

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.  *Denotes new menu items*

Sunday 08/17/2025	Monday 08/18/2025	Tuesday 08/19/2025	Wednesday 08/20/2025	Thursday 08/21/2025	Friday 08/22/2025	Saturday 08/23/2025
Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Corn Grits Bagel w/ Cream Cheese or Wheat Toast/Jelly	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal Or Malt-O-Meal French Toast/ Syrup Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Sausage Gravy & Biscuit or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Sausage Links Oatmeal or Cream of Wheat Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Cheesy Scrambled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Toasted English Muffin or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Corn Grits Pork Bacon Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly
Lunch: 12:15pm Beef Roast or BBQ Meatballs Mashed Potatoes & Gravy Monte Carlo Blend or Collard Greens Dinner Roll Assorted Cream Pie or Canned Fruit  Soup of the Day Cheeseburger	Lunch: 12:15pm Beef Ravioli Marinara or Bologna Sandwich w/ lettuce/tomato & Mashed Potatoes/Gravy Breadstick Italian Vegetable Blend or Diced Rutabaga Lemon Cake or Canned Fruit  Soup of the Day Navy Bean and Ham	Lunch: 12:15pm Pork Carnitas Bake or Deli Chicken Sandwich Tortilla Chips or Mashed/Gravy Cowboy Caviar or Diced Carrots Fruit Cocktail or Canned Fruit  Soup of the Day Chicken Cordon Bleu	Lunch: 12:15 pm Hamburger on a Bun w/ L/T/O, pickle or Breaded Pork Patty Potato Salad or Mashed Potatoes Green Beans or Lima Beans Sugar Cookie Fruit Tart or Canned Fruit  Soup of the Day French Onion	Lunch: 12:15 pm Tater Tot Casserole or Pork Steak & Mashed Potatoes/Gravy Creamed Corn or Brussels Sprouts Wheat Bread Crushed Pineapple or Canned Fruit  Soup of the Day Bean and Bacon	Lunch: 12:15pm Hot Dog on a Bun or Fish Square/Bun & Mashed/Gravy Potato Chips 7- Layer Salad or Pickled Beets Pickle Spear Marble Swirl Ice Cream or Canned Fruit  Soup of the Day Cream of Potato	Lunch: 12:15pm Chicken Ala King over a Biscuit or Salisbury Steak & Mashed Potatoes Stewed Tomatoes or Mashed Squash Mango or Canned Fruit  Soup of the Day Chicken Gumbo
Supper: 5:30pm Hot Open-Faced Turkey Sandwich or Salmon w/ Dill Sauce Mashed Potatoes/Gravy or Buttered Egg Noodles Peas or Diced Beets Blueberries w/ topping or Canned Fruit  Soup of the Day Cheeseburger	Supper: 5:30pm Pulled Chicken Sandwich or Black Bean Burger French Fries or Mashed Potatoes/Gravy Creamy Coleslaw or Diced Carrots Lime Gelatin & Pears or Canned Fruit  Soup of the Day Navy Bean and Ham	Supper: 5:30pm Meatball Marinara & Mozzarella Sub or Baked Ham Potato Cubes or Mashed Potato/Gravy Cranberry Cole Slaw or Zucchini Wheat Bread Pineapple Upside Down Cake or Canned Fruit  Soup of the Day Chicken Cordon Bleu	Supper: 5:30pm Basil Baked Cod or Beef Stuffed Peppers Baked Potato or Mashed Potatoes/Gravy Harvard Beets or Fresh Cold Snap Peas Wheat Bread Mandarin Orange Gelatin Salad or Canned Fruit  Soup of the Day French Onion	Supper: 5:30pm Egg Salad on Croissant w/ Lettuce Leaf or BBQ Chicken Breast Potato O'Brien or Mashed Potatoes/Gravy Fresh Carrots w/ Ranch or Broccoli Wheat Bread Orange Italian Ice or Canned Fruit  Soup of the Day Bean and Bacon	Supper: 5:30pm Lemon Pepper Fish or Turkey Patty w/ Gravy Mashed Potatoes/Gravy Fried Okra or Cauliflower Wheat Bread Grapes Or Canned Fruit  Soup of the Day Cream of Potato	Supper: 5:30pm BBQ Riblet or Chicken Thigh Bacon Cheddar Mashed Potatoes or Mashed w/ Gravy Creamy Cucumber, Onion Tomato Salad or Diced Carrots Wheat Bread Oatmeal Raisin Cookie or Canned Fruit  Soup of the Day Chicken Gumbo

Week 4 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS

2025 Spring/ Summer

Jeanine Arneberg, LD, RDN

Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Menu subject to change and notice posted.

