

**Minneapolis Veteran's Home Adult Day Center  
Spring/Summer Lunch Menu August 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
			1. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/1	2. Herbed Baked Chicken Mashed Potatoes Cooked Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice
5. Meatloaf Mashed Potatoes & Gravy Peas and Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	6. <b>Happy Birthday Dick Edge!!</b> Chicken Noodle Casserole Mixed Vegetables Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	7. BBQ Ribs Mashed Potatoes Corn Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	8. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/8	9. Shepherd's Pie Mixed Vegetables Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice
12. Swedish Meatballs in Gravy Mashed Potatoes Green Beans Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	13. Ham Au Gratin Potatoes Corn Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	14. Grilled Bratwurst Baked Beans Creamy Coleslaw <u>Afternoon Social:</u> Chef's Choice	15. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/15	16. <b>National Bacon Day</b> Sloppy Joes on Bun Potato Chips Cucumber Slices Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice
19. Chicken Ala King over Biscuit Cooked Peas Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	20. Grilled Hamburgers Potato Chips Creamy Coleslaw Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	21. Turkey Roasted Potatoes Cooked Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	22. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/22	23. Spaghetti with Meat Sauce Garlic Bread Green Beans Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice
26. <b>MN State Fair Inspired Lunch:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/26	27. <b>MN State Fair Inspired Lunch:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/27	28. <b>MN State Fair Inspired Lunch:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/28	29. <b>MN State Fair Inspired Lunch:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/29	30. <b>MN State Fair Inspired Lunch:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 8/30

\*Breakfast will be chef's choice and will include starch, fruit, and meat

\*\*Beverage Choices at meals include milk, juice, lemonade, coffee, and tea

\*\*Monthly Menu is subject to change without notice

Written by: *Nate Herzog- Cook Coordinator*

Approved by: *Jennifer Knutson RD, LD*