<table>
<thead>
<tr>
<th>Week 4</th>
<th>Minnesota Veterans Home-Minneapolis Weekly Menu – DOMS</th>
<th>Fall/Winter</th>
<th>Erin Zwonitzer, MS, RD, LD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffee, Milk, Yogurt, Juice, Fruit, Bread and Margarine will be offered with all posted. Always Available/Cook to Order Menu, will be offered &amp; posted in dining room. Soup, salad bar, mashed potatoes &amp; gravy are available at lunch and supper.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Menu Schedule

**Sunday 04/12/20**
- **Breakfast:**
  - Fruit Juice
  - Sausage & Cheese Omelet or Scrambled Eggs
  - Wheat Toast & Jelly Malt-O-Meal or Oatmeal
- **Lunch:**
  - Baked Ham
  - Sweet Potato Casserole
  - Wax Beans
  - Wheat Roll
  - Apple Cobbler

**Monday 04/13/20**
- **Breakfast:**
  - Fruit Juice
  - Biscuit & Honey or Wheat Toast & Jelly Baked Eggs or Scrambled Eggs Oatmeal or Cream of Wheat
- **Lunch:**
  - Popcorn Chicken
  - Beef & Barley Soup
  - Zucchini
  - Wheat Bread
  - Angel Food Cake

**Tuesday 04/14/20**
- **Breakfast:**
  - Fruit Juice
  - Wheat Toast & Jelly Baked Eggs or Scrambled Eggs Oatmeal or Blueberry oatmeal
- **Lunch:**
  - Pizza Lunch
  - Building 16, 2nd floor Dining room

**Wednesday 04/15/20**
- **Breakfast:**
  - Fruit Juice
  - Hard Boiled Eggs or Scrambled Eggs Wheat Toast & Jelly Scrambled Eggs or Hard Boiled Eggs Oatmeal or Corn Grits
- **Lunch:**
  - BBQ Pork Ribs
  - Scalloped Potatoes
  - Haricot Veg Blend
  - Wheat Bread
  - Creamy Fruit Cocktail

**Thursday 04/16/20**
- **Breakfast:**
  - Fruit Juice
  - Fried Eggs or Scrambled Eggs Waffles & Syrup or Hard Boiled Eggs Oatmeal or Grits Hashbrown Oval Wheat Toast & Jelly Bacon
- **Lunch:**
  - Beef Ravioli
  - In Marinara Sauce Cauliflower Breadstick Peppermint Mousse

**Friday 04/17/20**
- **Breakfast:**
  - Fruit Juice
  - Oatmeal or Cream of Wheat
- **Lunch:**
  - Chili
  - w/ Corn Chips Corn Bread Squash Mandarin Oranges

**Saturday 04/18/20**
- **Breakfast:**
  - Fruit Juice
  - Oatmeal or Cream of Wheat
- **Lunch:**
  - Tuna Noodle Hotdish
  - Asparagus Dinner Roll Tropical Fruit

### Supper Schedule

**Sunday 04/12/20**
- **Supper:**
  - Chicken Egg Roll
  - Fried Rice
  - Broccoli
  - Fortune Cookie
  - Orange Dream Frozen Dessert
  - Please see always available/ cook to order menu & salad bar

**Monday 04/13/20**
- **Supper:**
  - Tavern Pollock
  - Couscous Blend Citrus Beets
  - Wheat Bread
  - Grapes
  - Please see always available/ cook to order menu & salad bar

**Tuesday 04/14/20**
- **Supper:**
  - Swedish meatballs w/ Egg noodles Cole Slaw Zucchini & Tomatoes Oatmeal Raisin Cookies
  - Please see always available/ cook to order menu & salad bar

**Wednesday 04/15/20**
- **Supper:**
  - Sloppy joes
  - French fries Zucchini & Tomatoes Oatmeal Raisin Cookie
  - Please see always available/ cook to order menu & salad bar

