Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper. Denotes new menu items Sunday 07/13/2025 Monday 07/14/2025 **Tuesday 07/15/2025** Wednesday 07/16/2025 Thursday 07/17/2025 Friday 07/18/2025 Saturday 07/19/2025 Breakfast: 7:30am **Breakfast: 7:30am** Breakfast: 7:30am Breakfast: 7:30am **Breakfast: 7:30am** Breakfast: 7:30am Breakfast: 7:30am Fruit Juice Fried Eggs Hard Boiled Eggs **Denver Scrambled Eggs Hard Boiled Eggs Scrambled Eggs Scrambled Eggs** Fried Eggs or Scrambled Eggs or Scrambled Eggs or Hard-Boiled Eggs or Scrambled Eggs or Scrambled Eggs or Hard-Boiled Eggs or Scrambled Eggs **Oatmeal Oatmeal Oatmeal Oatmeal Oatmeal Oatmeal Oatmeal** or Malt-O-Meal or Cream of Wheat or Grits or Cream of Wheat or Malt-O-Meal or Malt-O-Meal or Grits French Toast/Syrup Pork Bacon Wheat Toast & Jelly **Toasted English Muffin** Wheat Toast & Jelly Strawberry Strudel Stick **Blueberry Muffin** or Wheat Toast & Jelly Wheat Toast & Jelly or Wheat Toast & Jelly or Wheat Toast w/ Jelly or Wheat Toast & Jelly **Lunch: 12:15pm** Lunch: 12:15pm **Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm Lunch: 12:15pm** Mushroom & Swiss Burger **Oven Fried Chicken** Polish Sausage w/ **Turkey Roast Chicken Chimichanga** Beef & Sausage Meatballs w/ Onion or Ground Sausage or Liver & Onions Sauerkraut on a Bun or BBO Meatballs **Spaghetti** Gravv Or Baked Ham in Alfredo Sauce **Onion Rings** or Salmon Fillet **Refried Beans** or Turkey Patty on Bun or Salami Sandwich **Bread Stuffing** Mashed Potatoes/Gravy w/ Dill Sauce & or Mashed **Mashed Potatoes & Gravy** or Mashed Potatoes/Gravy **Green Beans** or Mashed Potatoes/Gravy or Buttered Penne Noodles Mashed Potatoes/Gravy Potatoes/Gravy or Potato Chips or Hubbard Squash **Baked Beans Diced Carrots Stewed Tomatoes Creamy Coleslaw Confetti Corn** 5-Way Mixed Vegetables or Broccoli **Garlic Toast** or Asparagus or Peas & Carrots or Fresh Broccoli/Ranch or Lima Beans or Peas **Brownie** or Wheat Bread **Dinner Roll** Wheat Bread **Wheat Bread** Wheat Bread **Wheat Bread** or Canned Fruit **Peach Cobbler Peanut Butter Cookie Red Velvet Cake Strawberry Shortcake** Rhubarb Pie Grapes or or Applesauce Soup of the Day or Canned Fruit or Canned Fruit or Canned Fruit Canned Fruit or Canned Fruit Soup of the Day Soup of the Day Soup of the Day Soup of the Day Turkey Noodle Soup of the Day Soup of the Day Beef and Barley Chicken and Dumpling Turkey Chili Sausage and White Bean **Creamy Tomato** Vegetable Beef Supper: 5:30pm **Brat Patty on a Bun** Beef Lasagna Hot Dog on a Bun Grilled Hot Ham & Cheese **Crispy Chicken Sandwich** Pork Egg Roll **Baked Tuna Pasta** or Buffalo Chicken Wrap or Chicken Breast w/ w/ Lettuce/Tomato or Baked Fish & or Turkey SW w/ LTO Sandwich or BBQ Pork Riblet Mashed Potatoes/Gravy **Potato Chips** Mashed Potatoes/Gravy **Asian Fried Rice** or Baked Fish or Chicken Thighs **Pretzels** or Mashed Potatoes w/ **Calico Beans Crinkle Cut Fries** or **Cucumber Salad** or Mashed Potato/Gravy Italian Blend Veg. or Mashed Potatoes/Gravy or Mashed Potatoes/Gravy Gravy Mashed Potatoes/Gravy w/ onion & feta **Oriental Blend Veg** or Broccoli 3 Bean Salad **Loaded Cauliflower** Corn on a Cob **Broccoli** or Diced Carrots or Asparagus **Breadstick** or Cauliflower or Green Beans Salad Wheat Bread **Wheat Bread** or Diced Beets Cantaloupe or Wheat Bread Wheat Bread Vanilla Cupcake w/ Mangos or Brussels Sprouts **Orange Sherbet Bar** or Canned Fruit **Apricots Creamy Fruit Salad** or Canned Fruit **Frosting Pickle Spear** or Canned Fruit or Canned Fruit or Canned Fruit Soup of the Day or Canned Fruit Fruited Jell-O Salad Soup of the Day Soup of the Day Soup of the Day Soup of the Day or Canned Fruit Soup of the Day Turkey Noodle **Creamy Tomato** Beef and Barley Vegetable Beef Sausage and White Bean Turkey Chili Soup of the Day Chicken and Dumpling

