ Meatballs Spanish Rice or Mashed Potatoes/Gravy Confetti Corn or Broccoli Wheat Bread Fruited Jell-O Salad or Canned Fruit 🍲 Soup of the Day Chicken and Dumpling	Lunch: 12:15pm Oven Fried Chicken or Hamburger Steak w/ Brown Gravy Mashed Potatoes/Gravy Stewed Tomatoes or Lima Beans Wheat Bread Peanut Butter Cookie or Canned Fruit 🍲 Soup of the Day Creamy Tomato	Lunch: 12:15pm Roasted Pheasant w/ Mushroom Gravy or Chicken Breast Wild Rice Casserole or Mashed Potatoes/ Gravy Green Beans or Diced Carrots Dinner Roll Frosted Cake or Applesauce 🍲 Soup of the Day Beef and Barley	Lunch: 12:15pm Meatballs w/ Onion Gravy or Baked Fish Mashed Potatoes & Gravy Mixed Vegetables or Peas Wheat Bread Grapes or Canned Fruit 🍲 Soup of the Day Sausage and White Bean	Lunch: 12:15pm Mushroom & Swiss Burger or Liver & Onions Onion Rings or Mashed Potatoes/Gravy Baked Beans or Broccoli Brownie or Canned Fruit 🍲 Soup of the Day Turkey Noodle
Supper: 5:30pm Brat Patty on a Bun w/ Lettuce/Tomato or Baked Fish Calico Beans or Mashed Potatoes/Gravy Corn or Green Beans Wheat Bread Creamy Fruit Salad or Canned Fruit 🍲 Soup of the Day Vegetable Beef	Supper: 5:30pm Beef Lasagna or Chicken Breast w/ Mashed Potatoes/Gravy Italian Blend Veg. or Broccoli Breadstick or Wheat Bread Mandarin Oranges or Canned Fruit 🍲 Soup of the Day Turkey Chili	Supper: 5:30pm Hot Dog on a Bun or Buffalo Chicken Wrap Potato Chips or Mashed Potatoes w/ Gravy Brussels Sprouts or Cauliflower Pickle Spear Glazed Oatmeal Cookie or Canned Fruit 🍲 Soup of the Day Chicken and Dumpling	Supper: 5:30pm Grilled Hot Ham & Cheese Sandwich or Chicken Thighs Crinkle Cut Fries or Mashed Potatoes/Gravy Broccoli or Diced Beets Spiced Peaches or Canned Fruit 🍲 Soup of the Day Creamy Tomato	Supper: 5:30pm BBQ Pork Riblet Or Turkey Patty on a Bun Mashed Potatoes/Gravy 3 Bean Salad or Cauliflower Fruit Cocktail or Canned Fruit 🍲 Soup of the Day Beef and Barley	Supper: 5:30pm Baked Tuna Pasta or Salami Sandwich w/ Lettuce & Tomato Mashed Potatoes/Gravy Succotash or Asparagus Bread Pudding or Canned Fruit 🍲 Soup of the Day Sausage and White Bean	Supper: 5:30pm Pork Egg Roll or Turkey SW w/ LTO Asian Fried Rice or Mashed Potato/Gravy Oriental Blend Veg or Brussels Sprouts Wheat Bread Mangos or Canned Fruit 🍲 Soup of the Day Turkey Noodle
15	16	17	18	19	20	21

Sunday 11/30/2025	Monday 12/1/2025	Tuesday 12/2/2025	Wednesday 12/3/2025	Thursday 12/4/2025	Friday 12/5/2025	Saturday 12/6/2025
Breakfast: 6:45am Fruit Juice Scrambled Eggs Sausage Gravy over a Biscuit Oatmeal or Grits	Breakfast: 6:45am Fruit Juice Egg Bake Pancakes w/ Syrup Cream of Wheat or Oatmeal	Breakfast: 7:00am Breakfast Made to order in Lower-Level Lounge 	Breakfast: 6:45am Fruit Juice Scrambled Eggs Sausage Patty Wheat Toast/ Jelly Oatmeal or Grits	Breakfast: 6:45am Fruit Juice Cheesy Scrambled Eggs Hashbrown Patty Wheat Toast/ Jelly Oatmeal or Cream of Wheat	Breakfast: 6:45am Fruit Juice Fried Eggs Wheat Toast & Jelly Oatmeal Or Grits	Breakfast: 6:45am Fruit Juice Scrambled Eggs Pork Bacon Wheat Toast & Jelly Oatmeal or Cream of Wheat
Lunch: 11:45am Roasted Turkey Bread Stuffing w/Gravy Peas & Carrots Wheat Bread Apple Cobbler  Soup of the Day Chefs Choice	Lunch: 11:45am Salmon Fillet w/Dill Sauce Mashed Potatoes w/Gravy Spinach Frosted Cake  Soup of the Day Turkey Noodle	Lunch: 11:45am Chicken Enchilada Spanish Rice Corn Chips w/Cowboy Caviar Diced Mangos  Soup of the Day Chicken Wild Rice	Lunch: 11:45am Swedish Meatballs Over Egg Noodles Buttered Corn Dinner Roll Peanut Butter Cookie  Soup of the Day Cream of Potato w/Bacon	Lunch: 11:45am Pheasant w/ Mushroom Gravy Or Buffalo Chicken Wrap Wild Rice Stuffing Or French Fries Diced Carrots Dinner Roll Toffee Bar  Soup of the Day Broccoli and Cheese	Lunch: 11:45am Shrimp w/ Stir Fry Vegetable Blend Lo Mein Noodles Fortune Cookie Frosted Cake  Soup of the Day Tomato	Lunch: 11:45am Monte Cristo Sandwich Pasta Salad Carrots Chefs Choice Dessert  Soup of the Day Vegetable
Supper: 4:45pm Brat Patty on a Bun w/Lettuce/Tomato Calico Beans Corn Carnival Cookie  Soup of the Day Chefs Choice	Supper: 4:45pm Beef Goulash Green Peas Wheat Bread Fresh Fruit  Soup of the Day Turkey Noodle	Supper: 4:45pm Stuffed Shells Bolognese Broccoli & Cauliflower Vegetable Blend Garlic Biscuit Canned Fruit  Soup of the Day Chicken Wild Rice	Supper: 4:45pm Oven Fried Chicken Mashed Potatoes w/Gravy Stewed Tomatoes Fruited Gelatin  Soup of the Day Cream of Potato w/Bacon	Supper: 4:45pm Meatball Marinara Sub Potato Cubes Coleslaw Diced Pears  Soup of the Day Broccoli and Cheese	Supper: 4:45pm Grilled Cheese Sandwich Potato Chips Mixed Vegetables Melon Cup  Soup of the Day Tomato	Supper: 4:45pm Pork Egg Roll Asian Rice Oriental Blend Vegetables Fruit Cocktail  Soup of the Day Vegetable