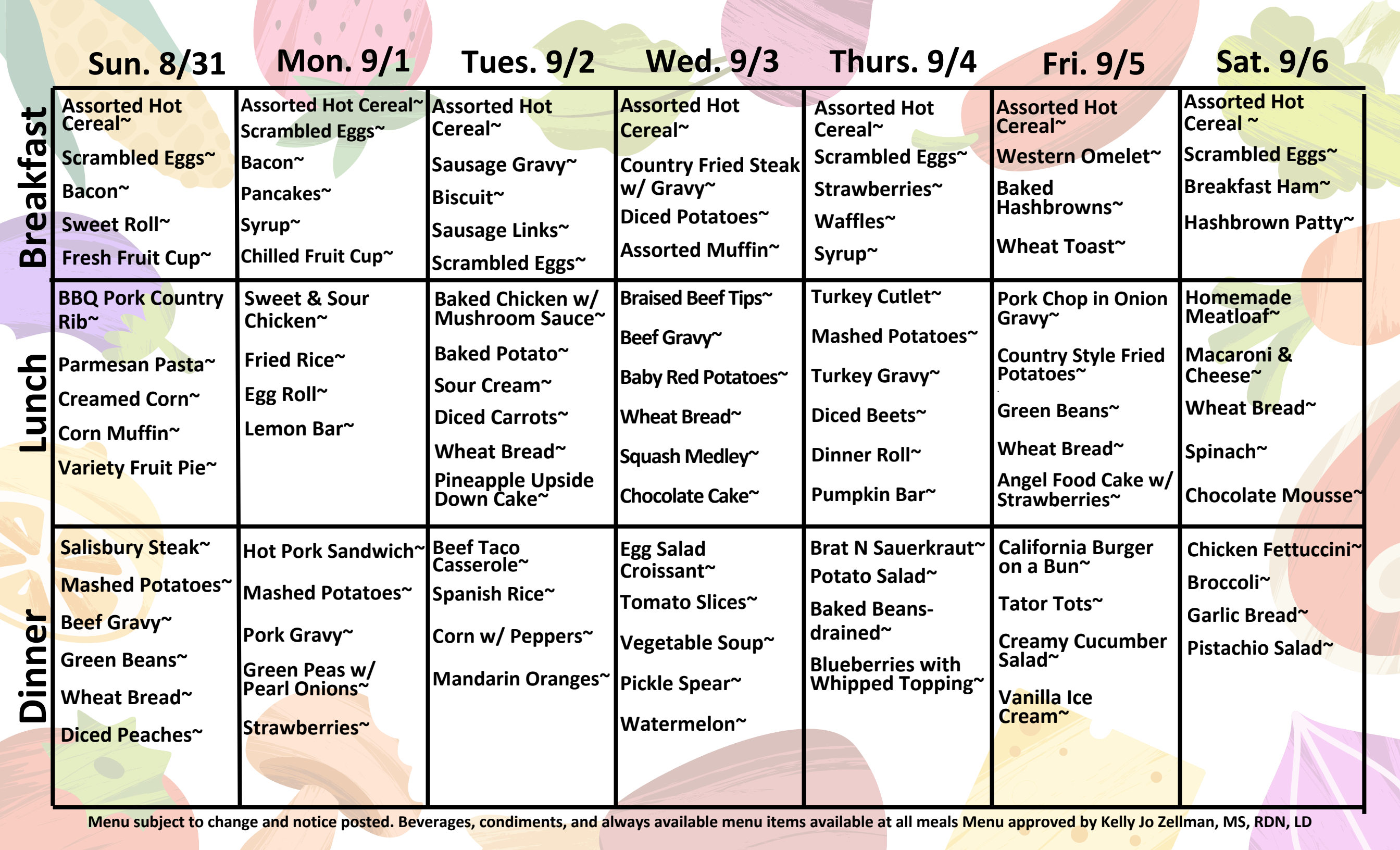


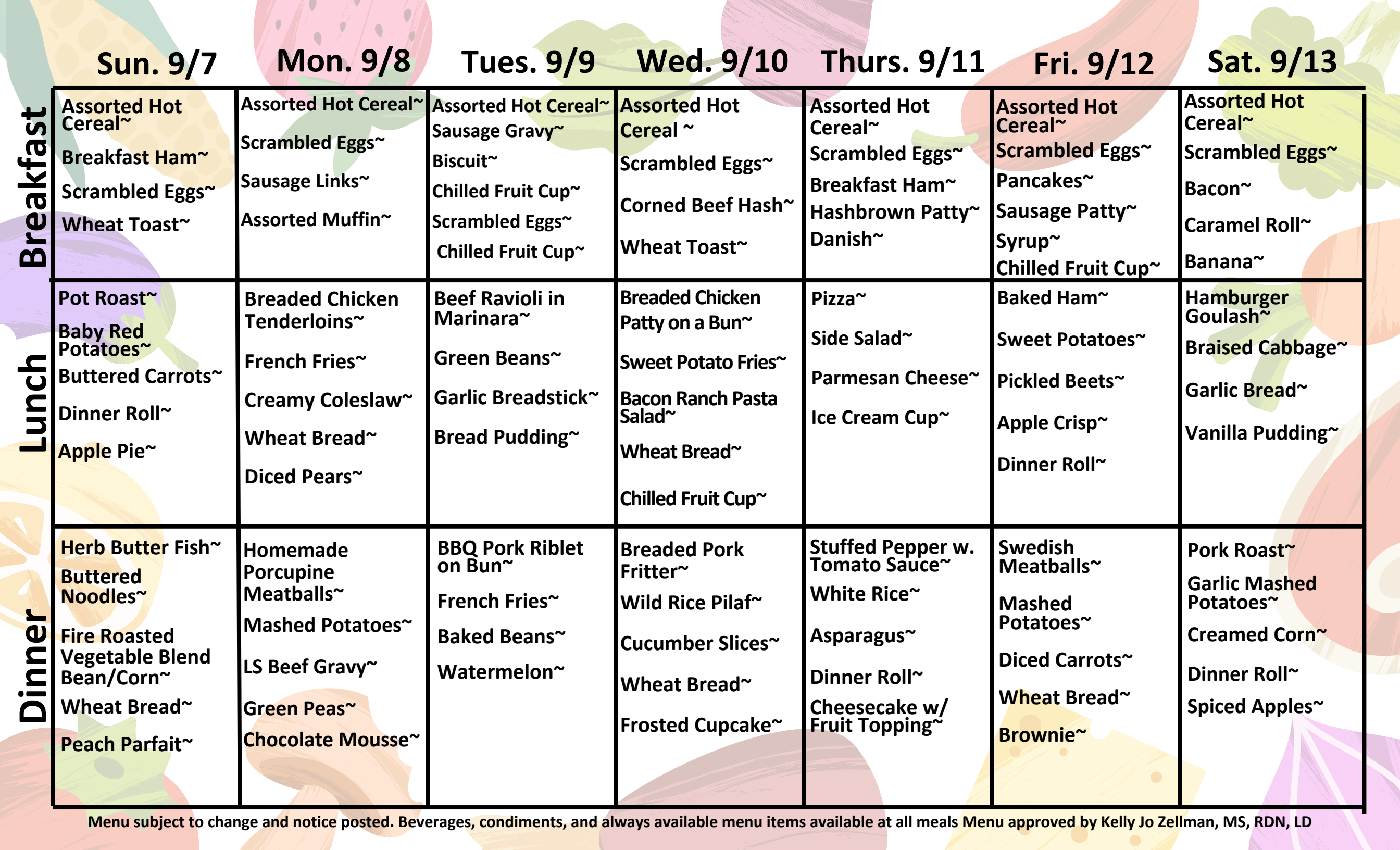


Breakfast

Lunch

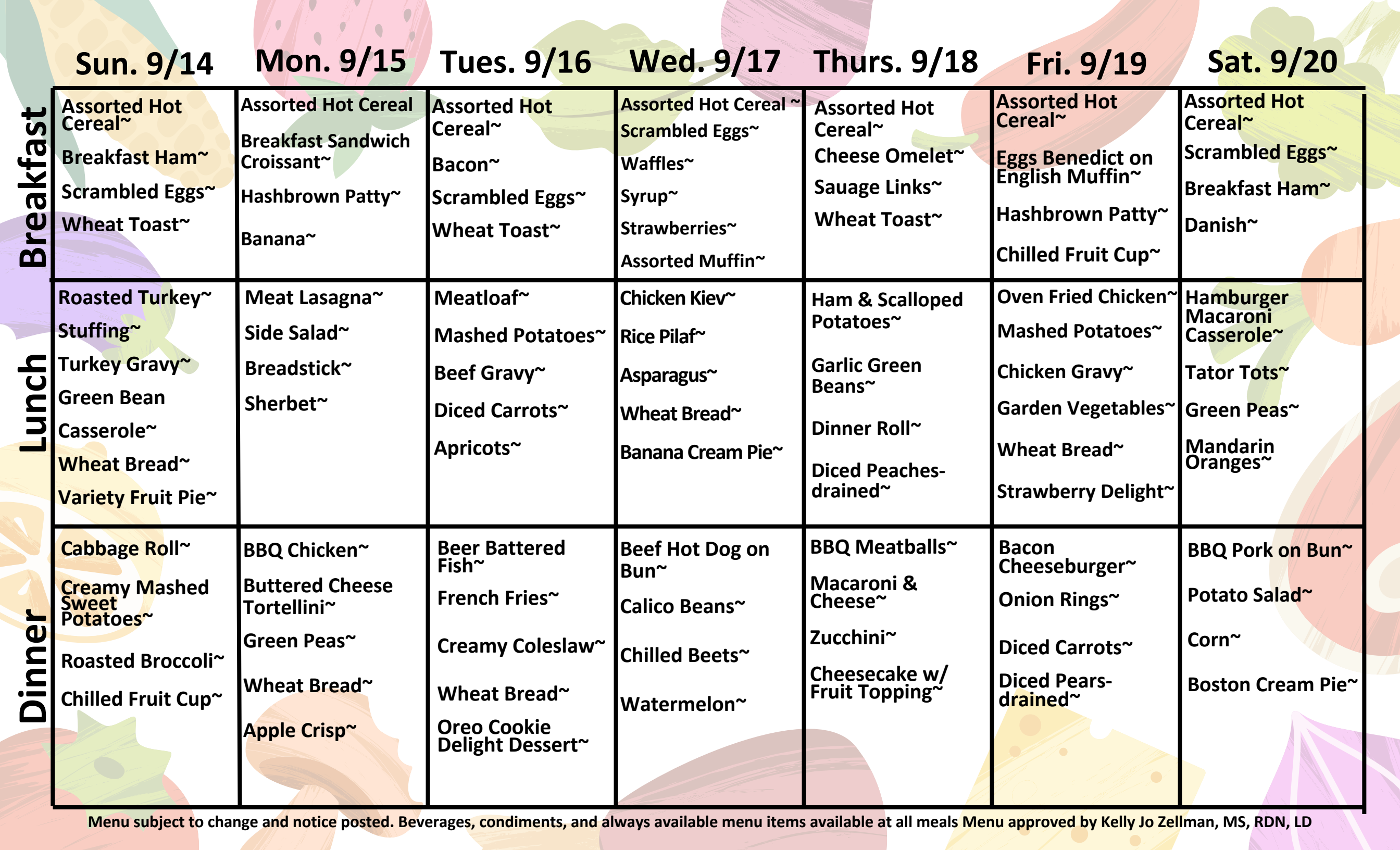
Dinner

Sun. 8/31	Mon. 9/1	Tues. 9/2	Wed. 9/3	Thurs. 9/4	Fri. 9/5	Sat. 9/6
Assorted Hot Cereal~ Scrambled Eggs~ Bacon~ Sweet Roll~ Fresh Fruit Cup~	Assorted Hot Cereal~ Scrambled Eggs~ Bacon~ Pancakes~ Syrup~ Chilled Fruit Cup~	Assorted Hot Cereal~ Sausage Gravy~ Biscuit~ Sausage Links~ Scrambled Eggs~	Assorted Hot Cereal~ Country Fried Steak w/ Gravy~ Diced Potatoes~ Assorted Muffin~	Assorted Hot Cereal~ Scrambled Eggs~ Strawberries~ Waffles~ Syrup~	Assorted Hot Cereal~ Western Omelet~ Baked Hashbrowns~ Wheat Toast~	Assorted Hot Cereal ~ Scrambled Eggs~ Breakfast Ham~ Hashbrown Patty~
BBQ Pork Country Rib~ Parmesan Pasta~ Creamed Corn~ Corn Muffin~ Variety Fruit Pie~	Sweet & Sour Chicken~ Fried Rice~ Egg Roll~ Lemon Bar~	Baked Chicken w/ Mushroom Sauce~ Baked