Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.

Coffee, Milk and Margarine v	will be offered with all meals	. Menu subject to change and	d notice posted. Soup, white ric	e, and mashed potatoes with g	gravy is available at lunch and	l supper.
Sunday 04/20/25	Monday 04/21/25	Tuesday 04/22/25	Wednesday 04/23/25	Thursday 04/24/25	Friday 04/25/25	Saturday 04/26/25
Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Oatmeal or Cream of Wheat Cinnamon Raisin Bagel w/ Plain Cream Cheese or Wheat Toast & Jelly Lunch: 12:15 pm Gpecial \$8.00	Breakfast: 7:30am Fruit Juice Cheesy Scrambled Eggs Or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly Lunch: 12:15 pm Bourbon Chicken Thigh		Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat English Muffin/Marg Wheat Toast/Jelly Lunch: 12:15 pm Grilled Cheese Sandwich	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Malt-O-Meal Biscuit & Sausage Gravy or Wheat Toast/Jelly Lunch: 12:15 pm Swedish Meatballs w/	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Cream of Wheat French Toast/ Syrup Or Wheat Toast & Jelly Lunch: 12:15 pm Polish Sausage	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Cheddar Grits Pork Bacon Wheat Toast & Jelly Lunch: 12:15 pm Goulash
Baked Honey Ham or Lemon Pepper Tilapia Scalloped Potatoes or Mashed Potatoes/ Gravy Green Beans or Cauliflower Dinner Roll Cherry Pie or Canned Fruit Soup of the Day Vegetable Beef	Or Cube Steak Garlic White Rice/ Gravy or Mashed Potatoes/Gravy Zucchini or Diced Beets Wheat Bread Peaches or Canned Fruit Soup of the Day Chili	or Turkey Patty/Bun Mashed Potatoes/Gravy Citrus Beets or Green Peas Wheat Roll Apple Cobbler or Canned Fruit Soup of the Day Chicken and Dumpling	or Cabbage Rolls Potato Chips or Mashed Potatoes/Gravy Buttered Succotash or Diced Carrots Peppermint Mousse or Canned Fruit Soup of the Day Creamy Tomato	elbow Noodles or Pork Fritter & Mashed Potatoes/Gravy Creamy Coleslaw or Broccoli Wheat Bread Pineapple Tidbits or Canned Fruit Soup of the Day Beef and Barley	Or Salmon w/Dill Sauce Calico Beans or Mashed Potatoes/Gravy Creamy Cucumber, Onion & Tomato Salad or Lima Beans Pears or Canned Fruit Soup of the Day Sausage and White Bean	or Chicken Thigh Buttered Corn or Lima Beans Wheat Bread or Mashed Potatoes/Gravy Pears or Canned Fruit Soup of the Day Turkey Noodle
Supper: 5:30 pm Turkey Pot Pie or Salisbury Steak Baked Potato or Mashed Potatoes Diced Carrots or Sauteed Mushrooms Wheat Bread Grapes or Canned Fruit Soup of the Day Vegetable Beef	Supper: 5:30 pm Potato Crusted Pollock or Turkey SW w/ LTO Lemon & Herb Orzo or Mashed Potatoes/Gravy Stewed Tomatoes or Pearl Onions & Peas Wheat Bread Strawberry Ice Cream or Canned Fruit Soup of the Day Chili	Supper: 5:30 pm Stuffed Shells Bolognese or Pork Riblet w/ Mashed Potato/Gravy Tossed Salad w/ Dressing or Cauliflower Breadstick or Wheat Bread Lime Gelatin/Pears or Canned Fruit Soup of the Day Chicken and Dumpling	Supper: 5:30 pm Pork Loin or Sauteed Shrimp Mashed Potatoes/Gravy or Lo Mein Noodles Diced Rutabaga or Stir Fry Vegetables Wheat Bread Melon Cup or Canned Fruit Soup of the Day Creamy Tomato	Supper: 5:30 pm Oven Fried Chicken or Roast Beef Sandwich w/ Lettuce and Tomato Mashed Potatoes/Gravy or Potato Chips Asparagus Tips or 3 Bean Salad Wheat Bread Bread Pudding or Canned Fruit Soup of the Day Beef and Barley	Supper: 5:30pm Tuna Salad on Croissant with Lettuce or Buffalo Chicken Wrap Macaroni and Cheese or Mashed Potatoes/Gravy Diced Carrots or Butternut Squash Peanut Butter Cookie or Canned Fruit Soup of the Day Sausage and White Bean	Supper: 5:30pm Sloppy Joe on Bun or Brat on Bun Baked Beans or Mashed Potatoes/Gravy Scandinavian Blend or Diced Beets Lemon Cake or Canned Fruit Soup of the Day Turkey Noodle

