Sunday 09/14/2025	Monday 09/15/2025	Ienu subject to change and notice Tuesday 09/16/2025	Wednesday 09/17/2025	Thursday 09/18/2025	Friday 09/19/2025	Denotes new menu items Saturday 09/20/2025
Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am	Breakfast: 7:30am
Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Corn Grits Bagel w/ Cream Cheese or Wheat Toast/Jelly	Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal Or Malt-O-Meal	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Sausage Gravy & Biscuit or Wheat Toast & Jelly	Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Sausage Links Oatmeal or Cream of Wheat Wheat Toast & Jelly	Fruit Juice Cheesy Scrambled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Toasted English Muffin or Wheat Toast & Jelly	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Corn Grits Pork Bacon Wheat Toast & Jelly	Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly
Lunch: 12:15pm Beef Roast or BBQ Meatballs Mashed Potatoes & Gravy Monte Carlo Blend or Collard Greens Dinner Roll Assorted Cream Pie or Canned Fruit Soup of the Day Cheeseburger	Lunch: 12:15pm Beef Ravioli Marinara or Bologna Sandwich w/ lettuce/tomato & Mashed Potatoes/Gravy Breadstick Italian Vegetable Blend or Diced Rutabaga Lemon Cake or Canned Fruit Soup of the Day Navy Bean and Ham	Lunch: 12:15pm Pork Carnitas Bake or Deli Chicken Sandwich Tortilla Chips or Mashed/Gravy Cowboy Caviar or Diced Carrots Sugar Cookie Fruit Tart or Canned Fruit Soup of the Day Chicken Cordon Bleu	Lunch: 12:15 pm Hamburger on a Bun w/ L/T/O, pickle or Breaded Pork Patty Potato Salad or Mashed Potatoes Green Beans or Lima Beans Fruit Cocktail or Canned Fruit Soup of the Day French Onion	Lunch: 12:15 pm Tater Tot Casserole or Pork Steak & Mashed Potatoes/Gravy Creamed Corn or Brussels Sprouts Wheat Bread Crushed Pineapple or Canned Fruit Soup of the Day Bean and Bacon	Lunch: 12:15pm Hot Dog on a Bun or Fish Square/Bun & Mashed/Gravy Potato Chips 7- Layer Salad or Pickled Beets Pickle Spear Marble Swirl Ice Cream or Canned Fruit Soup of the Day Cream of Potato	Lunch: 12:15pm Chicken Ala King over a Biscuit or Salisbury Steak & Mashed Potatoes Stewed Tomatoes or Mashed Squash Mango or Canned Fruit Soup of the Day Chicken Gumbo
Supper: 5:30pm Hot Open-Faced Turkey Sandwich or Salmon w/ Dill Sauce Mashed Potatoes/Gravy or Buttered Egg Noodles Peas or Diced Beets Blueberries w/ topping or Canned Fruit Soup of the Day Cheeseburger	Supper: 5:30pm Pulled Chicken Sandwich or Black Bean Burger French Fries or Mashed Potatoes/Gravy Creamy Coleslaw or Diced Carrots Lime Gelatin & Pears or Canned Fruit Soup of the Day Navy Bean and Ham	Supper: 5:30pm Meatball Marinara & Mozzarella Sub or Baked Ham Potato Cubes or Mashed Potato/Gravy Cranberry Cole Slaw or Zucchini Wheat Bread Pineapple Upside Down Cake or Canned Fruit Soup of the Day Chicken Cordon Bleu	Supper: 5:30pm Basil Baked Cod or Beef Stuffed Peppers Baked Potato or Mashed Potatoes/Gravy Harvard Beets or Fresh Cold Snap Peas Wheat Bread Mandarin Orange Gelatin Salad or Canned Fruit Soup of the Day French Onion	Supper: 5:30pm Egg Salad on Croissant w/ Lettuce Leaf or BBQ Chicken Breast Potato O'Brien or Mashed Potato/Gravy Fresh Carrots w/ Ranch or Broccoli Wheat Bread Orange Italian Ice or Canned Fruit Soup of the Day Bean and Bacon	Supper: 5:30pm Lemon Pepper Fish or Turkey Patty w/ Gravy Mashed Potatoes/Gravy Fried Okra or Cauliflower Wheat Bread Grapes Or Canned Fruit Soup of the Day Cream of Potato	Supper: 5:30pm BBQ Riblet or Chicken Thigh Bacon Cheddar Mashed Potatoes or Mashed w/ Gravy Creamy Cucumber, Onion Tomato Salad or Diced Carrots Wheat Bread Oatmeal Raisin Cookie or Canned Fruit Soup of the Day Chicken Gumbo