Potato~ Sour Cream~ Diced Carrots~ Wheat Bread~ Pineapple Upside Down Cake~	Braised Beef Tips~ Beef Gravy~ Baby Red Potatoes~ Wheat Bread~ Squash Medley~ Chocolate Cake~	Turkey Cutlet~ Mashed Potatoes~ Turkey Gravy~ Diced Beets~ Dinner Roll~ Pumpkin Bar~	Pork Chop in Onion Gravy~ Country Style Fried Potatoes~ Green Beans~ Wheat Bread~ Angel Food Cake w/ Strawberries~	Homemade Meatloaf~ Macaroni & Cheese~ Wheat Bread~ Spinach~ Chocolate Mousse~
Salisbury Steak~ Mashed Potatoes~ Beef Gravy~ Green Beans~ Wheat Bread~ Diced Peaches~	Hot Pork Sandwich~ Mashed Potatoes~ Pork Gravy~ Green Peas w/ Pearl Onions~ Strawberries~	Beef Taco Casserole~ Spanish Rice~ Corn w/ Peppers~ Mandarin Oranges~	Egg Salad Croissant~ Tomato Slices~ Vegetable Soup~ Pickle Spear~ Watermelon~	Brat N Sauerkraut~ Potato Salad~ Baked Beans-drained~ Blueberries with Whipped Topping~	California Burger on a Bun~ Tator Tots~ Creamy Cucumber Salad~ Vanilla Ice Cream~	Chicken Fettuccini~ Broccoli~ Garlic Bread~ Pistachio Salad~



