Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cycle 5	28-Sep	29-Sep	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
Breakfast	French Toast	Banana Choc Chip Muffin	Danish	Sausage Gravy w/Biscuit	Banana	Coffee Cake	Pancake
	Blueberry Sauce	Strawberry Peach Cup	Diced Pears	Fruit Cocktail	Hashbrowns	Raspberry Pear Cup	Strawberry Sauce
	Fruit Cup						Strawberry Banana Cup
Dinner	Roast Beef	Cream Garlic Shrimp	Hamburger Gravy	Smoked Pork Loin	Spaghetti w/Meat Sauce	Cajun Baked Fish	Italian Baked Chicken
	Mashed Potato	Buttered Noodles	Mashed Potatoes	Stuffing	Garlic Bread	Roasted Red Potatoes	Rice Pilaf
	Beef Gravy	Buttered Broccoli	Glazed Carrots	Buttered Cauliflower	Butter Wax Beans	Buttered Green Peas	California Blend Vegetables
	Buttered Corn	Garlic Breadstick	Puff Pastry Blueberry	Mixed Berry Buckle	Frosted Choc Cake	Dinner Roll	Strawberry Rhubarb Crumble
	Dinner Roll	Peach Cobbler	Shortcake			Sherbet	
	Fruit Pie						
Supper	Ham Salad Sandwich	Chili Dog	Chicken & Broccoli	Egg Salad Sandwich	Creamed Chicken	Sloppy Joes w/Bun	Hamburger Hotdish
	Vegetable Soup	Coleslaw	Hotdish	Tomato/Lettuce	Biscuit	Pickles	Buttered Carrots
	3 Bean Salad	Potato Chips	Brussel Sprouts	Vegetable Beef Soup	Buttered Beets	Buttered Corn	Garlic Breadstick
	Mandarin Orange Fluff	Yogurt and Berries	Mixed Fruit Cup	Blondie Bar	Fruited Gelatin	Strawberry Fluff	Brownie

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cycle 5	5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Breakfast	Blueberry Muffin	American Fries	Corned Beef Hash	French Toast	Cinnamon Roll	Hashbrown Egg Bake	Pancakes
	Strawberries	Diced Peaches	Pears	Raspberry Sauce	Strawberries	Diced Peaches & Pears	Applesauce
				Banana			
Dinner	Grilled Brats w/Bun	Honey Mustard Chicken	Lasagna	Smothered Pork Chops	Country Fried Steak	Beer Battered Fish	Meatloaf
	Sauerkraut	Roasted Potatoes	Buttered Asparagus	Parm Rst Red Potatoes	Milk Gravy	Lemon Wedges	Au Gratin Potatoes
	Roasted Pramesan	Buttered Green Beans	Garlic Breadstick	Garlic Broccoli	Glazed Sweet Potatoes	French Fries	Broccoli Salad
	Cauliflower	Buckeye Brownies	Sherbet	Cherry Cheesecake	Buttered Corn	Creamy Coleslaw	Cookie
	Mac & Cheese				Frozen Strawberry Dessert	Rhubarb Strawberry Crisp	
	Banana Cream Pie						
Supper	2 Cheese Grilled Cheese	Shredded Beef w/Bun	Tempura Shrimp	Cheeseburger Hotdish	Chicken Drumstick	Pork Riblet w/Bun	Chicken Tenders
	Tomato Soup	Baked Beans	Rice Pilaf	California Vegetable Blend	Dilled Zucchini	Onion Rings	BBQ Beans
	Cottage Cheese	Cucumber Tomato Salad	Cocktail Sauce	Diced Pears	Bacon Ranch Salad	Buttered Wax Beans	Honey Rst Carrot & Brussel
	Mandarin Orange Gelatin	Peach Cobbler	Garden Macaroni Salad	Ice Cream	Blueberry Dump Cake	Apple Turnover	Sprouts
	Salad		Pistachio Salad				Strawberry Fluff

