Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Soup, white rice, and mashed potatoes with gravy is available at lunch and supper.

Sunday 03/23/25	Monday 03/24/25	Tuesday 03/25/25	Wednesday 03/26/25	Thursday 03/27/25	Friday 03/28/25	Saturday 03/29/25
Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Oatmeal or Cream of Wheat Cinnamon Raisin Bagel w/ Plain Cream Cheese or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Cheesy Scrambled Eggs Or Hard-Boiled Eggs Oatmeal or Malt-O-Meal Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard-Boiled Eggs Oatmeal or Grits Waffles w/ Maple Syrup or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Hard Boiled Eggs or Scrambled Eggs Oatmeal or Cream of Wheat English Muffin/Marg Wheat Toast/Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Malt-O-Meal Biscuit & Sausage Gravy or Wheat Toast/Jelly	Breakfast: 7:30am Fruit Juice Fried Eggs or Scrambled Eggs Oatmeal or Cream of Wheat French Toast/ Syrup Or Wheat Toast & Jelly	Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Oatmeal or Cheddar Grit Pork Bacon Wheat Toast & Jelly
Lunch: 12:15 pm BBQ Pork Ribs or Or Lemon Pepper Tilapia Scalloped Potatoes or Mashed Potatoes/ Gravy Haricot Veg Blend Or Cauliflower Wheat Bread Cream Pie or Canned Fruit Soup of the Day Vegetable Beef	Lunch: 12:15 pm Bourbon Chicken Thigh Or Cube Steak Garlic White Rice/ Gravy or Mashed Potatoes/Gravy Zucchini or Diced Beets Wheat Bread Peaches or Canned Fruit Soup of the Day Chili	Lunch: 12:15 pm Cube Steak or Turkey Patty/Bun Mashed Potatoes/Gravy Citrus Beets or Green Peas Wheat Roll Apple Cobbler or Canned Fruit Soup of the Day Chicken and Dumpling	Lunch: 12:15 pm Grilled Cheese Sandwich or Cabbage Rolls Potato Chips or Mashed Potatoes/Gravy Buttered Succotash or Diced Carrots Peppermint Mousse or Canned Fruit Soup of the Day Creamy Tomato	Lunch: 12:15 pm Swedish Meatballs w/ Elbow Noodles or Pork Fritter & Mashed Potatoes/Gravy Creamy Coleslaw or Broccoli Wheat Bread Pineapple Tidbits or Canned Fruit Soup of the Day Beef and Barley	Lunch: 12:15 pm Polish Sausage Or Salmon w/Dill Sauce Calico Beans or Mashed Potatoes/Gravy Creamy Cucumber, Onion & Tomato Salad or Lima Beans Pears or Canned Fruit Soup of the Day Sausage and White Bean	Lunch: 12:15 pm Vietnam Veterans Day Special Meal: \$8.00 Mushroom Swiss Burger or Chicken Thigh Corn on the Cob or Creamed Corn Potato Salad or Mashed Potatoes Red, White and Blue Gelatin Salad or Canned Fruit Soup of the Day Turkey Noodle
Supper: 5:30 pm Turkey Pot Pie or Salisbury Steak Baked Potato or Mashed Potatoes Diced Carrots or Sauteed Mushrooms Wheat Bread Grapes or Canned Fruit Soup of the Day Vegetable Beef	Supper: 5:30 pm Potato Crusted Pollock or Turkey SW w/ LTO Lemon & Herb Orzo or Mashed Potatoes/Gravy Stewed Tomatoes or Pearl Onions & Peas Wheat Bread Strawberry Ice Cream or Canned Fruit Soup of the Day Chili	Supper: 5:30 pm Stuffed Shells Bolognese or Pork Riblet w/ Mashed Potato/Gravy Tossed Salad w/ Dressing or Cauliflower Breadstick or Wheat Bread Lime Gelatin/Pears or Canned Fruit Soup of the Day Chicken and Dumpling	Supper: 5:30 pm Pork Loin or Sauteed Shrimp Mashed Potatoes/Gravy or Lo Mein Noodles Diced Rutabaga or Stir Fry Vegetables Wheat Bread Melon Cup or Canned Fruit Soup of the Day Creamy Tomato	Supper: 5:30 pm Oven Fried Chicken or Roast Beef Sandwich w/ Lettuce and Tomato Mashed Potatoes/Gravy or Potato Chips Asparagus Tips or 3 Bean Salad Wheat Bread Bread Pudding or Canned Fruit Soup of the Day Beef and Barley	Supper: 5:30pm Tuna Salad on Croissant with Lettuce Leaf or Buffalo Chicken Wrap Macaroni and Cheese or Mashed Potatoes/Gravy Diced Carrots or Butternut Squash Peanut Butter Cookie or Canned Fruit Soup of the Day Sausage and White Bean	Supper: 5:30pm Sloppy Joe on Bun or Brat on Bun Baked Beans or Mashed Potatoes/Gravy Scandinavian Blend or Diced Beets Lemon Cake or Canned Fruit Soup of the Day Turkey Noodle

