

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.

Sunday 05/18/25	Monday 05/19/25	Tuesday 05/20/25	Wednesday 05/21/25	Thursday 05/22/25	Friday 05/23/25	Saturday 05/24/25
Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Oatmeal or Cream of Wheat Cinnamon Raisin Bagel w/ Plain Cream Cheese or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Cheesy Scrambled Eggs Or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Grits Waffles w/ Maple Syrup or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat English Muffin/Marg Wheat Toast/Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Malt-O-Meal Biscuit & Sausage Gravy or Wheat Toast/Jelly	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Cream of Wheat French Toast/ Syrup Or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Cheddar Grits Pork Bacon Wheat Toast & Jelly
Lunch: 12:15 pm BBQ Pork Ribs or Or Lemon Pepper Tilapia Scalloped Potatoes or Mashed Potatoes/ Gravy Haricot Veg Blend Or Cauliflower Wheat Bread Cream Pie or Canned Fruit 🍲 Soup of the Day Vegetable Beef	Lunch: 12:15 pm Bourbon Chicken Thigh Or Cube Steak Garlic White Rice/ Gravy or Mashed Potatoes/Gravy Zucchini or Diced Beets Wheat Bread Peaches or Canned Fruit 🍲 Soup of the Day Chili	Lunch: 12:15 pm Cube Steak or Turkey Patty/Bun Mashed Potatoes/Gravy Citrus Beets or Green Peas Wheat Roll Apple Cobbler or Canned Fruit 🍲 Soup of the Day Chicken and Dumpling	Lunch: 12:15 pm Grilled Cheese Sandwich or Cabbage Rolls Potato Chips or Mashed Potatoes/Gravy Buttered Succotash or Diced Carrots Peppermint Mousse or Canned Fruit 🍲 Soup of the Day Creamy Tomato	Lunch: 12:15 pm Swedish Meatballs w/ Elbow Noodles or Pork Fritter & Mashed Potatoes/Gravy Creamy Coleslaw or Broccoli Wheat Bread Pineapple Tidbits or Canned Fruit 🍲 Soup of the Day Beef and Barley	Lunch: 12:15 pm Polish Sausage Or Salmon w/Dill Sauce Calico Beans or Mashed Potatoes/Gravy Creamy Cucumber, Onion & Tomato Salad or Lima Beans Pears or Canned Fruit 🍲 Soup of the Day Sausage and White Bean	Lunch: 12:15 pm Goulash or Chicken Thigh Buttered Corn or Green Beans Wheat Bread or Mashed Potatoes/Gravy Pears or Canned Fruit 🍲 Soup of the Day Turkey Noodle
Supper: 5:30 pm Turkey Pot Pie or Salisbury Steak Baked Potato or Mashed Potatoes Diced Carrots or Sauteed Mushrooms Wheat Bread Grapes or Canned Fruit 🍲 Soup of the Day Vegetable Beef	Supper: 5:30 pm Potato Crusted Pollock or Turkey SW w/ LTO Lemon & Herb Orzo or Mashed Potatoes/Gravy Stewed Tomatoes or Pearl Onions & Peas Wheat Bread Strawberry Ice Cream or Canned Fruit 🍲 Soup of the Day Chili	Supper: 5:30 pm Stuffed Shells Bolognese or Pork Riblet w/ Mashed Potato/Gravy Tossed Salad w/ Dressing or Cauliflower Breadstick or Wheat Bread Lime Gelatin/Pears or Canned Fruit 🍲 Soup of the Day Chicken and Dumpling	Supper: 5:30 pm Pork Loin or Sauteed Shrimp Mashed Potatoes/Gravy or Lo Mein Noodles Diced Rutabaga or Stir Fry Vegetables Wheat Bread Melon Cup or Canned Fruit 🍲 Soup of the Day Creamy Tomato	Supper: 5:30 pm Oven Fried Chicken or Roast Beef Sandwich w/ Lettuce and Tomato Mashed Potatoes/Gravy or Potato Chips Asparagus Tips or 3 Bean Salad Wheat Bread Bread Pudding or Canned Fruit 🍲 Soup of the Day Beef and Barley	Supper: 5:30pm Tuna Salad on Croissant with Lettuce or Buffalo Chicken Wrap Macaroni and Cheese or Mashed Potatoes/Gravy Diced Carrots or Butternut Squash Peanut Butter Cookie or Canned Fruit 🍲 Soup of the Day Sausage and White Bean	Supper: 5:30pm Sloppy Joe on Bun or Brat on Bun Baked Beans or Mashed Potatoes/Gravy Scandinavian Blend or Diced Beets Lemon Cake or Canned Fruit 🍲 Soup of the Day Turkey Noodle

Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu Calendar – DOMS








Fall/Winter 2025

Jeanine Arneberg, LD, RDN

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted.

 *Denotes new menu items*

Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 05/18/2025	Monday 05/19/2025	Tuesday 05/20/2025	Wednesday 05/21/2025	Thursday 05/22/2025	Friday 05/23/2025	Saturday 05/24/2025
Breakfast: Fruit Juice Hard Boiled Eggs or Scrambled Eggs Bagel w/ Cream Cheese or Wheat Toast/Jelly Spiced Oatmeal or Grits	Breakfast: Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Cream of Wheat or Oatmeal Glazed Donut or Wheat Toast/Jelly	Breakfast: Fruit Juice Baked Eggs or Scrambled Eggs Oatmeal Or Malt o Meal Wheat Toast & Jelly	Breakfast: Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Grits Sausage Gravy & Biscuit or Wheat Toast & Jelly	Breakfast: Fruit Juice Ham/Egg Breakfast Sandwich or Scrambled Eggs and Wheat Toast/Jelly Oatmeal or Cream of Wheat	Breakfast: Fruit Juice Fried Eggs Or Hard-Boiled Eggs Oatmeal or Grits Banana Bread or Wheat Toast & Jelly	Breakfast: Fruit Juice Hard-Boiled Eggs or Scrambled Eggs Wheat Toast/ Jelly Oatmeal or Cream of Wheat Pork Bacon
Lunch: Pot Roast Roasted Baby Red Potatoes Peas & Carrots Wheat Bread Apple Cobbler  Soup of the Day Chicken Noodle	Lunch: Beef Goulash Green Beans Wheat Bread Carnival Cookie  Soup of the Day Split Pea w/Ham	Lunch: BBQ Pulled Chicken on a Bun Creamy Spinach French Fries Chocolate Chip Cake  Soup of the Day Chicken Wild Rice	Lunch: Swedish Meatballs With Egg Noodles Creamed Corn Dinner Roll Peanut Butter Cookie  Soup of the Day Cream of Potato w/Bacon	Lunch: Buffalo Chicken Wrap French Fries Diced Carrots Wheat Bread Toffee Bar  Soup of the Day Tomato	Lunch: Shrimp w/ Stir Fry Vegetable Blend Lo Mein Noodles Fortune Cookie Pineapple Upside-down Cake  Soup of the Day Broccoli and Cheese	Lunch: Monte Crisco Sandwich Pasta Salad Cold Carrot sticks w/Ranch Chefs Choice Dessert  Soup of the Day Lentil
Supper: Turkey Pot Pie Mashed Potato w/ Gravy Diced Carrots Grapes  Soup of the Day Chicken Noodle	Supper: Turkey Sandwich w/Lettuce, Tomato, Onion Potato Chips Stewed Tomatoes Cookies & Cream Mousse  Soup of the Day Split Pea w/Ham	Supper: Stuffed Shells Bolognese Broccoli & Cauliflower Vegetable Blend Garlic Biscuit Pears  Soup of the Day Chicken Wild Rice	Supper: Oven Fried Chicken Parmesan Rice Green Beans Wheat Bread Mandarin Oranges  Soup of the Day Cream of Potato w/Bacon	Supper: Polish Sausage on a Bun Calico Beans Creamy Coleslaw Fruited Gelatin  Soup of the Day Tomato	Supper: Grilled Cheese Sandwich Potato Chips Buttered Corn Melon Cup  Soup of the Day Broccoli and Cheese	Supper: Sloppy Joe on Bun Potato Cubes Chefs Choice Vegetable Fruit Cocktail  Soup of the Day Lentil