Breakfast: 7:30am   Fruit Juice   Fruit Ju	Coffee, Milk and Margarine wil						
Fruit Juice Prid Egs or Scrambled Egs Outmeal or Mali-Ci-Meal Cherry Strudel Stick or Wheat Toast & Jelly  Lunch: 12:15pm Turkey Roast Or Baked Ham Revad Stuffing or Mashad Potatoes Gravy Diced Carrots or Asparagus Dinner Roll Rhubarb Pic or Canned Fruit Soup of the Day Vegstable Beef Supper: 5:30pm Saray Full Stand Or Granned Fruit Soup of the Day Vegstable Beed Fruit Juice Scrambled Egs or Sc	Sunday 10/05/2025	<b>Monday 10/06/2025</b>	<b>Tuesday 10/07/2025</b>	Wednesday 10/08/2025	Thursday 10/09/2025	Friday 10/10/2025	Saturday 10/11/2025
Turkey Roast Or Baked Ham Bread Stuffing or Mashed Potatocs/Gravy Diced Carrots or Asparagus Dinner Roll Rhubarb Pic or Canned Fruit Soup of the Day Vegetable Beef Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad or Canned Fruit Soup of the Day Vegetable Beef Creamy Fruit Salad Or Canned Fruit Soup of the Day Creamy Tomato Creamy Fruit Salad Or Canned Fruit Soup of the Day Creamy Tomato Creamy Fruit Salad Or Canned Fruit Soup of the Day Creamy Tomato Creamy Fruit Salad Or Canned Fruit Soup of the Day Creamy Tomato Creamy Fruit Salad Or Canned Fruit Soup of the Day Creamy Tomato Creamy Fruit Salad O	Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Cherry Strudel Stick	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal	Fruit Juice Denver Scrambled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Toasted English Muffin	Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Grits Blueberry Muffin	Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat French Toast/ Syrup	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Grits Pork Bacon	Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal
Brat Patty on a Bun w/ Lettuce/Tomato or Baked Fish Or Baked Fish Or Baked Form on a Cob Or Green Beans Wheat Bread Creamy Fruit Salad or Canned Fruit  Soup of the Day Vegetable Beef  Beef Lasagna or Chicken Breast w/ Mashed Potatoes/Gravy Italian Blend Veg. Or Baked Fish Or Chicken Wrap Potato Chips or Mashed Potatoes/Gravy Italian Blend Veg. Or Mashed Potatoes/Gravy Italian Blend Veg. Or Green Beans Wheat Bread Or Canned Fruit  Soup of the Day Vegetable Beef  Beef Lasagna or Chicken Breast w/ Mashed Potatoes/Gravy Italian Blend Veg. Or Broccoli Or Canned Fruit Or Baked Fish & Mashed Potatoes/Gravy Italian Blend Veg. Or Or Canned Fruit Or Baked Fish & Mashed Potatoes/Gravy Italian Blend Veg. Or Mashed Potatoes/Gravy Italian Blend Veg. Or Or Canned Fruit Or Diced Beets Or Canned Fruit Or Canned Fruit Or Diced Beets Or Canned Fruit Or Canned F	Turkey Roast Or Baked Ham Bread Stuffing or Mashed Potatoes/Gravy Diced Carrots or Asparagus Dinner Roll Rhubarb Pie or Canned Fruit Soup of the Day Vegetable Beef	Polish Sausage w/ Sauerkraut on a Bun or Salmon Fillet w/ Dill Sauce & Mashed Potatoes/Gravy Creamy Coleslaw or Peas & Carrots Wheat Bread Red Velvet Cake or Canned Fruit Soup of the Day Turkey Chili	Chicken Chimichanga or BBQ Meatballs Spanish Rice or Mashed Potatoes/Gravy Confetti Corn or Fresh Broccoli/Ranch Wheat Bread Strawberry Shortcake or Canned Fruit Soup of the Day Chicken and Dumpling	Oven Fried Chicken or Ground Sausage in Alfredo Sauce Mashed Potatoes/Gravy or Buttered Penne Noodles Stewed Tomatoes or Lima Beans Wheat Bread Peanut Butter Cookie or Canned Fruit Soup of the Day Creamy Tomato	Beef & Sausage Spaghetti or Turkey Patty on Bun Green Beans or Mashed Squash Garlic Toast Peach Cobbler or Applesauce Soup of the Day Beef and Barley	Meatballs w/ Onion Gravy or Salami Sandwich Mashed Potatoes & Gravy or Potato Chips Mixed Vegetables or Peas Wheat Bread Grapes or Canned Fruit Soup of the Day Sausage and White Bean	Mushroom & Swiss Burger or Liver & Onions Onion Rings or Mashed Potatoes/Gravy Baked Beans or Broccoli Brownie or Canned Fruit Soup of the Day Turkey Noodle
Chicken and Dumpling	Brat Patty on a Bun w/ Lettuce/Tomato or Baked Fish Calico Beans or Mashed Potatoes/Gravy Corn on a Cob or Green Beans Wheat Bread Creamy Fruit Salad or Canned Fruit Soup of the Day	Beef Lasagna or Chicken Breast w/ Mashed Potatoes/Gravy Italian Blend Veg. or Broccoli Breadstick or Wheat Bread Apricots or Canned Fruit	Hot Dog on a Bun or Buffalo Chicken Wrap Potato Chips or Mashed Potatoes w/ Gravy Loaded Cauliflower Salad or Brussels Sprouts Pickle Spear Fruited Jell-O Salad or Canned Fruit	Grilled Hot Ham & Cheese Sandwich or Chicken Thighs Crinkle Cut Fries or Mashed Potatoes/Gravy Broccoli or Diced Beets Orange Sherbet Bar or Canned Fruit Soup of the Day Creamy Tomato	Baked Tuna Pasta or BBQ Pork Riblet Pretzels or Mashed Potatoes/Gravy 3 Bean Salad or Cauliflower Cantaloupe or Canned Fruit Soup of the Day Beef and Barley	Crispy Chicken Sandwich or Baked Fish & Mashed Potatoes/Gravy Cucumber Salad w/ onion & feta or Asparagus Wheat Bread Vanilla Cupcake w/ Frosting or Canned Fruit Soup of the Day Sausage and White Bean	Pork Egg Roll or Turkey SW w/ LTO Asian Fried Rice or Mashed Potato/Gravy Oriental Blend Veg or Diced Carrots Wheat Bread Mangos or Canned Fruit Soup of the Day

