



**Minneapolis Veteran's Home Adult Day Center
Fall/Winter Lunch Menu November 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Soup De Jour Ham Salad Sandwich Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	2. Beef S.O.S over Texas Toast Mixed Vegetables Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	3. Pork Roast Mashed Potatoes & Gravy Cooked Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	4. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/4
7. Beef Stew over Biscuit Green Peas Egg Salad Sandwich Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	8. Chicken Tenders French Fries Coleslaw Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	9. Soup De Jour Egg Salad Sandwich Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	10. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/10	11. ADC CLOSED 
14. Roasted Chicken Oven Brown Potatoes Cooked Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	15. Shepherd's Pie Mixed Vegetables Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	16. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/16	17. Soup De Jour Tuna Salad Sandwich Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	18. Meatloaf Mashed Potatoes & Gravy Peas & Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice
21. Beer Battered Fish Potato Chips Coleslaw Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	22. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/22	23. Celebrate Thanksgiving Brown Sugar Ham Au Gratin Potatoes Green Bean Casserole Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	24. ADC CLOSED 	25. ADC CLOSED
28. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/28	29. Chicken A La King over Biscuit Peas & Carrots Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice	30. Pot Roast Mashed Potatoes & Gravy Mixed Vegetables Seasonal Fruit <u>Afternoon Social:</u> Chef's Choice		

*Breakfast will be chef's choice and will include starch, fruit, and meat
 **Beverage Choices at meals include milk, juice, lemonade, coffee, and tea
 ***Monthly Menu is subject to change without notice

Written by: Nate Herzog- Cook Coordinator ADC
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