


**Minneapolis Veteran's Home Adult Day Center
Fall/Winter Lunch Menu January 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1. ADC CLOSED-</p> 	<p>2. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 1/2</p>	<p>3. Herbed Baked Chicken Mashed Potatoes Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie</p>	<p>4. National Spaghetti Day Spaghetti with Meatballs Garlic Bread Peas Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake</p>
<p>7. Chicken Stir Fry White Rice Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar</p>	<p>8. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 1/8</p>	<p>9. Meatloaf Mashed Potatoes Corn Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie</p>	<p>10. Grilled Salmon Seasoned Rice Green Beans Seasonal Fruit Milk <u>Afternoon Social:</u> Fruit Crisp</p>	<p>11. Roast Beef Boiled Potatoes Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Pie</p>
<p>14. Hamburger or Cheeseburger with lettuce, tomato, & onion French Fries Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie</p>	<p>15. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 1/15</p>	<p>16. Shredded Chicken Soft Shell Tacos Spanish Rice Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake</p>	<p>17. Soup De Jour Grilled Cheese Sandwich Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar</p>	<p>18. Open Faced Turkey Sandwich Mashed Potatoes with Gravy Corn Seasonal Fruit Milk <u>Afternoon Social:</u> Pudding Dessert</p>
<p>21. ADC CLOSED- Martin Luther King Jr Day</p>	<p>22. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 1/22 Social: National Blonde Brownie Day</p>	<p>23. Pork Roast Mashed Potatoes with Gravy Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Pie</p>	<p>24. Hamburger Rice Casserole Breadstick Corn Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake</p>	<p>25. Baked Ham Cheesy Hashbrowns Green Beans Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar</p>
<p>28. National Blueberry Pancake Day Soup De Jour Sub Sandwich Potato Chips Seasonal Fruit Milk <u>Afternoon Social:</u> Fruit Crisp</p>	<p>29. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 1/29</p>	<p>30. Lemon Pepper Fish Roasted Potatoes Green Beans Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar</p>	<p>31. Chicken Fingers French Fries Lettuce Salad with Dressing Seasonal Fruit Milk <u>Afternoon Social:</u> Ice Cream Sundae</p>	

***Breakfast options at the day center include pancakes, scrambled eggs, bacon and toast**

****Monthly Menu is subject to change without notice**