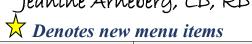
Spring/Summer 2025

Jeanine Arneberg, LD, RDN

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.



Monday 10/20/2025	Tuesday 10/21/2025	Wednesday 10/22/2025	Thursday 10/23/2025	Friday 10/24/2025	Saturday 10/25/2025
Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Hash Brown Patty or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Sausage Links Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Blueberry Oatmeal or Malt-O-Meal Waffles & Syrup or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Oatmeal or Cream of Wheat S.O.S on Toast or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cheesy Corn Grits Pork Bacon Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Pancakes & Syrup or Wheat Toast & Jelly
Lunch: 12:15pm	Lunch: 12:15pm	Lunch: 12:15pm	Lunch: 12:15pm	Lunch: 12:15pm	Lunch: 12:15pm
Cabbage Roll or Chicken Thigh Sweet Potato Fries or Mashed Potatoes/Gravy Wax Beans or Diced Carrots Wheat Bread Grapes or Canned Fruit Soup of the Day Minestrone	Beef Soft Shell Tacos or Salmon Patty w/ Dill Sauce Spanish Rice or Mashed Potatoes/Gravy Corn or Spinach Cherry Whip or Canned Fruit Soup of the Day Cheesy Chicken Enchilada	Pork Loin w/ Onion Gravy or Bologna Sandwich w/ lettuce, tomato, pickles Mashed Potatoes/Gravy or Potato Chips Mixed Vegetables or Fresh Cauliflower/ Ranch Wheat Bread Devil's Food Cake w/ Fruit Glaze or Canned Fruit Soup of the Day Cream of Broccoli Cheddar	Sloppy Joe on a Bun or Bratwurst on a Bun Potato Chips or Mashed Potatoes/Gravy Zucchini or Baked Beans Ambrosia Salad or Canned Fruit Soup of the Day Chicken Wild Rice	Cheeseburger on Bun or Cod Fillet with Mashed Potatoes/Gravy Prince Edward Blend or Roasted Cauliflower Wheat Bread Apricots or Canned Fruit Soup of the Day Vegetable Noodle	Beef Meatballs w/ Gravy or Egg Salad Sandwich Mashed Potatoes/ Gravy Or Potato chips Diced Beets or Normandy Blend Wheat Bread Crème Brulé or Canned Fruit Soup of the Day White Chicken Chili
Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm
Fish Square on Bun or Buffalo Chicken Wrap Baked Beans or Mashed Potatoes/Gravy Creamy Coleslaw or V8 juice Chocolate Ice Cream or Canned Fruit Soup of the Day Minestrone	Beef Fritter w/ Gravy or Cheesy Quesadilla Pizza Mashed Potatoes/ Gravy Pickled Beets or Green Beans Wheat Bread Watermelon or Canned Fruit Soup of the Day Cheesy Chicken Enchilada	or Hamburger Steak Deviled Potato Salad or Mashed Potatoes w/ Gravy Lettuce, Radish, Cucumber Salad or Broccoli Wheat Bread Applesauce or Canned Fruit Soup of the Day Cream of Broccoli Cheddar	or Chicken Salad Sandwich Parmesan Pasta or Mashed Potatoes/Gravy Snap Peas or Diced Rutabaga Wheat Bread Fruit Salad or Canned Fruit Soup of the Day	Polish Sausage Or Herb Baked Chicken Oven Roasted Potatoes or Mashed Potatoes/Gravy Midwest Blend Veg. or Diced Beets Wheat Bread Cheesecake w/ Strawberry Glaze or Canned Fruit Soup of the Day Vegetable Noodle	Chicken Tenders or Roast Beef Sandwich w/ lettuce, tomato, pickles Mashed Potatoes/Gravy Peas or Fresh Carrots w/ Ranch Dressing Gelatin or Canned Fruit Soup of the Day White Chicken Chili
	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Hash Brown Patty or Wheat Toast & Jelly Lunch: 12:15pm Cabbage Roll or Chicken Thigh Sweet Potato Fries or Mashed Potatoes/Gravy Wax Beans or Diced Carrots Wheat Bread Grapes or Canned Fruit Soup of the Day Minestrone Supper: 5:30pm Fish Square on Bun or Buffalo Chicken Wrap Baked Beans or Mashed Potatoes/Gravy Creamy Coleslaw or V8 juice Chocolate Ice Cream or Canned Fruit	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Hash Brown Patty or Wheat Toast & Jelly Lunch: 12:15pm Cabbage Roll or Chicken Thigh Sweet Potato Fries or Mashed Potatoes/Gravy Wax Beans or Diced Carrots Wheat Bread Grapes or Canned Fruit Soup of the Day Minestrone Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Sausage Links Wheat Toast & Jelly Lunch: 12:15pm Beef Soft Shell Tacos or Salmon Patty w/ Dill Sauce Spanish Rice or Mashed Potatoes/Gravy Corn or Spinach Cherry Whip or Canned Fruit Soup of the Day Cheesy Chicken Enchilada Supper: 5:30pm Fish Square on Bun or Buffalo Chicken Wrap Baked Beans or Mashed Potatoes/Gravy Creamy Coleslaw or V8 juice Chocolate Ice Cream or Canned Fruit Soup of the Day Minestrone Supposition Juice Mashed Potatoes/ Gravy Pickled Beets or Green Beans Wheat Bread Watermelon or Canned Fruit Soup of the Day Cheesy Chicken	Breakfast: 7:30am Fruit Juice Fried Eggs Or Scrambled Eggs Or Scrambled Eggs Or Malt-O-Meal Hash Brown Patty or Wheat Toast & Jelly Lunch: 12:15pm Cabbage Roll or Chicken Thigh Sweet Potato Fries or Mashed Potatoes/Gravy Wax Beans or Diced Carrots Wheat Bread Grapes Or Canned Fruit Soup of the Day Minestrone Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs or Scrambled Eggs or Malt-O-Meal Waffles & Syrup or Wheat Toast & Jelly Unch: 12:15pm Pork Loin w/ Onion Gravy or Bologna Sandwich w/ lettuce, tomato, pickles Mashed Potatoes/Gravy Or Potato Chips Mixed Vegetables or Fresh Cauliflower/ Ranch Wheat Bread Devil's Food Cake w/ Fruit Glaze or Canned Fruit Soup of the Day Cream of Broccoli Cheddar Supper: 5:30pm Mini Corn Dogs or Hamburger Steak Deviled Potatoes w/ Gravy Pickled Beets or Graned Fruit Soup of the Day Or Mashed Potatoes Gravy Pickled Beets or Canned Fruit Soup of the Day Or Mashed Potat	Breakfast: 7:30am Fruit Juice Fruit Juice Fruit Juice Scrambled Eggs Scrambled Eggs Oatmeal Or Malt-O-Meal Hash Brown Patty Or Wheat Toast & Jelly Lunch: 12:15pm Cabbage Roll Chesy Or Salmon Patty Wax Beans Or Diecd Carrots Wheat Bread Cherry Whip Or Canned Fruit Soup of the Day Or Signace Soup of the Day Or Signace Soup of the Day Or Canned Fruit Soup of the Day Or C	Breakfast: 7:30am Fruit Juice Grammel Gr

