

Coffee, Milk and Margarine will be offered with all posted. Soup and mashed potatoes & gravy are available at lunch and supper.

| Sunday 05/12/19 | Monday 05/13/19 | Tuesday 05/14/19 | Wednesday 05/15/19 | Thursday 05/16/19 | Friday 05/17/19 | Saturday 05/18/19 |
|--|--|---|---|--|---|---|
| <p>Breakfast: Fruit Juice Hard Boiled or Scrambled Eggs Wheat Toast & Jelly Cherry & Vanilla Cream Oatmeal or Corn Grits</p> | <p>Breakfast: Fruit Juice Scrambled Eggs or Hard Boiled Wheat Toast & Jelly Bacon or Ground Ham Malt-O-Meal or Oatmeal</p> | <p>Breakfast: Fruit Juice Homemade Muffins or Toast/Jelly Baked Eggs or Scrambled Eggs Oatmeal or Cream of Wheat</p> | <p>Breakfast: Fruit Juice Egg & Sausage Omelet or Scrambled Eggs Oatmeal or Cream of Wheat English Muffin & Jelly</p> | <p>Breakfast: Fruit Juice Scrambled Eggs Or Hard Boiled Eggs Sausage Gravy/Biscuit or Toast & Jelly Malt-O-Meal or Oatmeal</p> | <p>Breakfast: Fruit Juice Fried Eggs Oatmeal or Grits Wheat Toast & Jelly Bacon or Ground Ham</p> | <p>Breakfast: Fruit Juice Chocolate Chip Banana Bread or Wheat toast & Jelly Hard Boiled Eggs or Scrambled Eggs Cream of Wheat or Oatmeal</p> |
| <p>Lunch: Caribbean Catfish or Polish Sausage Baked potato or Mashed & Gravy Green Beans or Diced Beets Wheat Bread Rice Custard w/ Spiced Raisins or Canned Fruit</p> | <p>Lunch: Pizza and Pool 1st floor Lounge Building 16 Sandwiches & salad bar available in dining room</p> | <p>Lunch: Lime Chicken Soft Shell Tacos or Braised Pork Chop & Mashed/Gravy Refried Beans Acorn Squash or Brussel Sprouts Carnival Cookie or Lemon Pudding</p> | <p>Lunch: Pork Cube Steak or Honey BBQ Meatballs Couscous or Mashed Potatoes Peas & Onions or Asparagus Wheat Bread Strawberry Gelatin Or Fruit Sauce</p> | <p>Lunch: Beef Stroganoff over Buttered Noodles or Pork Roast & Mashed Potatoes Broccoli Polonaise or Diced Beets Hawaiian Sweet Roll or Wheat Bread Devil’s Food Cake w/ Fruit Glaze or Canned Fruit</p> | <p>Lunch: Chicken Chow Mein over White Rice or Baked Ham & Mashed Potatoes Oriental Veg. or Broccoli Wheat Bread Sherbet or Canned Fruit</p> | <p>Lunch: Orange & Rosemary Honey Glazed Pork Chop or Chicken Breast Stuffing or Mashed Potatoes Buttered Peas or Cauliflower Wheat Bread Watermelon or Fruit Sauce</p> |
| <p>Supper: Texas Chicken Quarter or Bologna SW Red Beans & Rice or Mashed & Gravy Wheat Bread Cauliflower or Diced Carrots Waldorf Salad or Pears</p> | <p>Supper: Cheeseburger on Bun Or Hot Dog/Bun/Relish Potato Chips or Mashed Potatoes Lettuce/Tom/Onion Cole Slaw or Wax Beans Ice Cream Bar or Canned Fruit</p> | <p>Supper: Chicken Parmesan w/ Noodles & Marinara or Pollock Strips & Mashed Potatoes Green beans or collard greens Garlic Biscuit or Wheat Bread Grapes or Canned Fruit</p> | <p>Supper: Seafood Salad Or Chicken Nuggets & Mashed Potato/Gravy Tomato Slices & Lettuce Leaf or Wax Beans Croissant or Wheat Bread Lemon Bar or Canned Fruit</p> | <p>Supper: Sloppy Joe on a Bun Or Turkey Salad SW Parmesan Pasta or Mashed Potatoes Chilled Carrots Glazed in French or Snap Peas Diced Pears or Canned Fruit</p> | <p>Supper: Glazed Ham loaf or Fish Tacos Split Pea Soup or Mashed/Gravy Lettuce Salad/ Dressing or Creamed Corn Dinner Roll or Wheat Bread Fruit Salad or Fruit Sauce</p> | <p>Supper: Tuna Salad SW or Chicken Tenders Cheese Hash Browns or Mashed Potatoes Taziki Salad or Diced Carrots Mandarin Oranges or Canned Fruit</p> |