Week 3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cycle 5	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
Breakfast	Egg Benedict Bake	Blueberry Cinnamon Roll	French Toast	Caramel Coffee Cake	Hashbrowns	Sausage Gravy w/Biscuit	Pancakes
	Banana	Strawberry Peach Cup	Strawberry Sauce	Fruit Cocktail	Banana	Fruit Cocktail	Raspberry Sauce
			Strawberry Cup				Banana
Dinner	Pork Roast	BBQ Chicken Quarter	Tater Tot Hotdish	Ham Loaf	Hamburger Gravy	Lemon Dill Fish	Teriyaki Chicken
	Mashed Potatoes	Baked Beans	Buttered Peas	Glazed Sweet Potatoes	Mashed Potatoes	Garlic Mashed Potatoes	Fried Rice
	California Vegetable Blend	Glazed Carrots	Side Salad	Dilled Carrots	Cheesy Cauliflower	Buttered Peas & Carrots	Mushroom Zucchini Stir Fry
	Dinner Roll	Blueberry Oatmeal Bar	Raspberry Cream Dream	Bread Pudding	Spiced Apples	Brownies	Chocolate Pudding
	Fruit Pie		Bars				
Supper	Turkey & Swiss Sub	Beef Pot Roast Soup	Bacon Wrapped Hotdogs	Crab Pasta Salad	Chicken Sandwich	Cheeseburger Sliders	Pulled Pork
	Tomato/Onion/Lettuce	Roasted Broccoli	w/Bun	Buttered Asparagus	Lettuce/Tomato	Lettuce/Tomato/Onion	BBQ Sauce
	Pickle	Chocolate Cake	Onion Rings	Cheddar Biscuit	Roasted Red Potatoes	French Fries	Mac & Cheese
	Italian Pasta Salad		Potato Salad	Cookie	Fruited Gelatin	Calico Beans	Garlic Broccoli
	Vanilla Pudding		Ice Cream			Ice Cream	Gelatin Poke Cake

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cycle 5	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
Breakfast	French Toast	Hash Brown Skillet	Corned Beef Hash	Cinnamon Roll	Danish	Pancakes	Hashbrowns
	Mixed Berry Sauce	Banana	Diced Peaches	Melon Cup	Strawberry Banana Cup	Mixed Berry Sauce	Banana
	Mixed Fruit					Blueberry Melon Cup	
Dinner	Baked Ham	BLT Sandwich	Pizza	Mushroom Swiss Chicken	Meatballs	Maple Glazed Salmon	Boneless Country Style Ribs
	Au Gratin Potatoes	Macaroni Salad	Side Salad	Lemon Herb CousCous	Mashed Potatoes	Rice Pilaf	BBQ Ssauce
	California Blend Vegetables	Cottage Cheese	Honey Glazed Carrots	Garlic Broccoli	Gravy	Creamed Peas	Calico Beans
	Dinner Roll	Tater Tots	Strawberry Oatmeal Bar	Frozen Strawbry Dessert	Buttered Beets	Blondie Bar	Coleslaw
	Cream Pie	Gelatin Poke Cake			Dinner Roll		Cherry Pie Bar
		Ice Cream			Carrot Cake		
Supper	Tuna Noodle Hotdish	Hearty Veg Beef Dumpling	Chicken Parmesan Sliders	Hot Ham & Cheese Sliders	Taco Chicken Breast	Kielbasa	Goulash
	Creamy Cucumber Salad	Soup	French Fries	Tomato Soup	Mango Salsa	Potato Pancakes	Buttermilk Biscuit
	Cookies	Diced Pears	Buttered Green Beans	Buckeye Brownies	Tater Tots	Cauliflower	Buttered Green Beans
		Banana Cake	Chocolate Pudding		Buttered Wax Beans	Gelatin	Diced Pears
					Cheesecake Brownies		