15 16 17 18 19 20 21

## **Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS**

2025-2026

Spring/Summer

Jeanine Arneberg, RDN, LD

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted.

Denotes new menu items

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 07/13/2025	Monday 07/14/2025	Tuesday 07/15/2025	Wednesday 07/16/2025	Thursday 07/17/2025	Friday 07/18/2025	Saturday 07/19/2025
Breakfast: 6:45am Fruit Juice Scrambled Egg or Fried Egg Wheat Toast w/ Jelly Oatmeal or Cream of Wheat	Breakfast: 6:45am  Fruit Juice Hard Boiled Eggs or Scrambled Eggs Wheat Toast & Jelly Oatmeal or Grits	Breakfast: 6:45am Scrambled Eggs or Hard Boiled Eggs Sausage Links Oatmeal or Cream of Wheat Wheat Wheat Toast	Breakfast: 6:45am Fruit Juice Breakfast Sandwich or Wheat Toast/ Jelly & Scrambled Eggs Oatmeal or Malt O Meal	Breakfast: 6:45am  Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Cream of Wheat Wheat Toast & Jelly	Breakfast: 6:45am Fruit Juice Fried Eggs or Scrambled Eggs Wheat Toast & Jelly Bacon Oatmeal or Grits	Breakfast: 6:45am Scrambled Eggs or Hard Boiled Eggs Fruit Juice Oatmeal or Cream of Wheat Waffles w/ Syrup or Wheat Toast & Jelly
Lunch: 11:45am	Lunch: 11:45am	Lunch: 11:45am	<b>Lunch: 11:45am</b>	Lunch: 11:45am	Lunch: 12:00pm	Lunch: 11:45am
Baked Ham Scalloped Potatoes Diced Carrots Dinner Roll Cream Pie Soup of the day Cream of Potato	Cabbage Roll Sweet Potato Fries Green Beans Tropical Fruit Jell-O  Soup of the day Chicken Noodle	Chicken Enchilada Spanish Rice Confetti Corn Strawberry Shortcake Soup of the day Garden Vegetable	Crispy Chicken Patty on a Bun Lettuce, Tomato, Onion Loaded Mashed Potatoes Strawberries w/Whipped Topping Soup of the day Chicken Wild Rice	BBQ Pork Riblet on a Bun O'Brien Potatoes Creamy Coleslaw Orange Sherbet Bar  Soup of the day Beef Barley	BBQ Cookout in Main Dining Room	Cheeseburger on a Bun French Fries Chefs Choice Vegetable Brownie  Soup of the day Chefs Choice
Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm	Supper: 4:45pm
Brat Patty on a Bun w/Lettuce, Tomato Calico Beans Sweet Corn Creamy Fruit Salad	Vegetable Lasagna X Italian Blend Veg. Breadstick Grapes	Mini Corn Dogs Potato Salad Broccoli Melon Cup	Grilled Ham and Cheese French Fries Chefs Choice Vegetable Peanut Butter Cookie	Personal 3 Meat Pizza Italian Blend Vegetable Breadstick Cantaloupe	Pork Egg Roll White Rice Oriental Blend Vegetables Chefs Choice Dessert	Baked Chicken Rice pilaf Stewed Tomatoes Mangos
Soup of the day Cream of Potato	Soup of the day Chicken Noodle	Soup of the day Garden Vegetable	Soup of the day Chicken Wild Rice	Soup of the day Beef Barley	Soup of the day Chicken Dumpling	Soup of the day Chefs Choice