**Thursday 04/16/20**
- **Supper:**
  - Lemon Pepper Fish Garden Rice Squash Wheat Bread Melon Cup
  - Please see always available/ cook to order menu & salad bar

**Friday 04/17/20**
- **Supper:**
  - Sausage Toscana Pasta Peas Garlic Toast Strawberries
  - Please see always available/ cook to order menu & salad bar

**Saturday 04/18/20**
- **Supper:**
  - Cheddar Brat on Bun
  - Baked beans Diced beets Carrot Cake
  - Please see always available/ cook to order menu & salad bar
<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Items</th>
</tr>
</thead>
</table>
| **Sunday** 04/12/20 | Breakfast: 7:30am  
Fruit Juice  
Scrambled Eggs  
Or Hard Boiled Eggs  
Wheat Toast & Jelly  
Malt-O-Meal or Oatmeal  
Supper: 5:30pm  
Chicken Egg Roll or Salisbury Steak  
Fried Rice or Mashed Potatoes  
Broccoli or Carrots  
Wheat Bread  
Fortune Cookie  
Strawberry ice cream or Canned Fruit |
| **Monday** 04/13/20 | Breakfast: 7:30am  
Fruit Juice  
Biscuit & Honey or Wheat Toast & Jelly  
Baked Eggs or Scrambled Eggs  
Sausage Links  
Oatmeal or Cream of Wheat  
Supper: 5:30pm  
Tavern Pollock or Turkey SW  
Couscous Blend or Mashed/Gravy  
Brussel Sprouts or Wax Beans  
Dinner Roll or Grapes  
or Canned Fruit |
| **Tuesday** 04/14/20 | Breakfast: 7:30am  
Fruit Juice  
Bagel & Garden Veg. or Cream Cheese or Wheat Toast/Jelly  
Hard Boiled Eggs or Scrambled Eggs  
Coffee Cake or Wheat Toast/Jelly  
Oatmeal or Blueberry Oatmeal  
Supper: 5:30pm  
Swedish meatballs w/ Elbow Noodles or Baked Ham & Mashed Potatoes  
Coleslaw or Spinach  
Wheat Bread Peaches or Canned Fruit |
| **Wednesday** 04/15/20 | Breakfast: 7:30am  
Fruit Juice  
Hard Boiled Eggs or Scrambled Eggs  
Coffee Cake or Wheat Toast/Jelly  
Oatmeal or Corn Grits  
Supper: 5:30pm  
Sausage Toscana Pasta or Roast Beef SW & Mashed Potato/Gravy Peas or Squash  
Tomato/Cucumber Slices or Diced Carrots  
Melon Cup or Canned Fruit |
| **Thursday** 04/16/20 | Breakfast: 7:30am  
Fruit Juice  
Baked Eggs or Hard Boiled Eggs  
Cream of Wheat or Oatmeal  
Wheat Toast & Jelly Bacon or Ground Ham  
Supper: 5:30pm  
Tuna Salad SW or Calzone  
Beef and Barley Soup or Mashed Potatoes  
Tomato/Cucumber Slices or Diced Carrots  
Melon Cup or Canned Fruit |
| **Friday** 04/17/20 | Breakfast: 7:30am  
Fruit Juice  
Baked Eggs or Scrambled Eggs  
Coffee Cake or Wheat Toast/Jelly  
Oatmeal or Cream of Wheat  
Supper: 5:30pm  
Sloppy Joe on Bun or Cheddar Brat/Bun  
Baked Beans or Mashed Potato/Gravy  
Monaco Blend or Diced beets  
Lemon Cake or Canned Fruit |
| **Saturday** 04/18/20 | Breakfast: 7:30am  
Fruit Juice  
Hard Boiled Eggs or Scrambled Eggs  
Banana Bread or Wheat Toast  
Oatmeal or Cream of Wheat  
Supper: 5:30pm  
Tuna Salad SW or Calzone  
Beef and Barley Soup or Mashed Potatoes  
Tomato/Cucumber Slices or Diced Carrots  
Melon Cup or Canned Fruit |