Breakfast
Lunch
Dinner

Sun. 9/7	Mon. 9/8	Tues. 9/9	Wed. 9/10	Thurs. 9/11	Fri. 9/12	Sat. 9/13
Assorted Hot Cereal~ Breakfast Ham~ Scrambled Eggs~ Wheat Toast~	Assorted Hot Cereal~ Scrambled Eggs~ Sausage Links~ Assorted Muffin~	Assorted Hot Cereal~ Sausage Gravy~ Biscuit~ Chilled Fruit Cup~ Scrambled Eggs~ Chilled Fruit Cup~	Assorted Hot Cereal ~ Scrambled Eggs~ Corned Beef Hash~ Wheat Toast~	Assorted Hot Cereal~ Scrambled Eggs~ Breakfast Ham~ Hashbrown Patty~ Danish~	Assorted Hot Cereal~ Scrambled Eggs~ Pancakes~ Sausage Patty~ Syrup~ Chilled Fruit Cup~	Assorted Hot Cereal~ Scrambled Eggs~ Bacon~ Caramel Roll~ Banana~
Pot Roast~ Baby Red Potatoes~ Buttered Carrots~ Dinner Roll~ Apple Pie~	Breaded Chicken Tenderloins~ French Fries~ Creamy Coleslaw~ Wheat Bread~ Diced Pears~	Beef Ravioli in Marinara~ Green Beans~ Garlic