









November 2022

Minnesota Veterans Home-Adult Day Center



Mon	Tue	Wed	Thu	Fri
	1 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Ava and Lou 10:30 Exercise 11:00 Disk Slam 12:00 Lunch 1:00 Sing-a-long 2:00 Vets Choice	2 8:00 Morning Chat/ News 9:45 Riddles and Jokes 10:00 Conversation Ball 10:30 Paula Exercise 11:00 Ring Toss 12:00 Lunch 1:00 Big Cross Word 2:00 Vets Choice	3 National Sandwich Day 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Exercise 10:30 SkeeBall 11:30 MadLibs/ Trivia 12:00 Lunch 1:00 Table Games 2:00 Vets Choice 	4 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Trivia 11:00 Michael Riddle 11:30 Madlibs/ Trivia 12:00 Lunch 1:00 Big Cross Words 2:00 Vets Choice
7 Color the World Orange Day 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Exercise 10:30 Putting Green 11:30 Conversation Ball 12:00 Lunch 1:00 Bingo 2:00 Vets Choice 	8 8:00 Morning Chat/ News 9:45 Interesting News 10:00 ROB ELLOS 11:00 Exercise 11:30: Cross Word Puzzle 12:00 Lunch 1:00 Bingo 2:00 Vets Choice	9 8:00 Morning Chat/ News 9:45 Riddles and Jokes 10:00 Deal or No Deal 10:30 Paula Exercise 11:30 Ladder Ball 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice	10 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 Bullseye Game 11:30 You be the Judge 12:00 Lunch 1:00 Who wants to be a millionaire 2:00 Vets Choice	VETERANS DAY  — Honoring All Who Served — 
14 National PJ Day 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Exercise 10:30 Horse shoes 11:30 Deal or No Deal 12:00 Lunch 1:00 Sing-a-long 2:00 Veterans Choice 	15 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Ava and Lou 10:30 Exercise 11:00 Barrel Roll 12:00 Lunch 1:00 Who wants to be a millionaire 2:00 Veterans Choice	16 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 US Trivia 10:30 Paula Exercise 11:00 Wheel of Fortune 12:00 Lunch 1:00 Bingo 2:00 Vets Choice	17 8:00 Morning Chat/ News 9:45 Riddles and Jokes 10:00 Exercise 10:30 Jeopardy 11:30 Big Dice Game 12:00 Lunch 1:00 Bingo 2:00 Vets Choice	18 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Exercise 10:30 News Paper Toss 11:30 Ring Toss 12:00 Lunch 1:00 Movie/ Documentary 2:00 Vets Choice
21 National Gingerbread Cookie day 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Exercise 10:30 Horse Shoes 11:30 Fact or Crap 12:00 Lunch 1:00 Table Games 2:00 Vets Choice 	22 8:00 Morning Chat/ News 9:45 Riddles and Jokes 10:00 Exercise 10:30 Bowling 11:30 Finish the Line 12:00 Lunch 1:00 Movie and Popcorn 2:00 Vets Choice	23 8:00 Morning Chat/ News 9:45 Thanksgiving Trivia 10:00 Participant Council 10:30 Paula Exercise 11:30 Deal or No Deal 12:00 Lunch 1:00 Howie and Dennis 2:00 Vets Choice	24 ADC Closed 25 ADC Closed  Thanksgiving Day	
28 National French Toast Day 8:00 Morning Chat/ News 9:45 Riddles and Jokes 10:00 Exercise 10:30 Newspaper Toss 11:30 Conversation Ball 12:00 Lunch 1:00 Big Cross Word 2:00 Vets Choice	29 8:00 Morning Chat/ News 9:45 Interesting News 10:00 Ava and Lou 10:30 Exercise 11:00 SkeeBall 12:00 Lunch 1:00 Bingo 2:00 Vets Choice	30 8:00 Morning Chat/ News 9:45 Brain Fitness 10:00 Deal or no Deal 10:30 Paula Exercise 11:30 Ring Toss 12:00 Lunch 1:00 Bingo 2:00 Vets Choice 