

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.

Sunday 06/22/25	Monday 06/23/25	Tuesday 06/24/25	Wednesday 06/25/25	Thursday 06/26/25	Friday 06/27/25	Saturday 06/28/25
Breakfast: 7:30 am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Oatmeal w/ Blueberries English Muffin Wheat Toast & Jelly	Breakfast: 7:30 am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Pork Bacon Wheat Toast & Jelly	Breakfast: 7:30 am Fruit Juice Cheesy Scrambled Eggs or Scrambled Eggs Oatmeal or Grits Pancakes w/ Syrup or Wheat Toast & Jelly	Breakfast: 7:30 am Fruit Juice Fried Egg Patty or Scrambled Eggs Sausage Patty Oatmeal or Malt-O-Meal Croissant or Wheat Toast & Jelly	Breakfast: 7:30 am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Danish Pastry or Wheat Toast & Jelly	Breakfast: 7:30 am Fruit Juice Scrambled Eggs or Hard Boiled eggs Oatmeal or Malt-O-Meal Hashbrown Patty or Wheat Toast & Jelly	Breakfast: 7:30 am Fruit Juice Scrambled Eggs or Hard Boiled eggs Oatmeal or Grits Breakfast Ham Assorted Muffins or Wheat Toast & Jelly
Lunch: 12:15 pm Baked Turkey w\ Spiced Cranberry Sauce or Egg Salad on Croissant Bread Stuffing or Mashed Potatoes/Gravy Winter Blend Vegetables or Creamed Corn Wheat Bread Assorted Cream Pie or Canned Fruit  Soup of the Day Creamy Cheeseburger	Lunch: 12:15 p Hot Dog on Bun or Pork Loin w/ Honey Garlic Glaze and Mashed Potatoes/Gravy Baked Beans or Peas & Carrots Wheat Bread Toffee Bar or Canned Fruit   Soup of the Day Navy Bean & Ham	Lunch: 12:15 pm Beef Stew over Biscuit or Greek Roasted Chicken Thigh & Mashed Potatoes/Gravy Midwest Blend Veg or Winter Squash Mandarin Oranges or Canned Fruit  Soup of the Day Chicken Cordon Bleu	Lunch: 12:15 pm BBQ Pork on a Bun or Baked Salmon w/ Dill Sauce Macaroni & Cheese or Mashed Potatoes/Gravy Creamy Coleslaw or Diced Carrots Wheat Bread Cantaloupe or Canned Fruit  Soup of the Day French Onion	Lunch: 12:15 pm Beef Ravioli Marinara or Meatballs & Mashed Potatoes w/ Gravy Cubed Squash or Creamed Spinach Wheat Bread Strawberries or Canned Fruit  Soup of the Day Bean and Bacon	Lunch: 12:15 pm Hamburger Rice Hotdish Or Pub Style Cod & Mashed Potatoes w/ Gravy Cranberry Coleslaw or Diced Beets Fruited Gelatin or Canned Fruit  Soup of the Day Cream of Baked Potato	Lunch: 12:15 pm Country Fried Steak or Kielbasa Baked Potato w/ Sour Cream or Mashed Potatoes/Gravy Breaded Cauliflower or Asparagus Wheat Bread Mangos or Canned Fruit  Soup of the Day Chicken Gumbo
Supper: 5:30 pm Meatloaf or Chicken Kiev Potato Cubes or Mashed Potatoes/Gravy Haricot Blend Vegetable or Carrots with Dip Fruit Cocktail or Canned Fruit  Soup of the Day Creamy Cheeseburger	Supper: 5:30 pm Sweet and Sour Chicken or Turkey Patty on a Bun w/ LTO White Rice or Mashed & Gravy Oriental Blend Veggies or Wax Beans Carnival Cookie or Canned Fruit  Soup of the Day Navy Bean & Ham	Supper: 5:30 pm 3 Meat Pizza (pep/sausage/bacon) or Salami Sandwich w/ Lettuce & Tomato Roasted Cauliflower or Snap Peas Pears or Canned Fruit  Soup of the Day Chicken Cordon Bleu	Supper: 5:30 pm Salisbury Steak or Baked Fish Mashed Potatoes/ Gravy Pickled Beets or Broccoli Wheat Roll or Wheat Bread Grapes or Canned Fruit  Soup of the Day French Onion	Supper: 5:30 pm Ham Loaf or Black Bean Burger/Bun Mashed Potatoes w/ Gravy Corn on the Cob or French Green Beans Dinner Roll or Wheat Bread Frosted Chocolate Cake or Canned Fruit  Soup of the Day Bean and Bacon	Supper: 5:30 pm Philly Cheese Steak Hoagie or Lemon Baked Fish Steak Fries or Mashed Potatoes/Gravy 3 Bean Salad or Brussel Sprouts Brownie or Applesauce  Soup of the Day Cream of Baked Potato	Supper: 5:30 pm Chicken Breast or Bean & Cheese Burrito Rice Pilaf or Mashed Potatoes/Gravy Peas and Pearl Onions or Diced Carrots Wheat Bread Cookies & Cream Mousse or Canned Fruit  Soup of the Day Chicken Gumbo

