

Minneapolis Veteran's Home Adult Day Center
Fall/ Winter Lunch Menu April 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 31. Chicken Tenders Mashed Potatoes w/ Gravy Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice | 1. Beef Goulash Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice | 2. BBQ Pulled Chicken on Bun French Fries Creamy Spinach Seasonal Fruit <u>Dessert</u> Chef's Choice | 3. National Fish Finger Day Pollock Fingers Baked Mac & Cheese Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice | 4. Shrimp with Stir Fry Vegetable Blend White Rice Seasonal Fruit <u>Dessert</u> Chef's Choice |
| 7. National Coffee Cake Day Salisbury Steak Rice w/ Gravy Beets Seasonal Fruit <u>Dessert</u> Chef's Choice | 8. Chicken Kiev Wild Rice Casserole Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice | 9. Cold Cut Sandwich Potato Chips Peas Seasonal Fruit <u>Dessert</u> Chef's Choice | 10. Venison Stew Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice | 11. Egg Salad on a Sandwich Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice |
| 14. Chicken Enchilada Tortilla Chips w/ Salsa Confetti Corn Seasonal Fruit <u>Dessert</u> Chef's Choice | 15. National Spiral Ham Day Baked Ham Mashed Potato w/ Gravy Candied Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice | 16. National Banana Day Oven Fried Chicken Scalloped Potatoes Peas Seasonal Fruit <u>Dessert</u> Chef's Choice | 17. Homestyle Meatloaf Mashed Potatoes/ Gravy Acorn Squash Seasonal Fruit <u>Dessert</u> Chef's Choice | 18. Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice |
| 21. Buffalo Chicken Wrap French Fries Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice | 22. Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice | 23. Kielbasa Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice | 24. National Pigs in a Blanket Day Pigs in a Blanket (sausage link wrapped in a pancake) Seasonal Fruit <u>Dessert</u> Chef's Choice | 25. Potato Crusted Pollock Mashed Potatoes w/ Gravy Collard Greens Seasonal Fruit <u>Dessert</u> Chef's Choice |
| 28. National Blueberry Pie Day Cheeseburger on a Bun Sweet potato Fries Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Blueberry Pie | 29 BBQ Pulled Chicken on a Bun Tater Tots Creamy Spinach Seasonal Fruit <u>Dessert</u> Chef's Choice | 30. Swedish Meatballs Over Egg Noodles Buttered Corn Seasonal Fruit <u>Dessert</u> Chef's Choice | | |

*Breakfast will be chef's choice and will include starch, fruit, and meat

***Monthly Menu is subject to change without notice

**Beverage Choices at meals include milk, juice, coffee, and tea

Approved by: Erin Zwonitzer- MS, RD, LD