15 17 18 19 20 21

Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu Calendar – DOMS

15

16

17

Fall/Winter 2024-2025

Jeanine Arneberg, LD, RDN

Denotes new menu items

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

Sunday 4/20/2025	Monday 4/21/2025	Tuesday 4/22/2025	Wednesday 4/23/2025	Thursday 4/24/2025	Friday 4/25/2025	Saturday 4/26/2025
Breakfast: Fruit Juice Scrambled Eggs Bagel w/ Cream Cheese Spiced Oatmeal or Grits	Breakfast: Fruit Juice Scrambled Eggs Glazed Donut Cream of Wheat or Oatmeal	Breakfast: Fruit Juice Baked Eggs Breakfast Potatoes Oatmeal Or Malt o Meal	Breakfast: Fruit Juice Scrambled Eggs Sausage Gravy & Biscuit Oatmeal or Grits	Breakfast: Fruit Juice Ham/Egg Breakfast Sandwich on a English Muffin Oatmeal or Cream of Wheat	Breakfast: Fruit Juice Fried Eggs Banana Bread Oatmeal Or Grits	Breakfast: Fruit Juice Egg Bake Pork Bacon Wheat Toast/ Jelly Oatmeal or Cream of Wheat
Lunch: Gpecial \$8.00 Baked Honey Ham Scalloped Potatoes Green Beans Dinner Roll Cherry Pie Soup of the Day Chefs Choice	Lunch: Beef Goulash Buttered Corn Wheat Bread Grapes Soup of the Day Turkey Noodle	Lunch: BBQ Pulled Chicken on a Bun Creamy Spinach Tater Tots Chocolate Chip Cake Soup of the Day Chicken Wild Rice	Lunch: Swedish Meatballs Over Egg Noodles Buttered Corn Dinner Roll Peanut Butter Cookie Soup of the Day Cream of Potato w/Bacon	Lunch: Buffalo Chicken Wrap French Fries Diced Carrots Wheat Bread Toffee Bar Soup of the Day Broccoli and Cheese	Lunch: Shrimp w/ Stir Fry Vegetable Blend Lo Mein Noodles Fortune Cookie Frosted Cake Soup of the Day Tomato	Lunch: Monte Cristo Sandwich Pasta Salad Carrots Chefs Choice Dessert Soup of the Day Vegetable
Supper: Turkey Pot Pie Mashed Potato w/ Gravy Diced Carrots Carnival Cookie Soup of the Day Chefs Choice	Supper: Salami Sandwich w/Lettuce, Tomato, Onion Potato Chips Stewed Tomatoes Cookies & Cream Mousse Soup of the Day Turkey Noodle	Supper: Smothered Burrito Chefs Choice Vegetable Cilantro Lime Rice Canned Fruit Soup of the Day Chicken Wild Rice	Supper: Polish Sausage on a Bun Calico Beans Beets Fruited Gelatin Soup of the Day Cream of Potato w/Bacon	Supper: Meatball Marinara Sub Potato Cubes Coleslaw Diced Pears Soup of the Day Broccoli and Cheese	Supper: Grilled Cheese Sandwich Potato Chips Mixed Vegetables Melon Cup Soup of the Day Tomato	Supper: Sloppy Joe on Bun French Fries Chefs Choice Vegetable Fruit Cocktail Soup of the Day Vegetable

18

19

20

21