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Week 4 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS

2025 Spring/ Summer

Jeanine Arneberg, LD, RDN

Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Menu subject to change and notice posted.

Denotes new menu items

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 9/14/2025	Monday 9/15/2025	Tuesday 9/16/2025	Wednesday 9/17/2025	Thursday 9/18/2025	Friday 9/19/2025	Saturday 9/20/2025
Breakfast: 6:45am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Bagel w/ Cream Cheese or Wheat Toast/Jelly Oatmeal or Corn Grits Lunch: 11:45am Beef Pot Roast	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Bacon Wheat Toast & Jelly Oatmeal or Cream of Wheat Lunch: 12:00pm Sloppy Joe	Breakfast: 6:45am Fruit Juice Baked Eggs or Scrambled Eggs French Toast or Soufflé Wheat Toast & Jelly Malt-O-Meal or Oatmeal Lunch: 11:45am Pork Carnita Tacos	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Wheat Toast/Jelly Sausage Links Oatmeal or Corn Grits Lunch: 11:45am Hamburger on a Bun w/	Breakfast: 6:45am Fruit Juice Cheesy Scrambled Eggs or Baked Eggs Cream of Wheat or Oatmeal Wheat Toast & Jelly Lunch: 11:45am Tater Tot Casserole	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Sausage Gravy & Biscuit or Wheat Toast/Jelly Oatmeal or Cream of Wheat Lunch: 11:45am Bratwurst on a Bun	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Wheat Toast & Jelly Oatmeal or Cream of Wheat Lunch: 11:45am Chicken Ala King
Homemade Mashed Potatoes w/Gravy Prince Edwards Vegetable Blend Wheat Bread Assorted Pie Soup of the day Cream of Potato	Luncheon sponsored by the Faribault Elks	Bean dip with Corn Chips Creamed Corn Fruit Cocktail Soup of the day Garden Vegetable	Lettuce, Tomato & Onion French Fries Green Beans Fruit Pizza Soup of the day Chicken Wild Rice	Diced Carrots Wheat Bread Crushed Pineapple	Potato Chips 7- Layer Salad Pickle Spear Marble Swirl Ice Cream Soup of the day Chicken Dumpling	over a Biscuit Lima Beans Mangos Soup of the day Chefs Choice
Supper: 4:45pm Pork Fritter w/ Country Gravy Buttered Egg Noodles Peas Wheat Bread Blueberries w/ topping Soup of the day Cream of Potato	Supper: 4:45pm Texas Chicken Legs Garden Rice Diced Squash Dinner Roll Lime Gelatin & Pears Soup of the day Chicken Noodle	Supper: 4:45pm Meatball Marinara Sub w/ Mozzarella Potato Cubes Creamy Coleslaw Pineapple Upside Down Cake Soup of the day Garden Vegetable	Supper: 4:45pm Stuffed Green Peppers Cauliflower Wheat Bread Mandarin Orange Gelatin Salad Soup of the day Chicken Wild Rice	Egg Salad on Croissant w/ Lettuce Leaf O'Brien Potatoes Fresh Carrot Sticks & Ranch Dip Pears Soup of the day Beef Barley	Supper: 4:45pm Open Faced Turkey Sandwich Mashed Potatoes w/Gravy Mixed Vegetables Fresh Grapes Soup of the day Chicken Dumpling	Supper: 4:45pm BBQ Riblet on Bun Bacon Cheddar Mashed Potatoes Creamy Cucumber Salad w/ Onions & Tomatoes Oatmeal Raisin Cookie Soup of the day Chefs Choice