Week 3 Minnesota Veterans Home-Minneapolis Weekly Menu Calendar – DOMS

Fall/Winter 2024-2025

Jeanine Arneberg, LD, RDN

Denotes new menu items

Coffee, Milk and Margarine will be offered with all meals. Menu subject to change and notice posted. Always Available/Cook to Order Menu, will be offered & posted in dining room for lunch and supper. Soup, salad bar, mashed potatoes & gravy are available at lunch and supper.

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Tuesday 03/25/2025 Monday 03/24/2025 Wednesday 03/26/2025 **Thursday 03/27/2025** Friday 03/28/2025 **Sunday 03/23/2025 Saturday** 03/29/2025 **Breakfast: Breakfast: Breakfast: Breakfast: Breakfast: Breakfast: Breakfast: Fruit Juice Fruit Juice Fruit Juice Fruit Juice** Fruit Juice **Fruit Juice Fruit Juice Scrambled Eggs Scrambled Eggs Baked Eggs Scrambled Eggs** Ham/Egg Breakfast Sandwich Fried Eggs Egg Bake **Bagel w/ Cream Cheese** Sausage Gravy & Biscuit on a English Muffin **Glazed Donut Breakfast Potatoes** Banana Bread Pork Bacon **Spiced Oatmeal** Cream of Wheat **Oatmeal Oatmeal Oatmeal** Wheat Toast/ Jelly **Oatmeal** or Grits Or Malt o Meal or Grits Or Grits **Oatmeal** or Oatmeal or Cream of Wheat or Cream of Wheat Lunch: \$8.00 Meal Lunch: Lunch: Lunch: Lunch: Lunch: Lunch: BBO Pulled Chicken on a Pork Roast Shrimp w/ Stir Fry **Mushroom Swiss** Beef Goulash Buffalo Chicken Wrap Swedish Meatballs Bun Vegetable Blend Burger Roasted Baby Red French Fries Green Beans Over Egg Noodles Creamy Spinach Corn Lo Mein Noodles Potatoes **Diced Carrots** Wheat Bread **Buttered Corn** Tater Tots **Potato Salad** Dinner Roll Wheat Bread Fortune Cookie Peas & Carrots Grapes Chocolate Chip Cake Cookie Peanut Butter Cookie Frosted Cake Toffee Bar Wheat Bread Apple Cobbler Soup of the Day Soup of the Dav Soup of the Day Soup of the Day Chicken Wild Rice Soup of the Day Tomato Turkey Noodle Soup of the Day Broccoli and Cheese Cream of Potato w/Bacon Soup of the Day Chefs Choice Vegetable **Supper: Supper: Supper: Supper: Supper: Supper: Supper:** Grilled Cheese Sandwich Sloppy Joe on Bun Turkey Pot Pie Salami Sandwich Polish Sausage on a Bun Meatball Marinara Sub Potato Chips French Fries Stuffed Shells Bolognese Mashed Potato w/ Gravy Calico Beans w/Lettuce, Tomato, Onion Potato Cubes Broccoli & Cauliflower Mixed Vegetables Chefs Choice Vegetable Coleslaw **Diced Carrots** Potato Chips Broccoli Slaw Vegetable Blend Melon Cup Fruit Cocktail **Diced Pears** Stewed Tomatoes Garlic Biscuit Fruited Gelatin Carnival Cookie Soup of the Day Cookies & Cream Mousse Canned Fruit Soup of the Day Soup of the Day Soup of the Day Vegetable Broccoli and Cheese Soup of the Day Soup of the Day **Tomato** Soup of the Day Cream of Potato w/Bacon Chefs Choice Turkey Noodle Chicken Wild Rice

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