Week 4 Minnesota Veterans Home-Minneapolis Weekly Menu Calendar – Nursing Care

Fall/Winter 2025

Sunday 05/25/25	Monday 05/26/25	Tuesday 05/27/25	Wednesday 05/28/25	Thursday 05/29/25	Friday 05/30/25	Saturday 05/31/25
Breakfast: 7:30 am	Breakfast: 7:30 am	Breakfast: 7:30 am	Breakfast: 7:30 am	Breakfast: 7:30 am	Breakfast: 7:30 am	Breakfast: 7:30 am
Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Oatmeal w/ Blueberries English Muffin Wheat Toast & Jelly	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Pork Bacon Wheat Toast & Jelly	Fruit Juice Cheesy Scrambled Eggs or Scrambled Eggs Oatmeal or Grits Pancakes w/ Syrup or Wheat Toast & Jelly	Fruit Juice Fried Egg Patty or Scrambled Eggs Sausage Patty Oatmeal or Malt-O-Meal Croissant or Wheat Toast & Jelly	Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat Danish Pastry or Wheat Toast & Jelly	Fruit Juice Scrambled Eggs or Hard Boiled rggs Oatmeal or Malt-O-Meal Hashbrown Patty or Wheat Toast & Jelly	Fruit Juice Scrambled Eggs or Hard Boiled eggs Oatmeal or Grits Breakfast Ham Assorted Muffins or Wheat Toast & Jelly
Lunch: 12:15 pm Baked Turkey w\ Spiced Cranberry Sauce or Egg Salad on Croissant Bread Stuffing or Mashed Potatoes/Gravy Winter Blend Vegetables or Creamed Corn Wheat Bread Assorted Cream Pie or Canned Fruit Soup of the Day Creamy Cheeseburger	Lunch: 12:15 p MEMORIAL DAY Special: \$8.00 BBQ Beef Brisket on a Bun or Brat Patty on a Bun Steakhouse Potato Salad or Baked Beans Fresh Corn on the Cob or Creamy Coleslaw Strawberry Shortcake or Canned Fruit Soup of the Day Navy Bean & Ham	Lunch: 12:15 pm Beef Stew over Biscuit or Greek Roasted Chicken Thigh & Mashed Potatoes/Gravy Midwest Blend Veg or Winter Squash Mandarin Oranges or Canned Fruit Soup of the Day Chicken Cordon Bleu	Lunch: 12:15 pm BBQ Pork on a Bun or Baked Salmon w/ Dill Sauce Macaroni & Cheese or Mashed Potatoes/Gravy Creamy Coleslaw or Diced Carrots Wheat Bread Cantaloupe or Canned Fruit Soup of the Day French Onion	Lunch: 12:15 pm Beef Ravioli Marinara or Meatballs & Mashed Potatoes w/ Gravy Cubed Squash or Creamed Spinach Wheat Bread Strawberries or Canned Fruit Soup of the Day Bean and Bacon	Lunch: 12:15 pm Hamburger Rice Hotdish Or Pub Style Cod & Mashed Potatoes w/ Gravy Cranberry Coleslaw or Diced Beets Fruited Gelatin or Canned Fruit Soup of the Day Cream of Baked Potato	Lunch: 12:15 pm Country Fried Steak or Kielbasa Baked Potato w/ Sour Cream or Mashed Potatoes/Gravy Breaded Cauliflower or Asparagus Wheat Bread Mangos or Canned Fruit Soup of the Day Chicken Gumbo
Supper: 5:30 pm Meatloaf or Chicken Kiev Potato Cubes or Mashed Potatoes/Gravy Haricot Blend Vegetable or Carrots with Dip Fruit Cocktail or Canned Fruit Soup of the Day Creamy Cheeseburger	Supper: 5:30 pm Sweet and Sour Chicken or Turkey Patty on a Bun w/ LTO White Rice or Mashed & Gravy Oriental Blend Veggies or Wax Beans Carnival Cookie or Canned Fruit Soup of the Day Navy Bean & Ham	Supper: 5:30 pm 3 Meat Pizza (pep/sausage/bacon) or Salami Sandwich w/ Lettuce & Tomato Roasted Cauliflower or Snap Peas Pears or Canned Fruit Soup of the Day Chicken Cordon Bleu	Supper: 5:30 pm Salisbury Steak or Baked Fish Mashed Potatoes/ Gravy Pickled Beets or Broccoli Wheat Roll or Wheat Bread Grapes or Canned Fruit Soup of the Day French Onion	Supper: 5:30 pm Ham Loaf or Black Bean Burger/Bun Mashed Potatoes w/ Gravy Corn on the Cob or French Green Beans Dinner Roll or Wheat Bread Frosted Chocolate Cake or Canned Fruit Soup of the Day Bean and Bacon	Supper: 5:30 pm Philly Cheese Steak Hoagie or Lemon Baked Fish Steak Fries or Mashed Potatoes/Gravy 3 Bean Salad or Brussel Sprouts Brownie or Applesauce Soup of the Day Cream of Baked Potato	Supper: 5:30 pm Chicken Breast or Bean & Cheese Burrito Rice Pilaf or Mashed Potatoes/Gravy Peas and Pearl Onions or Diced Carrots Wheat Bread Cookies & Cream Mousse or Canned Fruit Soup of the Day Chicken Gumbo