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|---|--|---|--|---|---|--|
| Breakfast: 7:30am Fruit Juice Hard Boiled or Scrambled Eggs Wheat Toast & Jelly Cherry & Vanilla Cream Oatmeal or Corn Grits | Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Wheat Toast & Jelly Bacon or Ground Ham Malt-O-Meal or Oatmeal | Breakfast: 7:30am Fruit Juice Variety Homemade Muffin or Toast/Jelly Baked Eggs or Scrambled Eggs Oatmeal or Cream of Wheat English Muffin & Jelly | Breakfast: 7:30am Fruit Juice Egg & Sausage Omelet or Scrambled Eggs Oatmeal or Cream of Wheat English Muffin & Jelly | Breakfast: 7:30am Fruit Juice Scrambled Eggs or Hard Boiled Eggs Sausage Gravy/Biscuit or Toast & Jelly Malt-O-Meal or Oatmeal | Breakfast: 7:30am Fruit Juice Baked Eggs or Hard Boiled Eggs Oatmeal or Corn Grits Cinnamon Raisin Toast or Wheat Toast | Breakfast: 7:30am Fruit Juice Chocolate Chip Banana Bread or Wheat toast & Jelly Hard Boiled Eggs or Scrambled Eggs Cream of Wheat or Oatmeal |
| Lunch: 12:15pm Caribbean Catfish or Polish Sausage Baked potato or Mashed & Gravy Green Beans or Diced Beets Wheat Bread Rice Custard w/ Spiced Raisins or Canned Fruit | Lunch: 12:15pm Stuffed Peppers or Turkey Brown Rice with tomato or Mashed & Gravy Club Spinach or Mixed Veg Wheat Bread Cottage Cheese & Peaches or Canned Fruit | Lunch: 12:15pm Lime Chicken Soft Shell Tacos or Braised Pork Chop & Mashed/Gravy Refried Beans Acorn Squash or Brussel Sprouts Carnival Cookie or Lemon Pudding | Lunch: 12:15pm Pork Cube Steak or Honey BBQ Meatballs Couscous or Mashed Potatoes Peas & Onions or Asparagus Wheat Bread Strawberry Gelatin or Fruit Sauce | Lunch: 12:15pm Beef Stroganoff over Buttered Noodles or Pork Roast & Mashed Potatoes Broccoli Polonaise or Diced Beets Hawaiian Sweet Roll Or Wheat Bread Devil's Food Cake w/ Fruit Glaze or Canned Fruit | Lunch: 12:15pm Chicken Chow Mein over White Rice or Baked Ham & Mashed Potatoes Oriental Veg. or Broccoli Wheat Bread Sherbet or Canned Fruit | Lunch: 12:15pm Orange & Rosemary Honey Glazed Pork Chop or Chicken Breast Stuffing or Mashed Potatoes Buttered Peas or Cauliflower Wheat Bread Watermelon or Fruit Sauce |
| Supper: 5:30pm Texas Chicken Quarter or Bologna SW Red Beans & Rice or Mashed & Gravy Wheat Bread Cauliflower or Diced Carrots Waldorf Salad or Pears | Supper: 5:30pm Cheeseburger on Bun or Hot Dog/Bun/Relish Potato Chips or Mashed Potatoes Lettuce/Tom/Onion Cole Slaw or Wax Beans Ice Cream Bar or Canned Fruit | Supper: 5:30pm Chicken Parmesan w/ Noodles & Marinara or Pollock Strips & Mashed Potatoes Green Beans or Collard Greens Garlic Biscuit or Wheat Bread Grapes or Canned Fruit | Supper: 5:30pm Seafood Salad or Chicken Nuggets & Mashed Potato/Gravy Tomato Slices & Lettuce Leaf or Wax Beans Croissant or Bread Lemon Bar or Canned Fruit | Supper: 5:30pm Sloppy Joe on a Bun or Turkey Salad SW Parmesan Pasta or Mashed Potatoes Chilled Carrots Glazed in French or Snap Peas Diced Pears or Canned Fruit | Supper: 5:30pm Glazed Ham loaf or Fish Tacos Split Pea Soup or Mashed/Gravy Lettuce Salad/ Dressing or Creamed Corn Dinner Roll or Wheat Bread Fruit Salad or Fruit Sauce | Supper: 5:30pm Tuna Salad SW or Chicken Tenders Cheese Hash Browns or Mashed Potatoes Taziki Salad or Diced Carrots Mandarin Oranges or Canned Fruit |