Breadstick~ Bread Pudding~	Breaded Chicken Patty on a Bun~ Sweet Potato Fries~ Bacon Ranch Pasta Salad~ Wheat Bread~ Chilled Fruit Cup~	Pizza~ Side Salad~ Parmesan Cheese~ Ice Cream Cup~	Baked Ham~ Sweet Potatoes~ Pickled Beets~ Apple Crisp~ Dinner Roll~	Hamburger Goulash~ Braised Cabbage~ Garlic Bread~ Vanilla Pudding~
Herb Butter Fish~ Buttered Noodles~ Fire Roasted Vegetable Blend Bean/Corn~ Wheat Bread~ Peach Parfait~	Homemade Porcupine Meatballs~ Mashed Potatoes~ LS Beef Gravy~ Green Peas~ Chocolate Mousse~	BBQ Pork Riblet on Bun~ French Fries~ Baked Beans~ Watermelon~	Breaded Pork Fritter~ Wild Rice Pilaf~ Cucumber Slices~ Wheat Bread~ Frosted Cupcake~	Stuffed Pepper w. Tomato Sauce~ White Rice~ Asparagus~ Dinner Roll~ Cheesecake w/ Fruit Topping~	Swedish Meatballs~ Mashed Potatoes~ Diced Carrots~ Wheat Bread~ Brownie~	Pork Roast~ Garlic Mashed Potatoes~ Creamed Corn~ Dinner Roll~ Spiced Apples~

