		Ienu subject to change and notice				Denotes new menu items
Sunday 10/12/2025	Monday 10/13/2025	Tuesday 10/14/2025	Wednesday 10/15/2025	Thursday 10/16/2025	Friday 10/17/2025	Saturday 10/18/2025
Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Fried Eggs	Fried Eggs or	Hard Boiled Eggs	Scrambled Eggs	Cheesy Scrambled Eggs	Hard Boiled Eggs or	Scrambled Eggs
or Scrambled Eggs	Scrambled Eggs	or Scrambled Eggs	or Hard-Boiled Eggs	or Scrambled Eggs	Scrambled Eggs	or Hard-Boiled Eggs
Oatmeal	Oatmeal	Oatmeal	Sausage Links	Oatmeal or	Oatmeal	Oatmeal or
or Corn Grits	Or Malt-O-Meal	or Cream of Wheat	Oatmeal	Cream of Wheat	or Corn Grits	Malt-O-Meal
Bagel w/ Cream Cheese	French Toast/ Syrup	Sausage Gravy & Biscuit	or Cream of Wheat	Toasted English Muffin	Pork Bacon	Wheat Toast & Jelly
or Wheat Toast/Jelly	Wheat Toast & Jelly	or Wheat Toast & Jelly	Wheat Toast & Jelly	or Wheat Toast & Jelly	Wheat Toast & Jelly	,
Lunch: 12:15pm	Lunch: 12:15pm	Lunch: 12:15pm	Lunch: 12:15 pm	Lunch: 12:15 pm	Lunch: 12:15pm	Lunch: 12:15pm
Beef Roast	Beef Ravioli Marinara	Pork Carnitas Bake	Hamburger on a Bun w/	Tater Tot Casserole	Hot Dog on a Bun	Chicken Ala King
or BBQ Meatballs	or Bologna Sandwich w/	or Deli Chicken	L/T/O, pickle	or Pork Steak &	or Fish Square/Bun &	over a Biscuit
Mashed Potatoes & Gravy	lettuce/tomato &	Sandwich	or Breaded Pork Patty	Mashed Potatoes/Gravy	Mashed/Gravy	or Salisbury Steak
Monte Carlo Blend	Mashed Potatoes/Gravy	Tortilla Chips	Potato Salad	Creamed Corn	Potato Chips	& Mashed Potatoes
or Collard Greens	Breadstick	or Mashed/Gravy	or Mashed Potatoes	or Brussels Sprouts	7- Layer Salad	Stewed Tomatoes
Dinner Roll	Italian Vegetable	Cowboy Caviar	Green Beans	Wheat Bread	or Pickled Beets	or Mashed Squash
Assorted Cream Pie	Blend	or Diced Carrots	or Lima Beans	Crushed Pineapple	Pickle Spear	Mango
or Canned Fruit	or Diced Rutabaga	Sugar Cookie Fruit Tart	Fruit Cocktail	or Canned Fruit	Marble Swirl Ice Cream	or Canned Fruit
Soup of the Day	Lemon Cake	or Canned Fruit	or Canned Fruit	3 S 3	or Canned Fruit	\$S\$
Cheeseburger	or Canned Fruit	3S3	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
2110120012801	Soup of the Day	Soup of the Day	French Onion	Bean and Bacon	Cream of Potato	Chicken Gumbo
	Navy Bean and Ham	Chicken Cordon Bleu			Cream of Folato	
Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm	Supper: 5:30pm
Hot Open-Faced	Pulled Chicken	Meatball Marinara &	Basil Baked Cod	Egg Salad on Croissant	Lemon Pepper Fish	BBQ Riblet
Turkey Sandwich	Sandwich	Mozzarella Sub	or Beef Stuffed Peppers	w/ Lettuce Leaf	or Turkey Patty	or Chicken Thigh
or Salmon w/ Dill Sauce	or Black Bean Burger	or Baked Ham	Baked Potato	or BBQ Chicken Breast	w/ Gravy	Bacon Cheddar Mashed
Mashed	French Fries or	Potato Cubes or Mashed	or Mashed	Potato O'Brien	Mashed Potatoes/Gravy	Potatoes
Potatoes/Gravy		Potato/Gravy	Potatoes/Gravy	or Mashed Potato/Gravy	Fried Okra	or Mashed w/ Gravy
or Buttered Egg Noodles	Mashed Potatoes/Gravy	Cranberry Cole Slaw	Harvard Beets or	Fresh Carrots w/	or Cauliflower	Creamy Cucumber, Onion
Peas	Creamy Coleslaw	or Zucchini	Fresh Cold Snap Peas	Ranch or Broccoli	Wheat Bread	Tomato Salad
or Diced Beets	or Diced Carrots	Wheat Bread	Wheat Bread	Wheat Bread	Grapes	or Diced Carrots
Blueberries w/ topping	Lime Gelatin & Pears	Pineapple Upside Down	Mandarin Orange	Orange Italian Ice	Or Canned Fruit	Wheat Bread
or Canned Fruit	or Canned Fruit	Cake	Gelatin Salad	or Canned Fruit	Some of the Day	Oatmeal Raisin Cookie
Soup of the Day	Soup of the Day	or Canned Fruit	or Canned Fruit	3Ss C C1 D	Soup of the Day	or Canned Fruit
1		Soup of the Day	Soup of the Day	Soup of the Day	Cream of Potato	Soup of the Day
Cheeseburger	Navy Bean and Ham	Chicken Cordon Bleu	French Onion	Bean and Bacon		Chicken Gumbo
22	23	24	25	26	27	28