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Week 1 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS

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Spring/Summer

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2025

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

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Sunday 10/19/2025	Monday 10/20/2025	Tuesday 10/21/2025	Wednesday 10/22/2025	Thursday 10/23/2025	Friday 10/24/2025	Saturday 10/25/2025
Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Hard-Boiled Eggs or Scrambled Eggs Oatmeal or Corn Grits Bagel w/ Cream Cheese or Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Egg Bake or Scrambled Eggs French Toast or Soufflé Wheat Toast & Jelly Oatmeal or Corn Grits	Breakfast: 6:45am Fruit Juice Hard-Boiled Eggs or Scrambled Eggs Oatmeal or Malt O Meal Biscuits and Gravy or Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Cheesy Scrambled Eggs or Hard-Boiled Eggs Cream of Wheat or Oatmeal Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Corn Grits Wheat Toast & Jelly Bacon	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Cinnamon Raisin Toast or Wheat Toast & Jelly
Lunch: 11:45am	Lunch: 11:45am	Lunch: 11:45am	Lunch: 11:45am	Lunch: 11:45am	Lunch: 12:00pm	Lunch: 11:45am
Honey Ham Au Gratin Potatoes Green Beans Wheat Bread Assorted Pie Soup of the day Cream of Potato	Cheeseburger on a Bun Lettuce, Tomato, Onion French Fries Grapes Soup of the day Chicken Noodle	Chicken Tacos (soft or hard shell) Cheesy Fiesta Rice Corn Canned Fruit Soup of the day Garden Vegetable	Meatballs w/Gravy Egg Noodles Chef's Choice Vegetable Wheat Roll Cherry Cheesecake Soup of the day Chicken Wild Rice	Sloppy Joe on Bun Potato Chips Roasted Broccoli Pear Mousse Soup of the day Beef Barley	BBQ Picnic in Dining Room	Smothered Pork Chops Mashed Potatoes w/Gravy Wax Beans Wheat Bread Melon Cup Soup of the day Chefs Choice
Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm
Beef Chili w/Cheese & Sour Cream Broccoli Corn Bread or Wheat Bread Strawberries Soup of the day Cream of Potato	Buffalo Chicken Wrap Potato Chips Creamy Coleslaw Cookies & Cream Mousse Soup of the day Chicken Noodle	Beef Fritter with Country Gravy Baked Potato w/ Sour Cream Green Beans Cookie Soup of the day Garden Vegetable	Mini Corn Dogs Deviled Potato Salad Diced Carrots Watermelon Soup of the day Chicken Wild Rice	Kielbasa Sausage Potato Cubes Cauliflower Wheat Bread Lemon Poke Cake Soup of the day Beef Barley	Tuna Salad on a Croissant Parmesan Pasta Salad Sweet Corn Fruit Salad Soup of the day Chicken Dumpling	Chicken Tenders w/ Ranch or BBQ Macaroni Salad Peas Ice Cream Soup of the day Chefs Choice

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