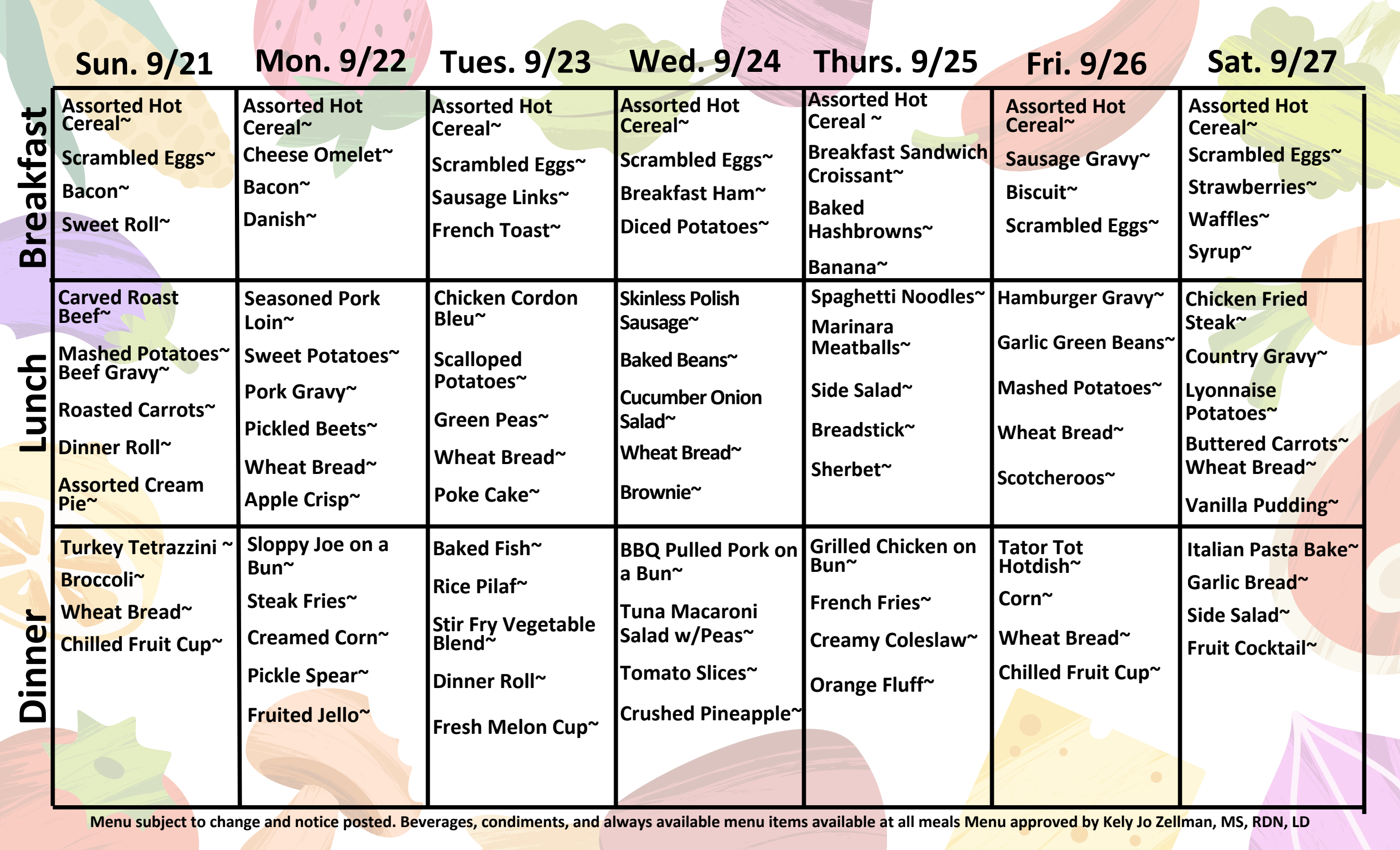


Breakfast

Lunch

Dinner

Sun. 9/14	Mon. 9/15	Tues. 9/16	Wed. 9/17	Thurs. 9/18	Fri. 9/19	Sat. 9/20
Assorted Hot Cereal~ Breakfast Ham~ Scrambled Eggs~ Wheat Toast~	Assorted Hot Cereal Breakfast Sandwich Croissant~ Hashbrown Patty~ Banana~	Assorted Hot Cereal~ Bacon~ Scrambled Eggs~ Wheat Toast~	Assorted Hot Cereal ~ Scrambled Eggs~ Waffles~ Syrup~ Strawberries~ Assorted Muffin~	Assorted Hot Cereal~ Cheese Omelet~ Sauage Links~ Wheat Toast~	Assorted Hot Cereal~ Eggs Benedict on English Muffin~ Hashbrown Patty~ Chilled Fruit Cup~	Assorted Hot Cereal~ Scrambled Eggs~ Breakfast Ham~ Danish~
Roasted Turkey~ Stuffing~ Turkey Gravy~ Green Bean Casserole~ Wheat Bread~ Variety Fruit Pie~	Meat Lasagna~ Side Salad~ Breadstick~ Sherbet~	Meatloaf~ Mashed Potatoes~ Beef Gravy~ Diced Carrots~ Apricots~	