## **Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS**

2025-2026

Spring/Summer

Jeanine Arneberg, RDN, LD

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted.

Denotes new menu items

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 10/05/2025	Monday 10/06/2025	Tuesday 10/07/2025	Wednesday 10/08/2025	Thursday 10/09/2025	Friday 10/10/2025	Saturday 10/11/2025
Breakfast: 6:45am Fruit Juice Scrambled Egg or Fried Egg Wheat Toast w/ Jelly Oatmeal or Cream of Wheat	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Wheat Toast & Jelly Oatmeal or Grits	Breakfast: 7:00am  Breakfast made to order in the First Floor Lounge	Breakfast: 6:45am Fruit Juice Breakfast Sandwich or Wheat Toast/ Jelly & Scrambled Eggs Oatmeal or Malt O Meal	Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Cream of Wheat Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Cheesy Scrambled Eggs Or Hard Boiled Eggs Wheat Toast & Jelly Bacon Oatmeal or Grits	Breakfast: 6:45am Fried egg or Hard Boiled Eggs Fruit Juice Oatmeal or Cream of Wheat Waffles w/ Syrup or Wheat Toast & Jelly
Lunch: 11:45am	Lunch: 11:45am	Lunch: 11:45am	<b>Lunch: 11:45am</b>	Lunch: 11:45am	Lunch: 12:00pm	Lunch: 11:45am
Baked Ham Scalloped Potatoes Diced Carrots Dinner Roll Cream Pie Soup of the day Cream of Potato	Cabbage Roll Sweet Potato Fries Green Beans Tropical Fruit Jell-O  Soup of the day Chicken Noodle	Chicken Enchilada Spanish Rice Confetti Corn Strawberry Shortcake Soup of the day Garden Vegetable	Crispy Chicken Patty on a Bun Lettuce, Tomato, Onion Loaded Mashed Potatoes Strawberries w/Whipped Topping Soup of the day Chicken Wild Rice	BBQ Pork Riblet on a Bun O'Brien Potatoes Creamy Coleslaw Orange Sherbet Bar  Soup of the day Beef Barley	Tuna Salad on a Croissant Potato Chips Cucumber Salad w/ onion & feta Frosted Cupcake Soup of the day Chicken Dumpling	Cheeseburger on a Bun French Fries Chefs Choice Vegetable Brownie  Soup of the day Chefs Choice
Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm
Brat Patty on a Bun w/Lettuce, Tomato Calico Beans Sweet Corn Creamy Fruit Salad	Vegetable Lasagna X Italian Blend Veg. Breadstick Grapes	Mini Corn Dogs Potato Salad Broccoli Melon Cup	Grilled Ham and Cheese French Fries Chefs Choice Vegetable Peanut Butter Cookie	Personal 3 Meat Pizza Italian Blend Vegetable Breadstick Cantaloupe	Pork Egg Roll White Rice Oriental Blend Vegetables Chefs Choice Dessert	Baked Chicken Rice pilaf Stewed Tomatoes Mangos
Soup of the day Cream of Potato	Soup of the day Chicken Noodle	Soup of the day Garden Vegetable	Soup of the day Chicken Wild Rice	Soup of the day Beef Barley	Soup of the day Chicken Dumpling	Soup of the day Chefs Choice