



December 2022

Minnesota Veterans Home-Adult Day Center



Mon

Tue

Wed

Thu

Fri

December

1 National Pie Day

8:00 Morning Chat/ News
9:45 Brain Trivia
10:00 Exercise
10:30 News Paper Toss
11:30 Word Puzzle
12:00 Lunch
1:00 Movie/Documentary
2:00 Vets Choice

2

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Ring Toss
11:30 American Trivia
12:00 Lunch
1:00 9 Letter Puzzle
2:00 Vets Choice

5

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Dutch Shuffle Board
11:30 Word Unscramble
12:00 Lunch
1:00 Sing-a-Long
2:00 Vets Choice

6 St. Nicolas Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Bobby and Christine
11:30 Big Dice Game
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

7 National Pearl Harbor Remembrance Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Deal or No Deal
10:30 Paula Exercise
11:00 Ladder Ball
12:00 Lunch
1:00 Howie and Dennis
2:00 Vets Choice

8 National Brownie Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Ladder Ball
11:30 You be the Judge
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

9 Christmas Card Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Michael Riddle
11:30 Minnesota Trivia
12:00 Lunch
1:00 Big Cross Word
2:00 Vets Choice

12

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 SkeeBall
11:30 News Paper Toss
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

13 National Cocoa Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Ava and Lou
10:30 Exercise
11:00 Putting Green
12:00 Lunch
1:00 Cookie Decorating
2:00 Vets Choice

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8:00 Morning Chat/ News
9:45 Interesting News
10:00 Trivia
10:30 Paula Exercise
11:00 Dutch Shuffle Board
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

15 National Cupcake Day!

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Target Golf
11:30 Conversation Ball
12:00 Lunch
1:00 9 Letter Puzzle
2:00 Vets Choice

16 Wear an ugly Christmas Sweater Day!

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Rob Ellos
10:30 Exercise
11:00 Bullseye Game
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

19

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Beanbag Toss
11:30 Putting Green
12:00 Lunch
1:00 Steve Weninger
2:00 Vets Choice

20 Go Caroling Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Sock Snowman Craft
11:00 Exercise
11:30 Conversation Ball
12:00 Lunch
1:00 SING A LONG
2:00 Vets Choice

21 Crossword Puzzle Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Big Cross Word
10:30 Paula Exercise
11:00 SkeeBall
12:00 Lunch
1:00 Howie and Dennis
2:00 Vets Choice

22

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Participant Council
11:00 News Paper Toss
11:30 Hangman/ Word
Puzzles
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

23

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Bowling
11:30 Dice Category
Game
12:00 Lunch
1:00 Roll a snowman
2:00 Vets Choice

26 ADC CLOSED



27

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Ava and Lou
10:30 Exercise
11:30 Horse shoes
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

28 National Card Playing Day

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Wheel of Fortune
10:30 Paula Exercise
11:00 Bullseye Game
12:00 Lunch
1:00 BINGO
2:00 Vets Choice

29

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Bullseye Game
11:30 Deal or no Deal
12:00 Lunch
1:00 Cookie Decorating
2:00 Vets Choice

30 National Bacon Day!

8:00 Morning Chat/ News
9:45 Interesting News
10:00 Exercise
10:30 Target Golf
11:30 Conversation Ball
12:00 Lunch
1:00 Movie!
2:00 Vets Choice