





**Minneapolis Veteran's Home Adult Day Center  
Fall/ Winter Lunch Menu March 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. <b>National Cold Cut Day</b></p> <p>Cold Cut Sub Sandwich Potato Chips Creamy Coleslaw Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>4.</p> <p>Beef Goulash Collard Greens Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>5.</p> <p>Swedish Meatballs Egg Noodles Green Beans Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>6.</p> <p>Shrimp Fried Rice Oriental Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>7.</p> <p>Pulled Chicken on a Bun Potato Cubes Spinach Seasonal Fruit <u>Dessert</u> Chef's Choice</p>
<p>10.</p> <p>Beef Stew over Biscuit Midwest Blend Vegetable Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>11.</p> <p>Baked Ham Mashed Potato w/ Gravy Candied Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>12.</p> <p>Hot Dog on a Bun Baked Mac and Cheese Mixed Vegetables Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>13.</p> <p>Spaghetti and Meat Sauce Cubed Squash Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>14. <b>National Potato Chip Day</b></p>  <p>Egg Salad Sandwich Potato Chips Seasonal Fruit <u>Dessert</u> Chef's Choice</p>
<p>17. <b>National Corned Beef and Cabbage Day</b></p> <p>Corned Beef Fried Cabbage Baby Red Potatoes Seasonal Fruit</p>  <p><u>Dessert</u> Chef's Choice</p>	<p>18. <b>National Sloppy Joe Day</b></p> <p>Sloppy Joe on a Bun Mixed Vegetables Tater Tots <u>Dessert</u> Chef's Choice</p> 	<p>19.</p> <p>Fried Chicken Scalloped Potatoes Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>20. <b>National Ravioli Day</b></p> <p>Beef Ravioli w/ Marinara Sauce Green Beans Breadstick Seasonal Fruit <u>Dessert</u> Chef's Choice</p> 	<p>21.</p> <p>Grilled Cheese Sandwich Tomato Soup Peas and Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>
<p>24.</p> <p>Cheeseburger on a Bun Sweet potato Fries Creamy Coleslaw</p> <p><u>Dessert</u> Chef's Choice</p>	<p>25.</p> <p>Chicken Chow Mein White Rice Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>26..</p> <p>Kielbasa Tater Tots Diced Carrots Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>27.</p> <p>Homemade Chili Cornbread Seasonal Fruit <u>Dessert</u> Chef's Choice</p>	<p>28.</p> <p>Potato Crusted Pollock Tatar Tots Vegetable Blend Seasonal Fruit <u>Dessert</u> Chef's Choice</p>

\*Breakfast will be chef's choice and will include starch, fruit, and meat

\*\*Beverage Choices at meals include milk, juice, coffee, and tea

\*\*\*Monthly Menu is subject to change without notice

Approved by: Erin Zwonitzer- MS, RD, LD

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