★ *Denotes new menu items*

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 8/17/2025	Monday 8/18/2025	Tuesday 8/19/2025	Wednesday 8/20/2025	Thursday 8/21/2025	Friday 8/22/2025	Saturday 8/23/2025
Breakfast: 6:45am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Bagel w/ Cream Cheese or Wheat Toast/Jelly Oatmeal or Corn Grits	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Bacon Wheat Toast & Jelly Oatmeal or Cream of Wheat	Breakfast: 6:45am Fruit Juice Baked Eggs or Scrambled Eggs French Toast or Soufflé Wheat Toast & Jelly Malt-O-Meal or Oatmeal	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Wheat Toast/Jelly Sausage Links Oatmeal or Corn Grits	Breakfast: 6:45am Fruit Juice Cheesy Scrambled Eggs or Baked Eggs Cream of Wheat or Oatmeal Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Sausage Gravy & Biscuit or Wheat Toast/Jelly Oatmeal or Cream of Wheat	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Wheat Toast & Jelly Oatmeal or Cream of Wheat
Lunch: 11:45am Beef Pot Roast Homemade Mashed Potatoes w/Gravy Prince Edwards Vegetable Blend Wheat Bread Assorted Pie  Soup of the day Cream of Potato	Lunch: 11:45am Beef Ravioli w/Marinara Mixed Vegetables Garlic Bread Marble Swirl Ice Cream  Soup of the day Chicken Noodle	Lunch: 11:45am Fried Chicken Luncheon ♦ 1st Floor Lounge	Lunch: 11:45am Hamburger on a Bun w/ Lettuce, Tomato & Onion French Fries Green Beans Fruit Pizza  Soup of the day Chicken Wild Rice	Lunch: 11:45am Tater Tot Casserole Diced Carrots Wheat Bread Crushed Pineapple  Soup of the day Beef Barley	Lunch: 11:45am Bratwurst on a Bun Potato Chips 7- Layer Salad Pickle Spear Frosted Lemon Cake  Soup of the day Chicken Dumpling	Lunch: 11:45am Chicken Ala King over a Biscuit Lima Beans Mangos  Soup of the day Chefs Choice
Supper: 4:45pm Pork Fritter w/ Country Gravy Buttered Egg Noodles Peas Wheat Bread Blueberries w/ topping  Soup of the day Cream of Potato	Supper: 4:45pm Texas Chicken Legs Garden Rice Diced Squash Dinner Roll Lime Gelatin & Pears  Soup of the day Chicken Noodle	Supper: 4:45pm Meatball Marinara Sub w/ Mozzarella Potato Cubes Creamy Coleslaw Pineapple Upside Down Cake  Soup of the day Garden Vegetable	Supper: 4:45pm Stuffed Green Peppers Cauliflower Wheat Bread Mandarin Orange Gelatin Salad  Soup of the day Chicken Wild Rice	Supper: 4:45pm Egg Salad on Croissant w/ Lettuce Leaf O'Brien Potatoes Fresh Carrot Sticks & Ranch Dip Pears  Soup of the day Beef Barley	Supper: 4:45pm Open Faced Turkey Sandwich Mashed Potatoes w/Gravy Mixed Vegetables Fresh Grapes  Soup of the day Chicken Dumpling	Supper: 4:45pm BBQ Riblet on Bun Bacon Cheddar Mashed Potatoes Creamy Cucumber Salad w/ Onions & Tomatoes Oatmeal Raisin Cookie  Soup of the day Chefs Choice

22

23

24

25

26

27

28