Chicken Kiev~ Rice Pilaf~ Asparagus~ Wheat Bread~ Banana Cream Pie~	Ham & Scalloped Potatoes~ Garlic Green Beans~ Dinner Roll~ Diced Peaches-drained~	Oven Fried Chicken~ Mashed Potatoes~ Chicken Gravy~ Garden Vegetables~ Wheat Bread~ Strawberry Delight~	Hamburger Macaroni Casserole~ Tator Tots~ Green Peas~ Mandarin Oranges~
Cabbage Roll~ Creamy Mashed Sweet Potatoes~ Roasted Broccoli~ Chilled Fruit Cup~	BBQ Chicken~ Buttered Cheese Tortellini~ Green Peas~ Wheat Bread~ Apple Crisp~	Beer Battered Fish~ French Fries~ Creamy Coleslaw~ Wheat Bread~ Oreo Cookie Delight Dessert~	Beef Hot Dog on Bun~ Calico Beans~ Chilled Beets~ Watermelon~	BBQ Meatballs~ Macaroni & Cheese~ Zucchini~ Cheesecake w/ Fruit Topping~	Bacon Cheeseburger~ Onion Rings~ Diced Carrots~ Diced Pears-drained~	BBQ Pork on Bun~ Potato Salad~ Corn~ Boston Cream Pie~



