

Week 3 Minnesota Veterans Home - Minneapolis Weekly Menu Calendar – Nursing Care				Spring/Summer 2025		Jeanine Arneberg, LD, RDN
Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.★ <i>Denotes new menu items</i>						
Sunday 08/10/2025	Monday 08/11/2025	Tuesday 08/12/2025	Wednesday 08/13/2025	Thursday 08/14/2025	Friday 08/15/2025	Saturday 08/16/2025
<b>Breakfast: 7:30am</b> Fruit Juice <b>Fried Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Malt-O-Meal <b>Strawberry Strudel Stick</b> or Wheat Toast w/ Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Hard Boiled Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Malt-O-Meal <b>Wheat Toast &amp; Jelly</b>	<b>Breakfast: 7:30am</b> Fruit Juice <b>Denver Scrambled Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Cream of Wheat <b>Toasted English Muffin</b> or Wheat Toast & Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Fried Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Grits <b>Blueberry Muffin</b> or Wheat Toast & Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Scrambled Eggs</b> or Hard-Boiled Eggs <b>Oatmeal</b> or Cream of Wheat <b>French Toast/ Syrup</b> or Wheat Toast & Jelly	<b>Breakfast: 7:30am</b> Fruit Juice <b>Hard Boiled Eggs</b> or Scrambled Eggs <b>Oatmeal</b> or Grits <b>Pork Bacon</b> <b>Wheat Toast &amp; Jelly</b>	<b>Breakfast: 7:30am</b> Fruit Juice <b>Scrambled Eggs</b> or Hard-Boiled Eggs <b>Oatmeal</b> or Malt-O-Meal <b>Wheat Toast &amp; Jelly</b>
<b>Lunch: 12:15pm</b> <b>Turkey Roast</b> Or Baked Ham <b>Bread Stuffing</b> or Mashed Potatoes/Gravy <b>Diced Carrots</b> or Asparagus <b>Dinner Roll</b> <b>Rhubarb Pie</b> or Canned Fruit 🍲 Soup of the Day Vegetable Beef	<b>Lunch: 12:15pm</b> <b>Polish Sausage w/ Sauerkraut on a Bun</b> or Salmon Fillet w/ Dill Sauce & Mashed Potatoes/Gravy <b>Creamy Coleslaw</b> or Peas & Carrots Wheat Bread <b>Red Velvet Cake</b> or Canned Fruit 🍲 Soup of the Day Turkey Chili	<b>Lunch: 12:15pm</b> <b>Chicken Chimichanga</b> or BBQ Meatballs <b>Refried Beans</b> or Mashed Potatoes/Gravy <b>Confetti Corn</b> or Fresh Broccoli/Ranch Wheat Bread <b>Strawberry Shortcake</b> or Canned Fruit 🍲 Soup of the Day Chicken and Dumpling	<b>Lunch: 12:15pm</b> <b>Oven Fried Chicken</b> or Ground Sausage in Alfredo Sauce <b>Mashed Potatoes/Gravy</b> or Buttered Penne Noodles <b>Stewed Tomatoes</b> or Lima Beans <b>Wheat Bread</b> <b>Peanut Butter Cookie</b> or Canned Fruit 🍲 Soup of the Day Creamy Tomato	<b>Lunch: 12:15pm</b> <b>Beef &amp; Sausage Spaghetti</b> or Turkey Patty on Bun <b>Green Beans</b> or Diced Squash <b>Garlic Toast</b> or Wheat Bread <b>Peach Cobbler</b> or Applesauce 🍲 Soup of the Day Beef and Barley	<b>Lunch: 12:15pm</b> <b>Meatballs w/ Onion Gravy</b> or Salami Sandwich <b>Mashed Potatoes &amp; Gravy</b> or Potato Chips <b>Mixed Vegetables</b> or Peas <b>Wheat Bread</b> <b>Grapes</b> or Canned Fruit 🍲 Soup of the Day Sausage and White Bean	<b>Lunch: 12:15pm</b> <b>Mushroom &amp; Swiss Burger</b> or Liver & Onions <b>Onion Rings</b> or Mashed Potatoes/Gravy <b>Baked Beans</b> or Broccoli <b>Brownie</b> or Canned Fruit 🍲 Soup of the Day Turkey Noodle
<b>Supper: 5:30pm</b> <b>Brat Patty on a Bun w/ Lettuce/Tomato</b> or Baked Fish <b>Calico Beans</b> or Mashed Potatoes/Gravy <b>Corn on a Cob</b> or Green Beans Wheat Bread <b>Creamy Fruit Salad</b> or Canned Fruit 🍲 Soup of the Day Vegetable Beef	<b>Supper: 5:30pm</b> <b>Beef Lasagna</b> or Chicken Breast w/ Mashed Potatoes/Gravy <b>Italian Blend Veg.</b> or Broccoli <b>Breadstick</b> or Wheat Bread <b>Apricots</b> or Canned Fruit 🍲 Soup of the Day Turkey Chili	<b>Supper: 5:30pm</b> <b>Hot Dog on a Bun</b> or Buffalo Chicken Wrap <b>Potato Chips</b> or Mashed Potatoes w/ Gravy <b>Loaded Cauliflower Salad</b> or Brussels Sprouts <b>Pickle Spear</b> <b>Fruited Jell-O Salad</b> or Canned Fruit 🍲 Soup of the Day Chicken and Dumpling	<b>Supper: 5:30pm</b> <b>Grilled Hot Ham &amp; Cheese Sandwich</b> or Chicken Thighs <b>Crinkle Cut Fries</b> or Mashed Potatoes/Gravy <b>Broccoli</b> or Diced Beets <b>Orange Sherbet Bar</b> or Canned Fruit 🍲 Soup of the Day Creamy Tomato	<b>Supper: 5:30pm</b> <b>Baked Tuna Pasta</b> or BBQ Pork Riblet <b>Pretzels</b> or Mashed Potatoes/Gravy <b>3 Bean Salad</b> or Cauliflower <b>Cantaloupe</b> or Canned Fruit 🍲 Soup of the Day Beef and Barley	<b>Supper: 5:30pm</b> <b>Crispy Chicken Sandwich</b> or Baked Fish & Mashed Potatoes/Gravy <b>Cucumber Salad w/ onion &amp; feta</b> or Asparagus Wheat Bread <b>Vanilla Cupcake w/ Frosting</b> or Canned Fruit 🍲 Soup of the Day Sausage and White Bean	<b>Supper: 5:30pm</b> <b>Pork Egg Roll</b> or Turkey SW w/ LTO <b>Asian Fried Rice</b> or Mashed Potato/Gravy <b>Oriental Blend Veg</b> or Diced Carrots <b>Wheat Bread</b> <b>Mangos</b> or Canned Fruit 🍲 Soup of the Day Turkey Noodle
15	16	17	18	19	20	21

