Jeanine Arneberg, LD RDN and mashed potatoes with gravy available at lunch and supper. Denotes new menu ite

Sunday 08/03/2025	Monday 08/04/2025	Tuesday 08/05/2025	Wednesday 08/06/2025	Thursday 08/07/2025	Friday 08/08/2025	Saturday 08/09/2025
Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Cinnamon Roll or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Malt-O-Meal Sausage Links Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Hashbrown Patty or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Cheesy Scrambled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Bagel w/Cream Cheese or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Grits Pork Bacon Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat French Toast w/Syrup or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Banana Bread or Wheat Toast & Jelly
Lunch: 12:15pm Beef Pot Roast or Chicken Breast Baked Potato w/ Sour Cream or Mashed Potatoes/Gravy Diced Carrots or Asparagus Dinner Roll Cherry Pie or Applesauce Soup of the Day Split Pea and Ham	Lunch: 12:15pm Fried Catfish or Polish Sausage Baked Mac and Cheese or Mashed Potatoes w/ Gravy Citrus Beets or V8 Wheat Bread Strawberry Shortcake or Canned Fruit Soup of the Day Corn Chowder	Lunch: 12:15pm Beef Stroganoff Or Breaded Egg Plant Buttered Egg Noodles or Mashed Potatoes w/ Gravy Broccoli or Mixed Vegetables Wheat Bread Butterscotch Pudding or Canned Fruit Soup of the Day Chicken Noodle	Lunch: 12:15pm Beef Hotdog on a Bun or Chicken Thighs Potato Chips or Mashed Potatoes w/ Gravy Lettuce Salad w/Ranch or Wax Beans Lemon Blueberry Cake or Canned Fruit Soup of the Day Stuffed Bell Pepper	Lunch: 12:15pm Chicken Parmesan w/ Noodles & Marinara or Salami Sandwich w/ lettuce, tomato, pickle & Mashed Potatoes/Gravy Diced Carrots or Collard Greens Garlic Bread Lemon Ice or Canned Fruit Soup of the Day Tomato Soup	Lunch: 12:15pm Turkey Pot Pie or Baked Pollock Mashed Potatoes w/ Gravy Green Beans or Creamed Corn Watermelon or Canned Fruit Soup of the Day Loaded Cauliflower	Lunch: 12:15pm BBQ Bone-In Pork Ribs or Egg Salad Sandwich Rosemary Red Potatoes or Mashed Potatoes w/ Grav Lettuce Salad/ French Dressing or Diced Beets Wheat Bread Ice Cream Bar or Canned Fruit Soup of the Day Chicken and Rice
Supper: 5:30pm Chicken Chow Mein over White Rice or Turkey Roast w/ Mashed Potatoes/Gravy Vegetable Egg Roll or Broccoli Wheat Bread Grapes or Canned Fruit Soup of the Day Split Pea and Ham	Supper: 5:30pm Pork Cube Steak or Beef Meatballs w/ BBQ Mashed Potatoes w/ Gravy Peas or Asparagus Wheat Bread Fruited Gelatin or Canned Fruit Soup of the Day Corn Chowder	Supper: 5:30pm Lime Chicken Soft Shell Tacos or Black Bean Burger Pinto Beans or Mashed Potatoes/Gravy Southwest Veg. Blend or Fresh Cauliflower w/ Ranch Carnival Cookie or Canned Fruit Soup of the Day Chicken Noodle	Tatar Tot Hotdish or Seafood Salad on Croissant Mashed Potatoes/Gravy Cubed Butternut Squash or Diced Carrots Mandarin Oranges or Canned Fruit Soup of the Day Stuffed Bell Pepper	Supper: 5:30pm Grilled Cheese Sandwich or Baked Ham Potato Chips or Mashed Potatoes/Gravy Broccoli or Sweet Corn Wheat Bread Poke Cake or Canned Fruit Soup of the Day Tomato Soup	Supper: 5:30pm Smothered Pork Chop or Turkey Patty on a Bun Au 'gratin Potatoes or Mashed Potatoes /Gravy Cauliflower or Midwest Blend Wheat Bread Fruit Salad or Canned Fruit Soup of the Day Loaded Cauliflower	Supper: 5:30pm Chicken Tenders or Swedish Meatballs Parm. Pasta Salad or Mashed Potatoes w/ Gravy Wax Beans or Diced Carrots Cottage Cheese w/ Peaches or Canned Fruit Soup of the Day Chicken and Rice

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted.

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 08/03/2025	Monday 08/04/2025	Tuesday 08/05/2025	Wednesday 08/06/2025	Thursday 08/07/2025	Friday 08/08/2025	Saturday 08/09/2025
Breakfast: 6:45am Fruit Juice Hard-Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Cinnamon Roll or Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Malt-O-Meal or Oatmeal Wheat Toast & Jelly Sausage Patty	Breakfast: 7:00am Breakfast to order in the First Floor Lounge	Breakfast: 6:45am Fruit Juice Cheesy Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Cream of Wheat Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Malt-O-Meal or Oatmeal Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Corn Grits Wheat Toast & Jelly Bacon	Breakfast: 6:45am Fruit Juice Hard-Boiled Eggs Or Scrambled Eggs Cream of Wheat or Oatmeal Banana Bread or Wheat Toast & Jelly
Lunch: 11:45am Baked Turkey Mashed Potatoes/Gravy Diced Carrots Dinner Roll Fruit Pie Soup of the day Cream of Potato	Lunch: 11:45am Catfish Baked Mac and Cheese Diced Squash Wheat Bread Honey and Graham Cracker Mousse	Lunch: 11:45am Beef Taco (soft or hard shell) Tortilla Chip w/Salsa Confetti Corn Fresh Fruit Soup of the day Tomato	Lunch: 11:45am Cheeseburger on a Bun Baked Beans Potato Chips Lemon Bar	Lunch: 11:45am Chicken Parmesan Noodles w/Marinara Diced Carrots Breadstick Watermelon	Lunch: 11:45am Polish Sausage on a Bun Sauerkraut French Fries Fruit Salad Soup of the day	Lunch: 11:45am BBQ Pork Ribs Potato Salad Sweet Corn Ice Cream Bar
Supper: 4:45pm Chicken Chow Mein over White Rice Vegetable Egg Roll Fortune Cookie Grapes Soup of the day	Soup of the day Chicken Noodle Supper: 4:45pm Pulled Chicken Sandwich w/BBQ Sauce French Fries Pickle Creamy Coleslaw Melon Cup	Supper: 4:45pm Grilled Cheese Tater Tots Green Beans Strawberry Poke Cake Soup of the day	Chicken Wild Rice Supper: 4:45pm Meatballs and Gravy Mashed Potatoes/Gravy Asparagus Wheat Bread Fruited Gelatin Soup of the day	Supper: 4:45pm Tuna Salad Sandwich Potato Chips Fresh Fruit Ice Cream Cup Soup of the day	Supper: 4:45pm Turkey Pot Pie Green Beans Ice Cream Soup of the day Chicken Dumpling	Supper: 4:45pm Chicken Caesar Wrap Pasta Salad Cottage Cheese & Peaches Soup of the day
Cream of Potato	Soup of the day Chicken Noodle	Tomato	Chicken Wild Rice	Vegetable	12	Chefs Choice