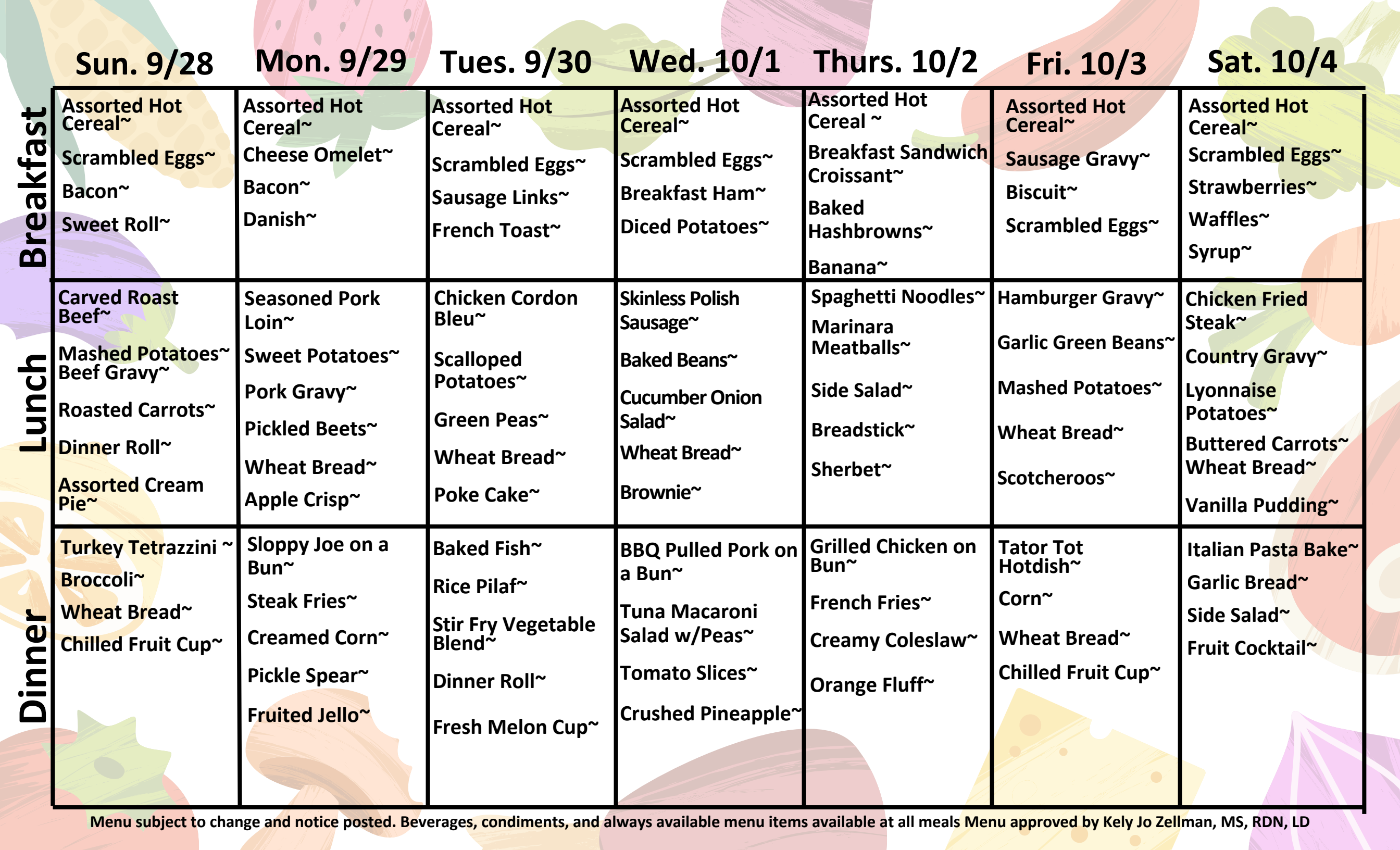
Breakfast

Lunch

Dinner

Sun. 9/21	Mon. 9/22	Tues. 9/23	Wed. 9/24	Thurs. 9/25	Fri. 9/26	Sat. 9/27
Assorted Hot Cereal~ Scrambled Eggs~ Bacon~ Sweet Roll~	Assorted Hot Cereal~ Cheese Omelet~ Bacon~ Danish~	Assorted Hot Cereal~ Scrambled Eggs~ Sausage Links~ French Toast~	Assorted Hot Cereal~ Scrambled Eggs~ Breakfast Ham~ Diced Potatoes~	Assorted Hot Cereal ~ Breakfast Sandwich Croissant~ Baked Hashbrowns~ Banana~	Assorted Hot Cereal~ Sausage Gravy~ Biscuit~ Scrambled Eggs~	Assorted Hot Cereal~ Scrambled Eggs~ Strawberries~ Waffles~ Syrup~
Carved Roast Beef~ Mashed Potatoes~ Beef Gravy~ Roasted Carrots~ Dinner Roll~ Assorted Cream Pie~	Seasoned Pork Loin~ Sweet Potatoes~ Pork Gravy~ Pickled Beets~ Wheat Bread~ Apple Crisp~	Chicken Cordon Bleu~ Scalloped Potatoes~ Green Peas~ Wheat Bread~ Poke Cake~	Skinless Polish Sausage~ Baked Beans~ Cucumber Onion Salad~ Wheat Bread~ Brownie~	Spaghetti Noodles~ Marinara Meatballs~ Side Salad~ Breadstick~ Sherbet~	Hamburger Gravy~ Garlic Green Beans~ Mashed Potatoes~ Wheat Bread~ Scotcheroos~	Chicken Fried Steak~ Country Gravy~ Lyonnais Potatoes~ Buttered Carrots~ Wheat Bread~ Vanilla Pudding~
Turkey Tetrizzini ~ Broccoli~ Wheat Bread~ Chilled Fruit Cup~	Sloppy Joe on a Bun~ Steak Fries~ Creamed Corn~ Pickle Spear~ Fruited Jello~	Baked Fish~ Rice Pilaf~ Stir Fry Vegetable Blend~ Dinner Roll~ Fresh Melon Cup~	BBQ Pulled Pork on a Bun~ Tuna Macaroni Salad w/Peas~ Tomato Slices~ Crushed Pineapple~	Grilled Chicken on Bun~ French Fries~ Creamy Coleslaw~ Orange Fluff~	Tator Tot Hotdish~ Corn~ Wheat Bread~ Chilled Fruit Cup~	Italian Pasta Bake~ Garlic Bread~ Side Salad~ Fruit Cocktail~