Week 4 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS

Spring/ Summer

Jeanine Arneberg, LD, RDN

Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Menu subject to change and notice posted.

Denotes new menu items

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 10/12/2025	Monday10/13/2025	Tuesday 10/14/2025	Wednesday 10/15/2025	Thursday 10/16/2025	Friday 10/17/2025	Saturday 10/18/2025
Breakfast: 6:45am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Bagel w/ Cream Cheese or Wheat Toast/Jelly Oatmeal or Corn Grits	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Bacon Wheat Toast & Jelly Oatmeal or Cream of Wheat	Breakfast: 6:45am Fruit Juice Denver scramble or Hard Boiled Eggs French Toast or Soufflé Wheat Toast & Jelly Malt-O-Meal or Oatmeal	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Wheat Toast/Jelly Sausage Links Oatmeal or Corn Grits	Breakfast: 6:45am Fruit Juice Egg and Cheese Muffin or Baked Eggs Cream of Wheat or Oatmeal Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Sausage Gravy & Biscuit or Wheat Toast/Jelly Oatmeal or Cream of Wheat	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Wheat Toast & Jelly Oatmeal or Cream of Wheat
Lunch: 11:45 am Beef Pot Roast Homemade Mashed Potatoes w/Gravy Prince Edwards Vegetable Blend Wheat Bread Assorted Pie Soup of the day Cream of Potato	Lunch: 11:45 am Beef Ravioli w/Marinara Mixed Vegetables Garlic Bread Blondie Bar Soup of the day Chicken Noodle	Lunch: 12:00 pm Fried Chicken in L.L Lounge Soup of the day Garden Vegetable	Lunch: 11:45 am Hamburger on a Bun w/ Lettuce, Tomato & Onion French Fries Green Beans Fruit Pizza Soup of the day Chicken Wild Rice	Lunch: 11:45 am Tater Tot Casserole Diced Carrots Wheat Bread Crushed Pineapple Soup of the day Beef Barley	Lunch: 11:45 am Bratwurst on a Bun Potato Chips 7- Layer Salad Pickle Spear Oatmeal Raisin Cookie Soup of the day Chicken Dumpling	Lunch: 11:45 am Chicken Ala King over a Biscuit Lima Beans Mangos Soup of the day Chefs Choice
Supper: 4:45 pm Pork Fritter w/ Country Gravy Buttered Egg Noodles Peas Wheat Bread Blueberries w/ topping Soup of the day Cream of Potato	Supper: 4:45 pm Pork Carnitas Tacos Bean dip with Corn Chips Creamed Corn Fruit Cocktail Soup of the day Chicken Noodle	Supper: 4:45 pm Meatball Marinara Sub w/ Mozzarella Potato Cubes Creamy Coleslaw Pineapple Upside Down Cake Soup of the day Garden Vegetable	Supper: 4:45 pm Stuffed Green Peppers Cauliflower Wheat Bread Mandarin Orange Gelatin Salad Soup of the day Chicken Wild Rice	Supper: 4:45 pm Egg Salad on Croissant w/ Lettuce Leaf O'Brien Potatoes Fresh Carrot Sticks & Ranch Dip Pears Soup of the day Beef Barley	Supper: 4:45 pm Open Faced Turkey Sandwich Mashed Potatoes w/Gravy Mixed Vegetables Fresh Grapes Soup of the day Chicken Dumpling	Supper: 4:45 pm BBQ Riblet on Bun Bacon Cheddar Mashed Potatoes Creamy Cucumber Salad w/ Onions & Tomatoes Marble Ice Cream Soup of the day Chefs Choice