Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper. Denotes new menu items Sunday 09/07/2025 Monday 09/08/2025 Tuesday 09/09/2025 Wednesday 09/10/2025 **Thursday 09/11/2025** Friday 09/12/2025 Saturday 09/13/2025 Breakfast: 7:30am Fruit Juice Fried Eggs **Denver Scrambled Eggs Scrambled Eggs Hard Boiled Eggs Scrambled Eggs** Fried Eggs Hard Boiled Eggs or Scrambled Eggs or Hard-Boiled Eggs or Scrambled Eggs or Hard-Boiled Eggs or Scrambled Eggs or Scrambled Eggs or Scrambled Eggs **Oatmeal Oatmeal Oatmeal Oatmeal Oatmeal Oatmeal Oatmeal** or Malt-O-Meal or Cream of Wheat or Grits or Cream of Wheat or Malt-O-Meal or Malt-O-Meal or Grits French Toast/ Syrup Pork Bacon **Cherry Strudel Stick Toasted English Muffin** Wheat Toast & Jelly Wheat Toast & Jelly **Blueberry Muffin** or Wheat Toast & Jelly or Wheat Toast w/Jelly Wheat Toast & Jelly or Wheat Toast & Jelly or Wheat Toast & Jelly **Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Mushroom & Swiss Burger Chicken Chimichanga Oven Fried Chicken Diversity Day 2025 Turkey Roast** Polish Sausage w/ Beef & Sausage or BBQ Meatballs or Ground Sausage or Liver & Onions **Special: \$8.00** Sauerkraut on a Bun **Spaghetti** Or Baked Ham **Spinach Rice** in Alfredo Sauce **Onion Rings** or Salmon Fillet or Turkey Patty on Bun **Bread Stuffing Smothered Burrito** or Mashed Mashed Potatoes/Gravy w/ Dill Sauce & or Mashed Potatoes/Gravy **Green Beans** or Chicken Gyro or Mashed Potatoes/Gravy Potatoes/Gravy or Buttered Penne Noodles Mashed Potatoes/Gravy **Baked Beans Mexican Rice** or Mashed Squash **Diced Carrots Confetti Corn Stewed Tomatoes Creamy Coleslaw** or French Fries or Broccoli **Garlic Toast** or Asparagus or Fresh Broccoli/Ranch or Lima Beans or Peas & Carrots **Mexican Corn Brownie Peach Cobbler** Wheat Bread **Dinner Roll** Wheat Bread **Wheat Bread** or Tzatziki Salad or Canned Fruit or Applesauce **Strawberry Shortcake Peanut Butter Cookie Red Velvet Cake** Rhubarb Pie Sopapilla Cheesecake Bar or Canned Fruit Soup of the Day or Canned Fruit or Canned Fruit Soup of the Day or Canned Fruit or Canned Fruit Soup of the Day Soup of the Day Beef and Barley Soup of the Day Turkey Noodle Soup of the Day Soup of the Day Chicken and Dumpling Turkey Chili **Creamy Tomato** Sausage and White Bean Vegetable Beef Supper: 5:30pm **Brat Patty on a Bun** Hot Dog on a Bun **Baked Tuna Pasta Beef Lasagna Grilled Hot Ham & Cheese Crispy Chicken Sandwich** Pork Egg Roll w/ Lettuce/Tomato or Buffalo Chicken Wrap or BBQ Pork Riblet or Chicken Breast w/ or Baked Fish & Sandwich or Turkey SW w/ LTO or Baked Fish **Potato Chips** Mashed Potatoes/Gravy **Pretzels** Mashed Potatoes/Gravy or Chicken Thighs **Asian Fried Rice Calico Beans** or Mashed Potatoes w/ or Mashed Potatoes/Gravy **Cucumber Salad** Italian Blend Veg. Crinkle Cut Fries or or Mashed Potato/Gravy or Mashed Potatoes/Gravy Gravy 3 Bean Salad w/ onion & feta Mashed Potatoes/Gravy **Oriental Blend Veg** or Broccoli **Loaded Cauliflower** Corn on a Cob or Cauliflower **Broccoli** or Asparagus or Diced Carrots **Breadstick** Salad or Brussels Sprouts or Green Beans Cantaloupe Wheat Bread **Wheat Bread** or Diced Beets Wheat Bread or Wheat Bread Pickle Spear or Canned Fruit Vanilla Cupcake w/ Mangos **Orange Sherbet Bar Creamy Fruit Salad Apricots Fruited Jell-O Salad Frosting** or Canned Fruit Soup of the Day Beef and Barley Turkey Noodle **Creamy Tomato** Soup of the Day Vegetable Beef Sausage and White Bean Turkey Chili Chicken and Dumpling 20 18 15 16 19 21