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.

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Jeaníne Arneberg, LD, RDN **Denotes new menu items**

Week 4 Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS

Fall/Winter 2024-2025

Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Menu subject to change and notice posted. Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 5/25/2025	Monday 5/26/2025	Tuesday 5/27/2025	Wednesday 5/28/2025	Thursday 5/29/2025	Friday 5/30/2025	Saturday 5/31/2025
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Fruit Juice Hard boiled Eggs Sausage Links Wheat Toast & Jelly Malt-O-Meal or Oatmeal	Fruit Juice Scrambled Eggs Wheat Toast & Jelly Oatmeal Or Cream of Wheat	Fruit Juice Baked Eggs Wheat Toast & Jelly Oatmeal Or Malt o Meal	Fruit Juice Breakfast Sandwich (Egg/Cheese/Canadian Bacon on Croissant) Corn Grits Or Oatmeal	Fruit Juice Scrambled Eggs Pancakes & Syrup Oatmeal or Cream of Wheat	Fruit Juice Scrambled Eggs Wheat Toast & Jelly Oatmeal or Grits	Fruit Juice Fried Eggs Pork Bacon Wheat Toast & Jelly Cream Of Wheat or Oatmeal
Lunch: Roasted Turkey Cranberry Sauce Stuffing Green Beans Assorted Pie	Lunch: MEMORIAL DAY Special: \$8.00 Beef Brisket on a Bun Steakhouse Potato Salad Coleslaw Strawberry Shortcake Soup of the Day Split Pea w/Ham	Lunch: Beef Stew Biscuit Zucchini Pineapple Upside Down Cake Soup of the Day Chicken Wild Rice	Lunch: Open-Faced Hot Roast Beef Sandwich Mashed Potatoes w/Gravy Peas Strawberries & Cream Soup of the Day Cream of Potato w/Bacon	Lunch: Meatballs w/Gravy Mashed Potatoes Buttered Corn Wheat Bread Fresh Melon	Lunch: Egg Salad on a Croissant Cucumber and Feta Salad Potato Chips Bread Pudding Soup of the Day Broccoli and Cheese	Lunch: Country Fried Steak Homemade Mashed and Gravy Green Beans Tropical Fruit Soup of the Day Lentil
Supper: Beef Taco (soft or hard shell) Spanish Rice Confetti Corn Cream Cheese Churro	Supper: Chicken Tenders Tater Tots Winter Blend Vegetable Cookie Soup of the Day Split Pea w/Ham	Supper: Salisbury Steak Rice w/Gravy Pickled Beets Wheat Roll Pears Soup of the Day Chicken Wild Rice	Supper: Personal 3 meat Pizza Garlic Bread Salad Bar Chocolate Brownie Soup of the Day Cream of Potato w/Bacon	Supper: Bratwurst on a Bun Sauerkraut Baked Beans Pumpkin Bar	Supper: Bean Cheese Burrito Spanish Rice Green beans Wheat Bread Grapes Soup of the Day Broccoli and Cheese	Supper: BBQ Chicken Roasted Potatoes Dill Carrots Wheat Roll Ice Cream
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Jeanine Arneberg, RD, LD