Week 4 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS

Fall/Winter 2025

Jeanine Arneberg, RD, LD

Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Menu subject to change and notice posted.
Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 06/22/2025	Monday 06/23/2025	Tuesday 06/24/2025	Wednesday 06/25/2025	Thursday 06/26/2025	Friday 06/27/2025	Saturday 06/28/2025
Breakfast: 6:45am Fruit Juice Hard boiled Eggs Sausage Links Wheat Toast & Jelly Malt-O-Meal or Oatmeal	Breakfast: 6:45am Fruit Juice Scrambled Eggs Wheat Toast & Jelly Oatmeal Or Cream of Wheat	Breakfast: 6:45am Fruit Juice Baked Eggs Wheat Toast & Jelly Oatmeal Or Malt o Meal	Breakfast: 6:45am Fruit Juice Breakfast Sandwich (Egg/Cheese/Canadian Bacon on Croissant) Corn Grits Or Oatmeal	Breakfast: 6:45am Fruit Juice Scrambled Eggs Pancakes & Syrup Oatmeal or Cream of Wheat	Breakfast: 6:45am Fruit Juice Scrambled Eggs Wheat Toast & Jelly Oatmeal or Grits	Breakfast: 6:45am Fruit Juice Fried Eggs Pork Bacon Wheat Toast & Jelly Cream Of Wheat or Oatmeal
Lunch: 11:45am Roasted Turkey Cranberry Sauce Stuffing Green Beans Assorted Pie  Soup of the Day Chefs Choice	Lunch: 11:45am BBQ Pork on a Bun Baked Mac & Cheese Coleslaw Mandarin Oranges  Soup of the Day Split Pea w/Ham	Lunch: 11:45am Beef Stew Biscuit Zucchini Pineapple Upside Down Cake  Soup of the Day Chicken Wild Rice	Lunch: 11:45am Open-Faced Hot Roast Beef Sandwich Mashed Potatoes w/Gravy Peas Strawberries & Cream  Soup of the Day Cream of Potato w/Bacon	Lunch: 11:45am Meatballs w/Gravy Mashed Potatoes Buttered Corn Wheat Bread Fresh Melon  Soup of the Day Tomato	Lunch: 11:45am Egg Salad on a Croissant Cucumber and Feta Salad Potato Chips Bread Pudding  Soup of the Day Broccoli and Cheese	Lunch: 11:45am Country Fried Steak Homemade Mashed and Gravy Green Beans Tropical Fruit  Soup of the Day Lentil
Supper: 4:45pm Beef Taco (soft or hard shell) Spanish Rice Confetti Corn Cream Cheese Churro  Soup of the Day Chefs Choice	Supper: 4:45pm Chicken Tenders Tater Tots Winter Blend Vegetable Cookie  Soup of the Day Split Pea w/Ham	Supper: 4:45pm Salisbury Steak Rice w/Gravy Pickled Beets Wheat Roll Pears  Soup of the Day Chicken Wild Rice	Supper: 4:45pm Personal 3 meat Pizza Garlic Bread Salad Bar Chocolate Brownie  Soup of the Day Cream of Potato w/Bacon	Supper: 4:45pm Bratwurst on a Bun Sauerkraut Baked Beans Pumpkin Bar  Soup of the Day Tomato	Supper: 4:45pm Bean Cheese Burrito Spanish Rice Green beans Wheat Bread Grapes  Soup of the Day Broccoli and Cheese	Supper: 4:45pm BBQ Chicken Roasted Potatoes Dill Carrots Wheat Roll Ice Cream  Soup of the Day Lentil
22	23	24	25	26	27	28