Menu subject to change and notice posted. Beverages, condiments, and always available menu items available at all meals Menu approved by Kely Jo Zellman, MS, RDN, LD



Breakfast

Lunch

Dinner

Sun. 9/28	Mon. 9/29	Tues. 9/30	Wed. 10/1	Thurs. 10/2	Fri. 10/3	Sat. 10/4
Assorted Hot Cereal~ Scrambled Eggs~ Bacon~ Sweet Roll~	Assorted Hot Cereal~ Cheese Omelet~ Bacon~ Danish~	Assorted Hot Cereal~ Scrambled Eggs~ Sausage Links~ French Toast~	Assorted Hot Cereal~ Scrambled Eggs~ Breakfast Ham~ Diced Potatoes~	Assorted Hot Cereal ~ Breakfast Sandwich Croissant~ Baked Hashbrowns~ Banana~	Assorted Hot Cereal~ Sausage Gravy~ Biscuit~ Scrambled Eggs~	Assorted Hot Cereal~ Scrambled Eggs~ Strawberries~ Waffles~ Syrup~
Carved Roast Beef~ Mashed Potatoes~ Beef Gravy~ Roasted Carrots~ Dinner Roll~ Assorted Cream Pie~	Seasoned Pork Loin~ Sweet Potatoes~ Pork Gravy~ Pickled Beets~ Wheat Bread~ Apple Crisp~	Chicken Cordon Bleu~ Scalloped Potatoes~ Green Peas~ Wheat Bread~ Poke Cake~	Skinless Polish Sausage~ Baked Beans~ Cucumber Onion Salad~ Wheat Bread~ Brownie~	Spaghetti Noodles~ Marinara Meatballs~ Side Salad~ Breadstick~ Sherbet~	Hamburger Gravy~ Garlic Green Beans~ Mashed Potatoes~ Wheat Bread~ Scotcheroos~	Chicken Fried Steak~ Country Gravy~ Lyonnais Potatoes~ Buttered Carrots~ Wheat Bread~ Vanilla Pudding~
Turkey Tetrizzini ~ Broccoli~ Wheat Bread~ Chilled Fruit Cup~	Sloppy Joe on a Bun~ Steak Fries~ Creamed Corn~ Pickle Spear~ Fruited Jello~	Baked Fish~ Rice Pilaf~ Stir Fry Vegetable Blend~ Dinner Roll~ Fresh Melon Cup~	BBQ Pulled Pork on a Bun~ Tuna Macaroni Salad w/Peas~ Tomato Slices~ Crushed Pineapple~	Grilled Chicken on Bun~ French Fries~ Creamy Coleslaw~ Orange Fluff~	Tator Tot Hotdish~ Corn~ Wheat Bread~ Chilled Fruit Cup~	Italian Pasta Bake~ Garlic Bread~ Side Salad~ Fruit Cocktail~