## **Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS**

2025-2026

**Spring/Summer** 

Jeanine Arneberg, RDN, LD

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted.

Denotes new menu items

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 09/07/2025	Monday 09/08/2025	Tuesday 09/09/2025	Wednesday 09/10/2025	Thursday 09/11/2025	Friday 09/12/2025	Saturday 09/13/2025
Breakfast: 6:45am Fruit Juice Scrambled Egg or Fried Egg Wheat Toast w/ Jelly Oatmeal or Cream of Wheat	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Wheat Toast & Jelly Oatmeal or Grits	Breakfast: 6:45am Scrambled Eggs or Hard Boiled Eggs Sausage Links Oatmeal or Cream of Wheat Wheat Toast	Breakfast: 6:45am Fruit Juice Breakfast Sandwich or Wheat Toast/ Jelly & Scrambled Eggs Oatmeal or Malt O Meal	Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Cream of Wheat Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Wheat Toast & Jelly Bacon Oatmeal or Grits	Breakfast: 6:45am Scrambled Eggs or Hard Boiled Eggs Fruit Juice Oatmeal or Cream of Wheat Waffles w/ Syrup or Wheat Toast & Jelly
Baked Ham Scalloped Potatoes Diced Carrots Dinner Roll Cream Pie Soup of the day Cream of Potato	Cabbage Roll Sweet Potato Fries Green Beans Tropical Fruit Jell-O  Soup of the day Chicken Noodle	Pizza in L. L. Lounge	Lunch: 11:45am  Crispy Chicken Patty on a Bun Lettuce, Tomato, Onion Loaded Mashed Potatoes Strawberries w/Whipped Topping  Soup of the day Chicken Wild Rice	BBQ Pork Riblet on a Bun O'Brien Potatoes Creamy Coleslaw Orange Sherbet Bar  Soup of the day Beef Barley	Lunch: 12:15pm Diversity Day 2025 Special: \$8.00 Smothered Burrito Mexican Rice Elote Corn Sopapilla Cheese Bar  Soup of the day Chicken Dumpling	Lunch: 11:45am  Cheeseburger on a Bun French Fries Chefs Choice Vegetable Brownie  Soup of the day Chefs Choice
Supper: 4:45pm  Brat Patty on a Bun w/Lettuce, Tomato	Supper: 4:45pm  Vegetable Lasagna	Supper: 4:45pm  Mini Corn Dogs Potato Salad	Supper: 4:45pm  Grilled Ham and Cheese	Supper: 4:45pm  Personal 3 Meat Pizza	Supper: 4:45pm  Tuna Salad on a Croissant	Supper: 4:45pm  Baked Chicken
Calico Beans Sweet Corn Creamy Fruit Salad	Italian Blend Veg. Breadstick Grapes	Broccoli  Melon Cup	French Fries Chefs Choice Vegetable Peanut Butter Cookie	Italian Blend Vegetable Breadstick Cantaloupe	Potato Chips Cucumber Salad w/ onion & feta Canned Fruit	Rice pilaf Stewed Tomatoes Mangos
Soup of the day Cream of Potato	Soup of the day Chicken Noodle	Soup of the day Garden Vegetable	Soup of the day Chicken Wild Rice	Soup of the day Beef Barley	Soup of the day Chicken Dumpling	Soup of the day Chefs Choice