


**Minneapolis Veteran's Home Adult Day Center  
Fall/Winter Lunch Menu December 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. Swedish Meatballs Over Egg Noodles Green Beans Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie</p>	<p>4. Sweet and Sour Chicken White Rice Asian Blend Vegetables Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar</p>	<p>5. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 12/5</p>	<p>6. BBQ Mashed Potatoes Peas Seasonal Fruit Milk <u>Afternoon Social:</u> Ice Cream Sundae</p>	<p>7. <b>HOLIDAY PARTY</b> Submarine Sandwich Seasonal Fruit Milk <u>Afternoon Social:</u> Holiday Party Goodies</p>
<p>10. Baked Fish Roasted Potatoes Peas Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Pie</p>	<p>11. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 12/11</p>	<p>12. Tater Tot Hotdish Breadstick Seasonal Fruit Milk <u>Afternoon Social:</u> Apple Crisp</p>	<p>13. Blueberry Pancakes Sausage Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookies</p>	<p>14. Chicken Ala King over Biscuit Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Apple Cake</p>
<p>17. Turkey Wild Rice Casserole Breadstick Corn Seasonal Fruit Milk <u>Afternoon Social:</u> Brownies</p>	<p>18. <b>Chef's Choice:</b> Meal will include a protein, starch, vegetable, fruit, and milk  Menu details will be posted in the ADC dining room before breakfast on 12/18</p>	<p>19. <b>CHRISTMAS AROUND THE WORLD</b> Fried Chicken (Japan) Celery Root, Carrot &amp; Potato Gratin (Danish) Cranberry Sauce (Canadian) Spiced Hot Chocolate (Peru) <u>Afternoon Social:</u> Rice Pudding with Raspberry Coulis (Sweden)</p>	<p>20. Scalloped Potatoes and Ham Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake</p>	<p>21. Chili Corn Bread Tomato Slices Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookies</p>
<p>24. <b>CHRISTMAS BRUNCH 11:00</b> Egg Bake Cheesy Hashbrowns Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake</p>	<p>25. <b>ADC CLOSED- HAPPY HOLIDAYS!</b> </p>	<p>26. Tomato Soup Grilled Cheese Sandwich Potato Chips Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie</p>	<p>27. Chicken Parmesan over Noodles Garlic Bread Lettuce Salad w/Dressing Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Pie</p>	<p>28. Country Fried Steak Mashed Potatoes with Gravy Corn Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar</p>
<p>31. Hamburgers on Bun Potato Chips Coleslaw Seasonal Fruit Milk <u>Afternoon Social:</u> Ice Cream Bar</p>				

- Breakfast options at the day center include pancakes, scrambled eggs, bacon and toast
- Monthly Menu is subject to change without notice